



**Wellness Carnival
Aug. 30, 2018
Siletz Rec Center**



Photos by Diane Rodriguez

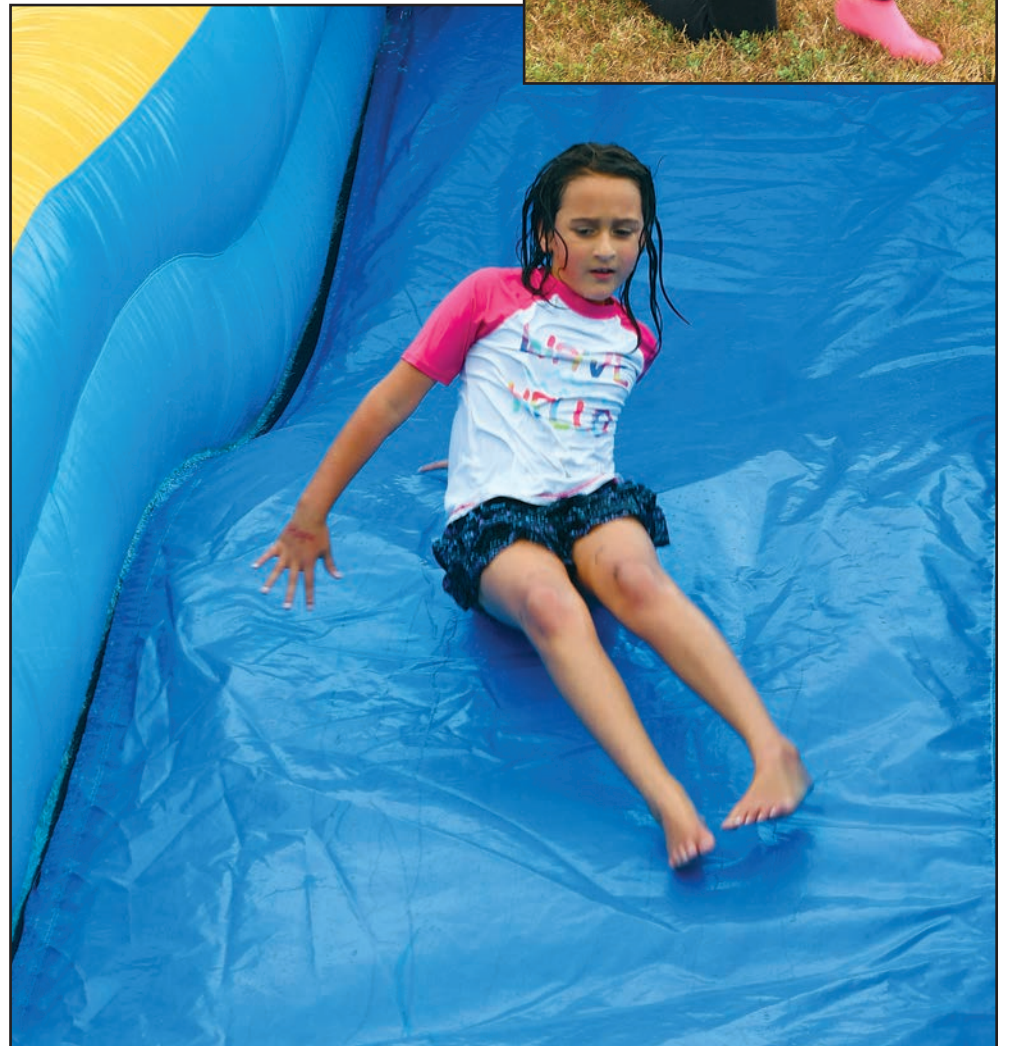
Top left: A young person rides through the bicycle rodeo course.

Left: Nathaniel Cuomo, Nahayla Johnston, Natalia Cuomo and Sahayla Johnston take a break for some food.

Above: Chris Sherrod, Diabetes Program director, watches as Peyton Grove "shoots hoops" with buckets of water as the baskets.

Right: Maliyah Stringer with her painted face.

Below: Amy Monroe takes a run down the water slide.



Confederated Tribes of Siletz Indians

Tribal Maternal, Infant & Early Childhood Home Visiting Program

Naytlh - 'a "We Carry the Children"



How has the Siletz Tribal Home Visiting Program helped you and your family since participating?

- ❖ "The home visiting program has helped prepare us for our new addition by letting us know what is to be expected before and after the baby comes and how to best deal with certain situations that come up."
- Andrea & Robert, 4 months in the program
- ❖ "I've learned all the things I thought I should know that I did not know already with the help and support of the program. Siletz Tribal Home Visiting Program helped me become a better mom."
- Shyann, 1 year in the program
- ❖ "I feel like Siletz Tribal home visits have helped me be more on track when it comes to my child's development. Home visits have also helped me keep a better schedule, helping my whole family."
- Jennifer, 1 year and 9 months in the program
- ❖ "Getting the help when you're a new parent is life-saving, to know you are doing it right and if not, finding out the right way."
- Samantha, 1 year in the program
- ❖ "The program has helped me to realize there are a lot of different ways to parent and there is always help if you are willing to look for it. The Siletz Home Visiting Program has helped make my life a little simpler just knowing I have resources to help me be the best mom I can be."
- Chandra, 1 year and 10 months in the program
- ❖ "The Siletz Home Visiting Program has helped me with my child's growth, my motivation with being a parent and I've also established a friendship."
- Brinee, 1 year and 8 months in the program
- ❖ "Home Visiting Program helped us better understand the developmental milestones that our child is at and also the reassurance that each child is unique and not to be worried. The program has been helpful, especially with different resources also."
- Ale & Seth, 1 year and 1 month in the program
- ❖ "As a first-time mom, Siletz Home Visiting Program has been a good addition to my support system, not only emotionally, but also mentally."
- Janet, 1 year and 1 month in the program

If you are interested in or have any questions about our Siletz Tribal Home Visiting Program, please call Jessica Phillips, Program Coordinator, at 541-484- 4234.

