



What is the CARE Program?

The CARE Program provides advocacy, direct and support services to victims and survivors of domestic violence (DV), sexual assault (SA), dating violence and stalking.

We focus on providing culturally appropriate services and education to Native American survivors. We partner with other tribal programs, as well outside agencies in order to find the best options for services for survivors.

Who do we serve?

We can provide services to victims of domestic violence, sexual assault, dating violence or stalking who are:

- Members of the Siletz community
- Members of any tribe who reside in our service area, which includes; Lincoln, Lane, Linn, Benton, Marion, Polk, Washington, Multnomah, Clackamas, Yamhill, and Tillamook counties.
- -OR- Siletz Tribal members living anywhere.

Some of our services include:

- Crisis response
- Safety planning
- Connecting with resources
- Facilitating support groups
- Education & awareness activities
- Training for Professionals
- Moral support
- Court accompaniment
- Direct client support

You can reach us at:

Office: 541-444-9680

24 Hour Hope Line:
541-994-5959

CARE Program services are strictly

CONFIDENTIAL

National Breastfeeding Month

Mother's milk is the BEST food for newborns and young babies



Breastfeeding is also good for MOTHERS



Breastfeeding is irreplaceable and saves lives.

www.paho.org/childnutrition



Source: PAHO/WHO. Current situation and tendencies in breastfeeding in Latin America and the Caribbean: Implications for policies and programs (in Spanish). To be published, 2013.

For more information visit:

<https://www.womenshealth.gov/breastfeeding/making-decision-breastfeed>

Attention!

Do you use commercial tobacco products?

Are you interested in "Kicking the Habit"?

If so, I have news for you to help get you started on Living a Healthier Way of Life!

Quit Kits are here and now available

Quit Kits have arrived and are now located

at the following locations:

Siletz Community Health Clinic

Siletz Administration Office

Eugene Office Area

Salem Office Area

Portland Office Area

