### Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women's and Men's Transitional

Siletz: 800-600-5599 or

541-444-8286

Eugene: 541-484-4234

Salem: 503-390-9494

Portland: 503-238-1512

Narcotics Anonymous Toll-Free Help Line – 877-233-4287

For information on Alcoholics Anonymous: aa-oregon.org

#### **CEDARR**

Community Efforts
Demonstrating the Ability to
Rebuild and Restore

Mission Statement

We will utilize resources to prevent the use of alcohol and other drugs, delinquency and violence; we will seek to reduce the barriers to treatment and support those who choose abstinance.



Jan. 2 · Noon

Siletz Community Health Clinic 200 Gwee-Shut Road, Siletz

### Dental Walk-In Clinic

- 1. Dental and Optometry
  - a. First No-Show

Patient will receive a letter providing notice about the no-show appointment and their requirement to utilize the department's Walk-In Clinic for appointments. Walk-in availability is first-come, first-served. Patient will be required to utilize the Walk-In Clinic for six months, after which patient will be able to return to scheduling appointments.

The Dental Clinic will see walk-in patients every other Tuesday from 8:30 a.m. to 12:30 p.m. and 1:30 – 4:30 p.m. with check-in by 3:30 p.m. Patients will be seen on a first-come, first-served basis.

Services offered at the walk-in clinic included enture/partial adjustments and chairside relines, fillings, first step root canal, extractions and exams.

Walk-in dates

Jan. 22 (no adult extractions)

Feb. 19

Excluded visit types: Partials, dentures, crowns, implants and hygiene appointments will need to be addressed during a regularly scheduled appointment with your primary dentist.



# After-hours crisis line now available at 541-444-8286 or 800-600-5599

Because mental health and relapse crises do not always happen during business hours, Siletz Behavioral Health has arranged a collaboration with an afterhours crisis line called Lines for Life.

On weekends and during the weekday hours of 5 p.m. to 8 a.m., the number to the Behavioral Health front desk is forwarded to Lines for Life, where you will be connected with a live mental health counselor.

The counselor will do everything he/she canto help de-escalate, advise and support.

Afterwards, this information can be shared with our mental health counselor so follow-up care can be provided.

Of course, if there is an emergency and you fear that you or someone else is in imminent danger, please call 911. That's always the fastest way to get help.

### Siletz Clinic: No-show optometry patients must use walk-in clinic

In the Siletz Clinic's Optometry Department, after one no-show patients will not be able to schedule appointments for six months.

Patients will have acces to our walk-in clinic on the last Thursday of the month from 8:15 – 11:15 a.m.

Thursdays Jan. 31 Feb. 28 March 28 April 25

Patients will be seen on a first-come, first-served basis.

Tribal children in need of foster parents for:

Permanent care, temporary foster care or short-term emercency care.

Contact, Indian Child Welfare 541-444-8272

# **DO YOU WANT TO SHARE YOUR**NATIVE SPIRITUALITY WITH OTHERS?

Volunteer with Oregon Department of Corrections' Religious Services!



We are looking for sweat lodge and spiritual leaders. The need for volunteers is great at ALL FACILITIES – especially for tribal members.

Access the application at www.oregon.gov/doc/omr/docs/pdf/volunteer intern.pdf

#### For OUESTIONS or ASSISTANCE

Please contact Anita Espino (CTSI Tribal Member, Niece to Aggie Pilgrim) Call or text at (503) 983-5783, or e-mail Anita.L.Espino@doc.state.or.us

Our elders fought to have Native religion honored in U.S. prisons, but we are currently lacking volunteers to provide those services.

CHANGE LIVES, MAKE A DIFFERENCE, VOLUNTEER TODAY!