

# Howard graduates from – and would recommend – Home Visiting Program

Congratulations to Eleezia Howard for graduating from Home Visiting! Eleezia entered the program prior to the birth of her daughter, Annalia, and continued until she turned 3 this June.

Eleezia stayed engaged with the Home Visiting program through moves

and job changes, participating in lessons and Home Visiting family events.

When possible her partner, Ryan, attended events as well, occasionally bringing Annalia when Eleezia could not attend.

Eleezia is committed to her family and to being the best parent she can be.

Along with Ryan, she continues to learn and grow, planning ahead for the future.

Eleezia works to share her cultural heritage with Annalia, attending Tribal events and learning traditional crafts (moccasins, jewelry, regalia and more).

Eleezia had this to say, “I went into this parenting gig not knowing the ins and outs and having the guidance and visits helped a lot in the parent I am now. With the Home Visiting Program, we not only

got educated on how to be better parents, we gained an important figure in our lives, our home visitor. If I had worries, she could inform me on things I didn’t know. My daughter knows who my home visitor is because she’s become a huge part in our lives.”

When asked if she would recommend the program to other families, Eleezia replied, “Yes, definitely, especially those who have questions or worries.”

Congratulations, Eleezia!

## USDA distribution dates for August

### Siletz

Thursday	Aug. 1	9 a.m. – 3 p.m.
Friday	Aug. 2	9 a.m. – 3 p.m.
Monday	Aug. 5	9 a.m. – 3 p.m.
Tuesday	Aug. 6	9 a.m. – 3 p.m.
Wednesday	Aug. 7	9 a.m. – 3 p.m.

### Salem

Monday	Aug. 19	1:30 – 6:30 p.m.
Tuesday	Aug. 20	9 a.m. – 6:30 p.m.
Wednesday	Aug. 21	9 a.m. – 6:30 p.m.
Thursday	Aug. 22	By appt only

### Chicken Adobo

- 1 chicken cut up\* (you can use thighs or whatever you like)
- 2 pounds pork ribs (bone-in)
- Soy sauce and white vinegar (3:1)
- Cayenne pepper (2 teaspoons or to taste)
- Garlic (5-10 cloves)
- Peppercorns (small palm full)
- Brown sugar (¼ cup)
- 1 bag white rice\*

Put everything in a big pot and bring to a boil. Reduce heat to medium and simmer for 30-45 minutes, turning over every 5 minutes. After meat is cooked through, remove the bones and add a little flour to thicken juice. Serve over white rice.

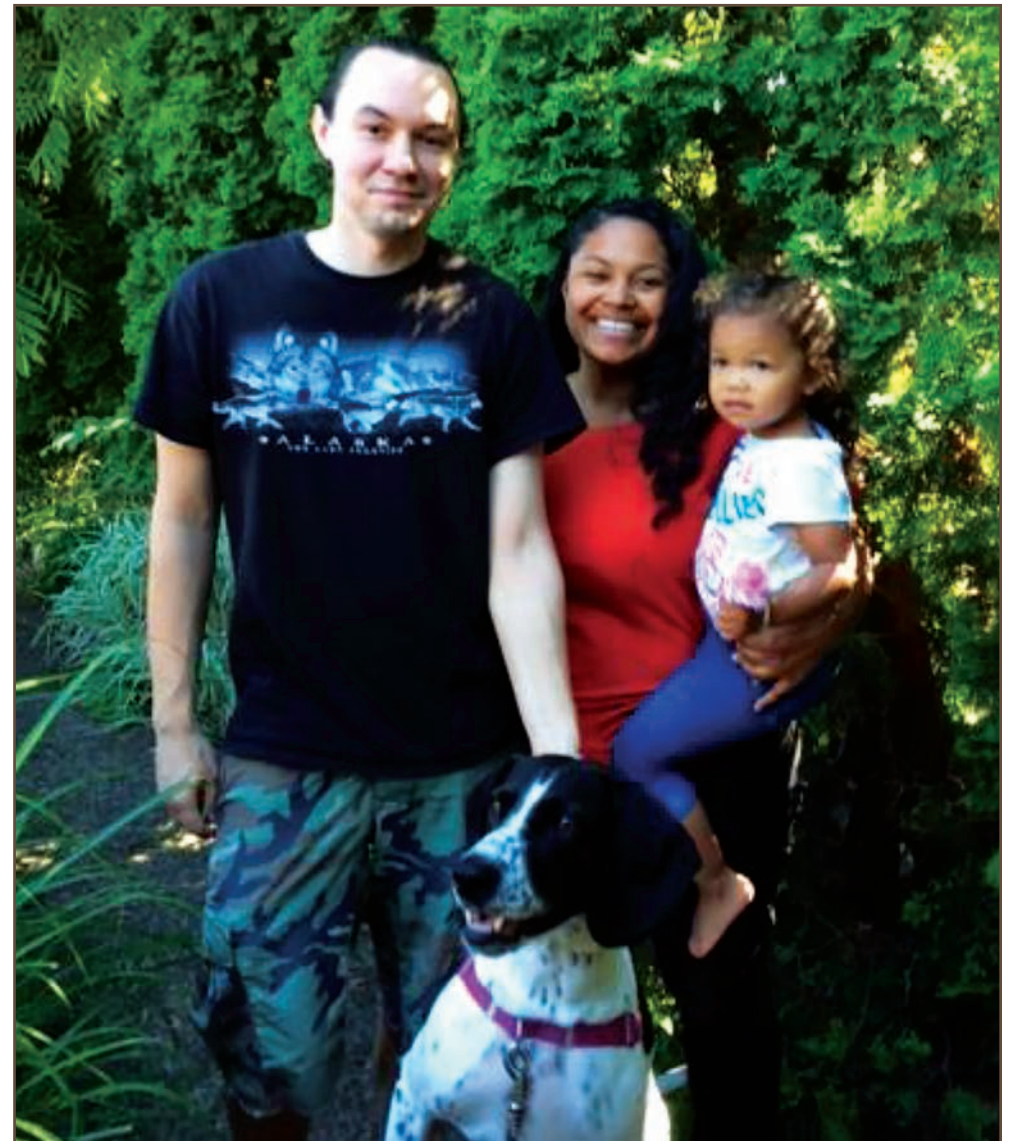
- Prep Time: 5 minutes
- Cook Time: 1 hour
- Total Time: 1 hour, 5 minutes
- Serves: 6-8

