

# Frey to compete at mountain biking world championships in China

Siletz Tribal member and professional athlete Fairlee Frey of Boise, Idaho, is headed to the World Championships for Cross Country Eliminator Mountain Biking in Chengdu, China, in November.

Frey qualified to represent the United States in this global event at an International UCI World Cup race hosted earlier this summer in Columbus, Ga.

Her podium finish alongside Norwegian national champion Ingrid Boe Jacobsen and Swedish national champion Ella Holmegaard bolstered Frey's overall world ranking to seventh, making her the highest ranked XC Eliminator rider in the United States for the 2018 season.

Cross Country Eliminator (XCE) is a vibrant and exciting format of mountain bike racing that showcases the skills of elite riders in an urban setting.

Participants begin the day with a single lap time trial of an obstacle-filled course. Riders are then placed into heats based on their qualifying times. The fastest riders from each heat advance to the semi-finals and then finals.

Frey enjoys the XCE format of "... all-out sprinting with other riders while navigating large and challenging obstacles."

When she isn't racing or training, Frey works as a full-time registered nurse at St. Luke's Medical System.

To learn more, check out her blog and website at [www.fairleefrey.com](http://www.fairleefrey.com).



Courtesy photo

Fairlee Frey

## Restoration, continued from page 1

Siletz Tribe purchased the former Shilo Inn adjacent to the casino and opened Chinook Winds Casino Resort. Chinook Winds Golf Resort opened in 2005 when the Tribe purchased the former Lakeside Golf and Fitness Center in Lincoln City.

The combination of Tribal employees and those at Chinook Winds Casino Resort has made the Siletz Tribe the largest employer in Lincoln County.

The Siletz Tribe has honored its tradition of sharing within the community by distributing more than \$15.9 million through the Siletz Tribal Charitable Contribution Fund and other Tribal resources.

Chinook Winds has donated more than \$2.8 million in cash and fundraising items since 1995. It also provides in-kind donations of convention space for various fundraisers as well as technical support, advertising and manpower for events.

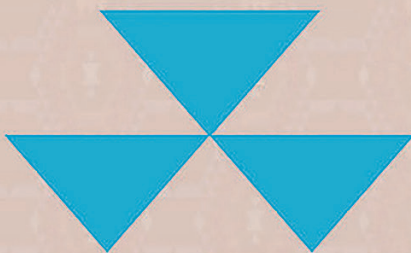
## Confederated Tribes of Siletz Indians

### 41st Annual Restoration Pow-Wow

On Saturday,  
Nov. 17, 2018



The Confederated Tribes of Siletz Indians of Oregon invites you to celebrate with us at our 41st Annual Restoration Pow-Wow to be held at:



**Chinook Winds**  
CASINO RESORT

1777 NW 44th Street,  
Lincoln City, Oregon

**Grand Entry: 6 pm**

Whip Man: Tony Whitehead  
Whip Woman: Shirley Walker  
MC: Nick Sixkiller

**All Drums and Dancers Welcome**

Information: Buddy Lane: 1-800-922-1399 ext. 1230 or 541-444-8230

This is a family event; drugs and alcohol will not be tolerated. The Confederated Tribes of Siletz Indians and Chinook Winds Casino Resort are not responsible for injuries and lost or stolen items

## November USDA distribution dates

Siletz		
Thursday	Nov. 1	9 a.m. – 3 p.m.
Friday	Nov. 2	9 a.m. – 3 p.m.
Monday	Nov. 5	9 a.m. – 3 p.m.
Tuesday	Nov. 6	9 a.m. – 3 p.m.
Wednesday	Nov. 7	9 a.m. – 3 p.m.

Salem		
Monday	Nov. 12	Holiday
Tuesday	Nov. 13	1:30 – 6:30 p.m.
Wednesday	Nov. 14	9 a.m. – 6:30 p.m.
Thursday	Nov. 15	9 a.m. – 6:30 p.m.
Friday	Nov. 16	By appt only

appointments because it will be impossible to reschedule.

If you haven't named an authorized representative to pick your food up for you, maybe it is time to do that. You can send a note with your rep or call and we will note it on your application.

We will soon have the bonus ham for the holidays, so make sure to come in.

LIKE us on Facebook at Siletz Tribal FDP/IR. We would like to see more people sharing their recipes on our FB.



Joyce Retherford  
FDP Director  
541-444-8393

It's the time of year when we have a lot of holidays. It is difficult to get in a full week for distribution at either warehouse. Clients need to show up for scheduled

Lisa Paul, FDP Clerk/Warehouseman  
541-444-8279

## Donate to STAHS through Amazon Smile

Here's how you can donate to the Siletz Tribal Arts & Heritage Society (STAHS) painlessly and effortlessly. It's as easy as 1,2,3,4.

Thank you for supporting STAHS!

1. Go to Amazon.com.
2. In the Department drop down box, type Amazon Smile.
3. See Amazon Smile – You shop. Amazon Gives.
4. Follow the easy directions.