

Important information for college-bound Tribal seniors

February

- First semester grades and mid-year reports are sent to some colleges.
- Check your school counseling office or ASPIRE center for scholarship information.
- Complete scholarships.
- Check with colleges applied to for verification they have received all necessary documents. Continue to monitor status of submitted applications.
- Check to see if your mid-year transcripts have been sent to the schools to which you have applied.
- Wrap up any scholarship application, essays and activities chart (for OSAC). Early bird deadline is in February for OSAC.

March

- Check for three Tribal scholarships at ctsi.nsn.us.
- Complete scholarships.
- Start working on Tribal higher education or adult vocational training grant application. This can be found on the Tribe's website and is due June 30.
- Review the Student Aid Report (SAR).
- You should start receiving admission responses.

April

- Send thank you notes to people who have helped you.
- Make final decision about which college or university you will attend.

- If you decide to decline enrollment to a college or university to which you have been accepted, send notice indicating this to the college's admissions office.

May

- This is the deadline for final decisions for universities.
- Send letter of intent to registrar.
- Line up a summer job.
- Attend your Senior Awards Night.
- Review any award letters and be sure you understand the terms and conditions that accompany each type of aid.

June

- Tribal higher education and adult vocational training applications are due June 30!
- Attend graduation – congratulations!
- Make arrangements for your final grades to be sent to colleges and universities.
- Good luck!

Scholarships

- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Pacific Northwest Scholarship Guide (scholarship search engine)
- OregonStudentAid.gov.
- Seneca Scholarship for Oregon High School Seniors
Deadline: March 1, 2019
- Catching the Dream 2019 Summer Scholarship
Deadline: March 15, 2019
- Intertribal Timber Council Truman D. Picard Scholarship
Deadline: March 15, 2019
- NAJA-Facebook Journalism Project Scholarship
Deadline: April 30, 2019
- University of Idaho College of Natural Resources McCall Outdoor Science School Scholarships
Deadline: Rolling
- American Indian College Fund: TCU Scholarship
Deadline: Contact TCU Financial Aid Office

Internships

- Northern Arizona University Institute for Tribal Environmental Professionals 2019 Summer Internship
Deadline: Feb. 25, 2019
- Native American Journalism Fellowship
Deadline: Feb. 28
- Tribal Researchers' Cancer Control Fellowship Program
Deadline: March 22, 2019
- NBC News Summer Fellows Program
Deadline: Ongoing
- HP 3D Printing Engineering Intern
Deadline: Open until filled
- Pearson Packaging Systems Engineering Internship
Deadline: Open until filled
- Wisdom of the Elders Agricultural Incubator Internship
Deadline: Various
- NW Native American Research Centers for Health Research Support Fellowship
Deadline: Rolling
- Northwestern University's Center for Native American and Indigenous Research Undergraduate Fellowships
Deadline: Rolling
- Fred Hutchinson Cancer Research Center Post-Doctoral Research Fellow
Deadline: Multiple
- Saturday Academy Internships
Deadline: Multiple
- EPA Environmental Research and Business Support Program
Deadline: Multiple
- National Science Foundation Research Experiences for Undergraduates
Deadline: Multiple
- Claremont Native American Fellowship
Deadlines: Multiple
- Indian Land Tenure Foundation
Deadline: Multiple
- Environmental Protection Agency
Deadline: Multiple
- American Fisheries Society
Deadlines: Multiple
- Oregon Museum of Science & Industry (OMSI)
Deadline: Multiple

Other Opportunities

- 2019 UNITY Mid-Year Conference
Feb. 15-18, 2019
- Center for Native American Youth at the Aspen Institute – Generation Indigenous Network Youth Ambassador
- National Youth Leadership Forum STEM Program Nomination Form
Deadline: Various
- The Student Conservation Association
- Northwest Youth Corps
- Saturday Academy - FREE Classes for Native American Students
- ON TRACK OHSU!
- Caldera Youth Program
- The SMART Competition

For more information about the Siletz Tribal language program, please visit siletzlanguage.org.

Outside Scholarships for NATIVE AMERICAN STUDENTS

- **Cobell Scholarship**
<http://cobellscholar.org/>
various scholarships available
*essay required
Open to descendants/enrolled members
- **American Indian Services**
<https://www.americanindianservices.org/>
various scholarships available
*essay may be required
Open to descendants/enrolled members
- **American Indian College Fund**
<http://www.collegefund.org/>
various scholarships available
*essay required
Open to descendants/enrolled members
- **Bureau of Indian Education**
<http://www.bie.edu/ParentsStudents/Grants/>
various scholarships available
*essay may be required
Open to descendants/enrolled members
- **Native American Scholarship Fund**
<http://catchingthedream.org/>
various scholarships available
*essay may be required
Open to descendants/enrolled members



The following information from the Job Accommodation Network (JAN) contains symptoms and possible workplace accommodations for bipolar disorder. STVRP may be able to advocate for or assist eligible program participants with some of these accommodations. These symptoms and their possible accommodations contain partial lists and therefore are not comprehensive. For more information, visit the JAN website.

According to the Job Accommodation Network, bipolar disorder is a brain disorder marked by periods of elevated mood (mania), and prolonged periods of sadness and hopelessness (depression). These shifts in mood are severe as compared to the average person.

❖ Symptom	Attentiveness/Concentration
➤ Possible Accommodation	Modified Workspace, Alternative Lighting, Apps for Memory, Electronic Organizers, White Noise Machine, Noise Canceling Headsets, Flexible Schedule, Modified Break Schedule, Timers and Watches, Verbal Cues, Wall Calendars and Planners, Written Instructions
❖ Symptom	Decreased Stamina/Fatigue
➤ Possible Accommodation	Job Restructuring, Periodic Rest Breaks, Stand-lean Stools, Work from Home/Working Remotely
❖ Symptom	Organizing/Planning/Prioritizing
➤ Possible Accommodation	Apps for Organization/Time Management, Ergonomic Equipment, Job Coach/On-site Mentoring, Reminders, Supervisory Methods, Wall Calendars and Planners, Written Instructions
❖ Symptom	Stress Intolerance
➤ Possible Accommodation	Apps for Anxiety and Stress, Behavior Modification Techniques, Counseling/Therapy, Environmental Sound Machines/White Noise Machines, Support Animal/Person, Modified Break Schedule, Job Restructuring.

"Bipolar Disorder." Job Accommodation Network, Office of Disability Employment Policy, askjan.org/disabilities/Bipolar-Disorder.cfm.

This content is for informational purposes only and is not intended to be a substitute for professional medical advice, diagnosis, or treatment. If you have any health concerns, or questions, seek the advice of a qualified health professional.