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page.



Joyce Retherford, FDP Director  
541-444-8393

Sammy Hall, Warehouseman/Clerk  
541-444-8279



Courtesy photo

Recent Home Visiting graduate Eleezia Howard with Ryan Nichuals and their daughter, Annalia

## STBC seeks bids for RV park management

The Siletz Tribal Business Corporation is seeking bids for contract managers for both Logan Road RV Park and Hee Hee Illahee RV Resort that will commence January 2020.

Please visit [stbcorp.net](http://stbcorp.net) and download the Request for Proposal(s) for more information or contact Michael Phillips at 541-994-2142, 877-564-7298 or [mphillips@stbcorp.net](mailto:mphillips@stbcorp.net).

### REMINDER Early Season Archery Tags Deer and Elk Available Starting Aug. 5, 2019 8 a.m.

Natural Resources Office  
First-Come, First-Served  
Available via mail starting Aug. 6  
Call Natural Resources Manager Mike Kennedy at 541-444-8232 if you have questions

### REMINDER Elder Antlerless Deer Hunt Applications Due Sept. 6, 2019

Applications available at the Natural Resources office and on the Tribal website under Natural Resources Open to Tribal Elders age 55 and older  
Call Natural Resources Manager Mike Kennedy at 541-444-8232 if you have questions

### REMINDER Deer General Rifle Tags Available Starting Aug. 19, 2019

Natural Resources Office  
First-Come, First-Served  
Call Natural Resources Manager Mike Kennedy at 541-444-8232 if you have questions

### REMINDER Youth Antlerless Deer Hunt Applications Due Sept. 6, 2019

Applications available at the Natural Resources office and on the Tribal website under Natural Resources Open to Tribal youth ages 12-17 who have a valid Hunter Safety Card  
Call Natural Resources Manager Mike Kennedy at 541-444-8232 if you have questions

### General Council Meeting

Saturday, Aug. 3, 2019 • 1 p.m.  
Siletz Tribal Community Center  
Siletz, Oregon

- Call to Order
- Invocation
- Flag Salute
- Roll Call
- Approval of Agenda
- Approval of Minutes

- Programs:  
General Welfare Exclusion Housing  
Rehabilitation Program  
Minors’ Trust – Kiddie Tax  
Tribal Members’ Concerns

- Chairman’s Report
- Announcements
- Adjourn

### Report Shellfish Harvests

Low tides this summer promise abundant clam, crab and mussel harvesting opportunities. Tribal members using a 2019 Cultural Shellfish Gathering license and permit are reminded to report shellfish harvests to the Tribal Natural Resources Department within three (3) business days of harvest.

Reports must include the harvest date and the type and number of shellfish gathered for each harvesting trip. Reports can be made by dropping by Natural Resources or calling 800-922-1399, ext. 1227, or 541-444-8227.

### Shellfish Safety Hotline

Before clamming and crabbing, call the Oregon Shellfish Safety Hotline, 800-448-2474, for safety and conservation closure updates.