

NEW SERVICES AVAILABLE

Mental Health Services & Life Alert

Mental Health Services

➤ What services are available?

- Counseling Services – individual or family
- Psychiatry Services
- Psychology Services
- Up to 8-visits annually (more if medically necessary)

➤ Who's eligible?

- Siletz Tribal members eligible for Purchased/Referred Care (PRC), formerly Contract Health Services (CHS)

➤ How do I get benefits?

- Call PRC at 800-628-5720 or 541-444-9648 to speak with Rhonda Attridge, PRC Tech I.
- Prior to making an appointment with a provider – confirm the provider will accept PRC as payment.

- Benefits are limited, first-come, first-served.

➤ What you need to know:

- After calling PRC for benefits, the patient will receive a letter with program details. The letter also provides information that the patient can give to their provider for payment processing information.
- You will not be required to use other resources first. This will allow you to go to a provider who does not accept Oregon Health Plan/Medicaid or your private insurance.

Life Alert

- Please contact your local community health advocate (CHA) if you think you or another Tribal elder could benefit from Life Alert.

- Eligibility Criteria:
- Enrolled Tribal member eligible for PRC

- Work with CHA to determine need and apply for local services

➤ Steps to get Life Alert:

- Contact your local CHA –
- The CHA will determine if you meet the criteria for Life Alert (examples: live alone, health condition, etc.)
- The CHA will assist you in applying for Life Alert at no cost through community options. If you do not qualify for Life Alert at no cost, the Siletz

Community Health Clinic will cover the cost.

➤ You can reach the community health advocates at:

- Siletz – Amy Garrett or Hannah Glaser at 541-444-1030
- Salem – Cecilia Tolentino at 503-390-9494
- Eugene – Adrienne Crooks at 541-484-4234
- Portland – Verdene McGuire at 503-238-1512

Mail order pharmacy and refills

To use mail order pharmacy to order your refills after hours and on weekends: Please call the Siletz Clinic 7-10 days before you need your refills. This allows us time to contact your provider, if necessary, and for mailing.

- Call 800-648-0449; enter 1624 as soon as the clinic's message begins – you'll be transferred to the refill line.

Or call the refill line direct – 541-444-9624.

NORTHWEST NATIVE AMERICAN CENTER OF EXCELLENCE

Tribal Health Scholars

Clinical shadowing opportunity for high school Juniors & Seniors!

Tribal Health Scholars is a 13 week paid clinical shadowing experience at your local clinic. As a Tribal Health Scholar you will shadow 10 different health professionals to see firsthand what it is like to serve your community as a health professional. The last 3 weeks of the program you have the opportunity to choose what field you want more exposure too. We want to make sure you get plenty of time to see the career that inspires you the most.

Shadowing rotations include:

- Medicine
- Nursing
- Dentistry
- Pharmacy
- Optometry
- Laboratory
- Prevention
- Diabetes Clinic
- Reception

You will also have mentorship from the Health Pathway Coach during weekly check-ins.

Requirements

- You must be a high school junior or senior to participate.
- Attendance is important and required every week for the full length of the program.
- You will also be expected to meet with the Health Pathway Coach weekly, they want to provide you with an opportunity to ask questions you forgot to ask in clinic or other college/career advice you may need.

For more information or to request an application, please contact Sarah Rasmussen-Rehkopf 503-494-0977 or rasmuss@ohsu.edu.

www.ohsu.edu/nativehealth



2020 Tribal Council Application

Application for names to be placed on the 2020 ballot for candidates in the Siletz Tribal Council election

Name: _____ Roll # _____

Mailing Address: _____

City: _____ State: _____ ZIP: _____

Telephone: _____

Email Address: _____

I understand I must be an enrolled member of the Confederated Tribes of Siletz Indians of Oregon and 18 years of age or older. This application must be filed with the Election Board by **4 p.m. on Dec. 13, 2019**. I also understand that if for any reason I decide to withdraw my application for Siletz Tribal Council, I must withdraw in writing by **4 p.m. on Dec. 20, 2019**. Otherwise, my name will appear in the Voter's Pamphlet and on the ballot.

Signature: _____ Date: _____

Mail your application to: CTSI Election Board, P.O. Box 549, Siletz, OR 97380-0549.

Voter's Pamphlet and Statement

If you would like your candidate's statement and photo to appear in the Voter's Pamphlet, please submit your statement and a recent 3x5 photograph of yourself along with your application. Deadline for statements and photos is **4 p.m. on Dec. 13, 2019**.

Candidate statements must be no longer than 750 words and must not be derogatory or contain personal attacks on any one individual. Statements and photos will appear in the Voter's Pamphlet. Photos will be included on the ballot. Mail your statement and photo to CTSI Election Board, P.O. Box 549, Siletz, OR 97380-0549.

The candidate is responsible to ensure receipt of application and statement by the deadline. Letters will be sent to all candidates after review and certification by the Election Board.

Candidates can call 800-922-1399, ext. 1256, or 541-444-8256; or email elections@ctsi.nsn.us to confirm receipt of application and candidate's statement.

Election Deadlines

4 p.m.	Dec. 13, 2019	Deadline to file for candidacy
4 p.m.	Dec. 13, 2019	Deadline to submit a photo and/or candidate's statement for inclusion in the Tribal Voter's Pamphlet
4 p.m.	Dec. 20, 2019	Deadline to withdraw in writing from Tribal election
4 p.m.	Dec. 20, 2019	Certified Candidate's List posted
Days of	Dec. 30-31, 2019	Absentee ballots mailed out/Voter's Pamphlet
9 a.m. – Noon	Jan. 11, 2020	Candidates Fair – Aces Bar & Grill, Lincoln City
4 p.m.	Jan. 24, 2020	Deadline to request a mail-in ballot
10 a.m. – 4 p.m.	Feb. 1, 2020	In-person Voting – Tribal Election, Tribal Community Center, Siletz
4 p.m.	Feb. 1, 2020	Deadline for returning absentee ballots