

Siletz Clinic: No-show optometry patients must use walk-in clinic

In the Siletz Clinic’s Optometry Department, after one no-show patients will not be able to schedule appointments for six months.

Patients will have access to our walk-in clinic on the last Thursday of the month from 8:15 – 11:15 a.m.

Thursdays

Nov. 21

No walk-in date in December

Patients will be seen on a first-come, first-served basis.

Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women’s and Men’s Transitional

Siletz: 800-600-5599 or
541-444-8286
Eugene: 541-484-4234
Salem: 503-390-9494
Portland: 503-238-1512

Narcotics Anonymous Toll-Free Help Line – 877-233-4287

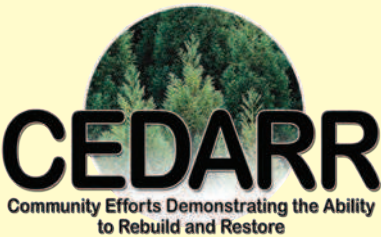
For information on Alcoholics Anonymous: aa-oregon.org

CEDARR

Community Efforts Demonstrating the Ability to Rebuild and Restore

Mission Statement

We will utilize resources to prevent the use of alcohol and other drugs, delinquency and violence; we will seek to reduce the barriers to treatment and support those who choose abstinence.



Nov. 6 • Noon

**Siletz Community Health Clinic
200 Gwee-Shut Road, Siletz**

General Council Meeting

**Saturday, Nov. 2, 2019 • 1 p.m.
Siletz Tribal Community Center • Siletz, Oregon**

Call to Order
Invocation
Flag Salute
Roll Call
Approval of Agenda
Approval of Minutes

Programs – Cultural Activities Fund

Enrollment Ordinance Amendment

Tribal Council Candidates Declarations

Tribal Members Concerns

Chairman’s Report

Announcements

Adjourn

Dental Walk-In Clinic

1. Dental and Optometry
a. **First No-Show**

Patient will receive a letter providing notice about the no-show appointment and their requirement to utilize the department’s Walk-In Clinic for appointments. Walk-in availability is first-come, first-served. Patient will be required to utilize the Walk-In Clinic for six months, after which patient will be able to return to scheduling appointments.

The Dental Clinic will see walk-in patients every other Tuesday from 8:30 a.m. to 12:30 p.m. and 1:30 – 4:30 p.m. with check-in by 3:30 p.m. Patients will be seen on a first-come, first-served basis.

Services offered at the walk-in clinic include denture/partial adjustments and chairside relines, fillings, first step root canal, extractions and exams.

Walk-in dates

Nov. 12 and Nov. 26
Dec. 10 and Dec. 24

Excluded visit types: Partial dentures, crowns, implants and hygiene appointments will need to be addressed during a regularly scheduled appointment with your primary dentist.



Savvy Caregiver in Indian Country Training

Savvy Caregiver in Indian Country is a six-part group program, which lasts approximately two hours per part, for Native people. It’s designed to help caregivers provide care and support for someone with Alzheimer’s or dementia.

Savvy Caregiver in Indian Country is a culturally adapted program developed by Dr. J Neil Henderson (Oklahoma Choctaw), executive director of the Memory Keepers Medical Discovery Team on Health Disparities at the University of Minnesota Medical School.

These free classes offer care strategies, resources and support to the caregiver. Savvy Caregiver training teaches the caregiver to know the stages of dementia. Knowing the stage allows the caregiver to use activities and tasks that better fit the abilities and capabilities of their loved one, resulting in more hours of “contented involvement.”

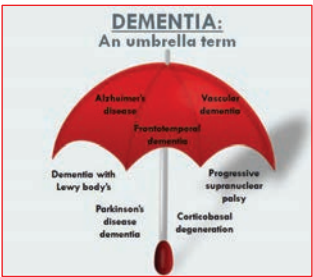
Training will be provided by staff from the Confederated Tribes of Siletz Indians. To sign up for this important informational training, contact the staff person for your area.

Siletz: Hannah Glaser
541-444-9613

Salem: Dana Rodriguez
503-390-9494, ext. 1862

Portland: Tamra Russell
503-238-1512, ext. 1411

Eugene: Jeramie Martin
541-444-8385



After-hours crisis line now available at 541-444-8286 or 800-600-5599

Because mental health and relapse crises do not always happen during business hours, Siletz Behavioral Health has arranged a collaboration with an after-hours crisis line called Lines for Life.

On weekends and during the weekday hours of 5 p.m. to 8 a.m., the number to the Behavioral Health front desk is forwarded to Lines for Life, where you will be connected with a live mental health counselor.

The counselor will do everything he/she can to help de-escalate, advise and support.

Afterwards, this information can be shared with our mental health counselor so follow-up care can be provided.

Of course, if there is an emergency and you fear that you or someone else is in imminent danger, please call 911. That’s always the fastest way to get help.