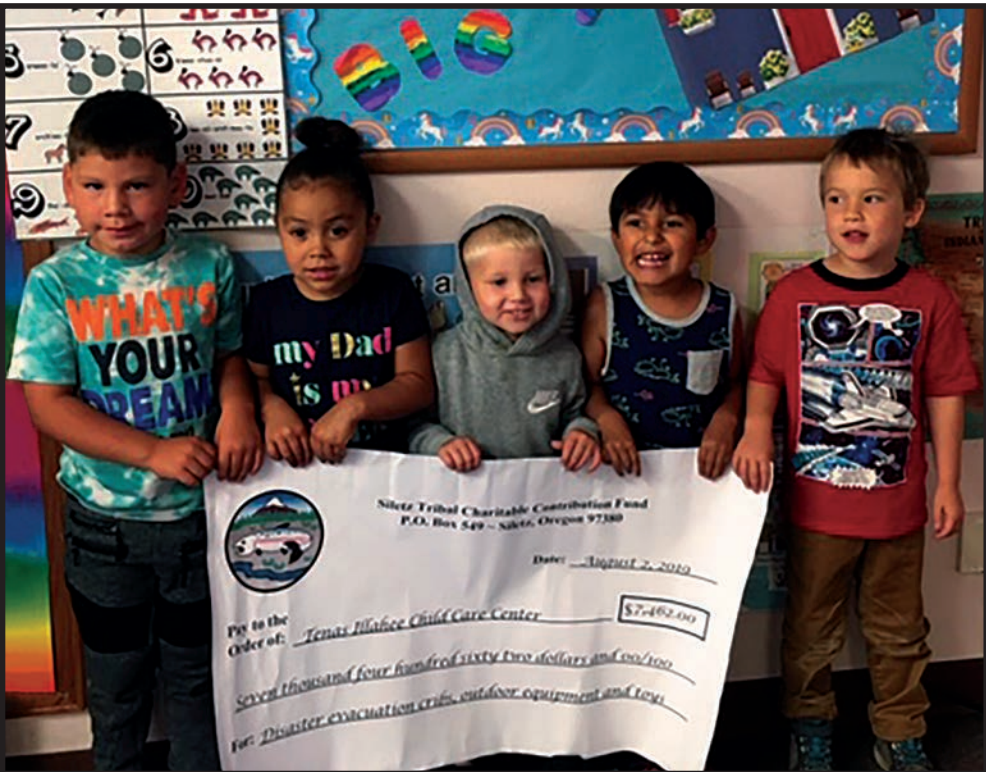


Hang graduates from Home Visiting

In June, Linh Hang graduated from the Siletz Tribal Home Visiting Program. She started the program in April 2016 when she was expecting her second child and graduated this June when her daughter, Livvy, turned 3. Linh actively participated in Home Visiting, engaging in the lessons and attending Home Visiting activities regularly with her family. While in the program, Linh accomplished many goals that she set for herself. Over the past three years, she completed an associate degree in early childhood education, worked at Siletz Tribal Head Start in Salem, had two children and along with Levi Butler, bought their first home. Linh had this to say about the program: "The Home Visiting Program has helped us as a family. It kept us on our path of buying our house and accomplishing our goals. Every visit was a reminder of where we were headed and served as a personal reminder of our progress. I definitely recommend Home Visiting to other families; it provides moral support and helps someone who is trying to grow. You have to take the initiative and do the work, but the program is really supportive." Linh is committed to her family and continues to plan and grow for the future. This summer, she began work on her bachelor's degree in early childhood education. We wish you the best as you continue your education. Congratulations, Linh!



Courtesy photo
Levi Butler, Linh Hang and their girls, Lariah, Livvy and Laila, in front of their home



Courtesy photo
The children at the Tenas Illahee Child Care Center say "thank you" to the Siletz Tribal Charitable Contribution Fund for its donation of \$7,462 to purchase disaster evacuation cribs and to update age-appropriate toys and outdoor play equipment.

USDA distribution dates for September

Siletz				Beef and Bean Burritos	
Monday	Sept. 2		Holiday	10 tortillas*	
Tuesday	Sept. 3	9 a.m. – 3 p.m.		24 ounces canned beef (drained and rinsed)*	
Wednesday	Sept. 4	9 a.m. – 3 p.m.		1 chopped onion*	
Thursday	Sept. 5	9 a.m. – 3 p.m.		1 clove garlic, minced	
Friday	Sept. 6	9 a.m. – 3 p.m.		1 sliced green bell pepper*	
Monday	Sept. 9	9 a.m. – 3 p.m.		2 (15 ounce) cans black beans (drained)*	
				1 can tomato sauce*	
				1 tablespoon Cajun seasoning	
				½ teaspoon salt and pepper to taste	
				Instant mashed potatoes (to thicken)*	
				1 cup shredded cheese*	
Salem					
Monday	Sept. 16	1:30 – 6:30 p.m.		Wrap tortillas in foil and warm in oven at 350 F for 15 minutes. Meanwhile, cook beef, onion, garlic, green pepper and black beans in a skillet until browned. Stir in tomato sauce, Cajun seasoning and salt. Cook 3 minutes over medium heat. Remove from heat and thicken mixture with instant potato flakes, adding just a little at a time until the mixture is the desired consistency. Spoon ½ cup beef mixture into center of each tortilla. Top with cheddar cheese. Tuck two sides over filling and then roll up. Heat a skillet over medium-high heat with a little vegetable oil. Fry burritos until crispy. Recipe makes up to 10 burritos.	
Tuesday	Sept. 17	9 a.m. – 6:30 p.m.			
Wednesday	Sept. 18	9 a.m. – 6:30 p.m.			
Thursday	Sept. 19		By appt only		

LIKE us on Facebook at Siletz Tribal FDPIR.
We would like to see more people sharing their recipes on our FB page. Like us at SILETZ TRIBAL FDPIR.



Joyce Retherford, FDP Director
541-444-8393

Sammy Hall, Warehouseman/Clerk
541-444-8279

Rogue, continued from page 1

- need a relay team to participate. Individuals are welcome.
- ♦ Youth can participate but need a designated adult committed to traveling and camping with the youth.
 - ♦ Camping sites, meals and runners' support and refreshments are provided along the route.
 - ♦ An orientation session will be held Sept. 7 at 8 a.m. at the Tribal Community Center in Siletz, when Run to the Rogue T-shirts will be distributed to participants.

For more information, contact Buddy Lane, cultural education director, at 800-922-1399, ext. 1230, or 541-444-8230; or buddy1@ctsi.nsn.us.

Use Amazon SMILE to donate to STAHS

- Here's how you can donate to the Siletz Tribal Arts & Heritage Society (STAHS) painlessly and effortlessly. It's as easy as 1,2,3,4.
- Thank you for supporting STAHS!
1. Go to Amazon.com.
 2. In the Department drop down box, type Amazon Smile.
 3. See Amazon Smile – You shop. Amazon Gives.
 4. Follow the easy directions.

2019 Standing Committee Vacancy

Education Committee

Position is Open Until Filled

Any Tribal member interested in consideration for serving on this committee is encouraged to fill out this form and return to the council office.

Please **mail or fax** your application to Confederated Tribes of Siletz Indians, Attn: Executive Secretary to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549; fax: 541-444-8325.

Name: _____ Roll No: _____

Address: _____

City: _____ State: _____ ZIP: _____

Telephone: Day () _____ Evening () _____

_____ Education Committee (1 vacancy for term ending February 2021)

If you have any questions, please call Tami Miner, executive secretary to Tribal Council, at 800-922-1399, ext. 1203, or 541-444-8203.