

SUBOXONE THERAPY

Now available at the Siletz Community Health Clinic

Our providers Lisa Taylor, FNP, and Jalien Dorris, DO, are now licensed to prescribe suboxone for Siletz Tribal members and/or community members who are struggling with heroin, prescription drugs or substance abuse. We are contracting with Eric Davis, MAC, CADCIH, with his expertise in medi-

cation assisted therapy (MAT), he will assist with the implementation of our new suboxone program.

Wondering what suboxone is? Suboxone is a medication that helps your family members who are struggling with heroin and opioid addiction by taking away the symptoms of opiate withdrawal and drug

cravings that are normally associated with quitting heroin and opioids.

We encourage you to contact the clinic and ask questions about our program. We want to assure you that we will provide compassionate and non-judgmental care from staff members who understand the challenges associated with addiction. We

would love to help you with taking the first step toward recovery.

If you have questions regarding the suboxone program or would like to make an appointment, please call the numbers listed below.

Team Taylor – 541-444-9665

Team Dorris – 541-444-9634

What to expect when you're approved for hearing aids through CHS – You will be referred to Costco for hearing aids. Costco hearing aids cost 50-60 percent less than other providers with equal quality.

Your Contract Health Services team will help you obtain a Costco membership and help with transportation barriers. We look forward to working with you.

CTSI Jobs

Tribal employment information is available at ctsi.nsn.us.

Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women's and Men's Transitional

Siletz: 800-600-5599 or

541-444-8286

Eugene: 541-484-4234

Salem: 503-390-9494

Portland: 503-238-1512

Narcotics Anonymous Toll-Free Help Line – 877-233-4287

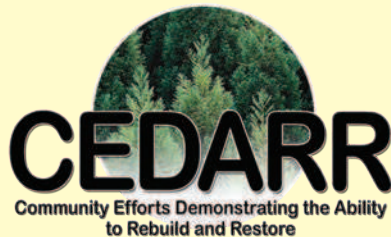
For information on Alcoholics Anonymous: aa-oregon.org

CEDARR

Community Efforts Demonstrating the Ability to Rebuild and Restore

Mission Statement

We will utilize resources to prevent the use of alcohol and other drugs, delinquency and violence; we will seek to reduce the barriers to treatment and support those who choose abstinence.



Sept. 5 • 5:30 p.m.

Siletz Tribal Community Center
402 NE Government Hill Drive

Time to gather basket-making materials is here

Fall is approaching and several basket-making materials should be easy to pick.

Hazel stick gathering in the spring is a must for anyone interested in making traditional Siletz baskets. Spruce root can be dug all year round and is used for the weavers or weft of Siletz baskets.

Bear grass and maidenhair fern are used for overlay to make our traditional designs or marks in our baskets and both are picked in late summer.

Any Tribal members interested in gathering can contact Bud Lane at 800-922-1399, ext. 1320; 541-444-8320; or budl@ctsi.nsn.us. Just a reminder – basket materials must be gathered in a timely fashion.

Here is a general breakdown of gathering times for different materials:

September

Bear grass, maidenhair fern, woodwardia fern, spruce roots



After-hours crisis line now available at 541-444-8286 or 800-600-5599

Because mental health and relapse crises do not always happen during business hours, Siletz Behavioral Health has arranged a collaboration with an after-hours crisis line called Lines for Life.

On weekends and during the weekday hours of 5 p.m. to 8 a.m., the number to the Behavioral Health front desk is forwarded to Lines for Life, where you will be connected with a live mental health counselor.

The counselor will do everything he/she can to help de-escalate, advise and support.

Afterwards, this information can be shared with our mental health counselor so follow-up care can be provided.

Of course, if there is an emergency and you fear that you or someone else is in imminent danger, please call 911. That's always the fastest way to get help.



Be a hero: Teach!

Siletz Tribal Members and community members at large – **you** are invited to earn your four-year degree and become a teacher, right here at home, with OCCC's new Teacher Education Program.

A rewarding career in teaching, just 4 years away!

- 2 years at home, earning a transfer degree at OCCC
- 1 year studying at Western Oregon University – or commuting to classes there
- 1 year student-teaching in Lincoln County and completing your WOU bachelor's degree.

Complete details at oregoncoastcc.org, or call 541-867-8501



Program development was supported in part by funding from Meyer Memorial Trust through their Equitable Education Portfolio and through a collaboration with Lincoln County School District.



OREGON COAST
COMMUNITY COLLEGE

Oregon Coast Community College is committed to providing equal opportunities for students with disabilities throughout the College community. Students with documented disabilities are entitled to reasonable accommodations under Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990. Our philosophy is to maximize your independence and self-reliance, providing a variety of support options to assist you in achieving your educational and/or vocational objectives. To receive services, you must submit documentation of your disabling condition(s) to the Director of Student Services. To initiate support services, please contact the Director of Student Services at 541-867-8511 or ccarlson@oregoncoastcc.org. Students are responsible for requesting, in a timely manner, accommodation and documenting the nature and extent of their disability.