

**Submit your address changes to the Enrollment Department by Friday, July 13, to receive your per capita check in a timely manner.**

## Stokes receives mentor award for commitment to county treatment courts

On May 30, Wylie Stokes, peer recovery mentor for the Siletz Behavioral Health Department, was presented with the third annual Rob Bovett Community Mentor Award for his “dedicated service and commitment to the Lincoln County Treatment Court Programs.”

Rob Bovett was the Lincoln County district attorney until 2014; he now works as legal counsel/ policy manager for the Association of Oregon Counties. During the award presentation, Bovett stated that studies show evidence-based treatment, accountability and recovery support are the three primary things needed in successful rehabilitation.

Bovett identified the service Wylie provides as recovery support, which is desperately needed to help individuals in Treatment Court Programs. When Wylie was presented with this award he stated, “I am also in recovery and I get back just as much as I give.”

For people living a life in recovery, building relationships with their peers is a large part of being able to maintain recovery.

The Siletz Behavioral Health Department has two Siletz Tribal members who are certified recovery mentors (CRM) – Andrew Eddings and Wylie Stokes. Andrew is both a CRM and a certified alcohol and drug counselor I.

Andrew is located in the valley, splitting time between the Portland and Salem areas. Wylie is located in Siletz and is also a peer recovery counselor. Both Andrew and Wylie provide individual and group skill building for independent living and sober physical and recreational activities.

Peer recovery mentors (PRM) participate with both Siletz Behavioral Health and other treatment facility staff in planning and providing aftercare services for clients. They assist outpatient staff in making referrals to other treatment programs as well as Tribal, community and 12 step-based resources.

PRM’s provide outreach services that are aimed at enhancing internal motiva-



File photo

Andrew Eddings

tion for change in people who continue to contemplate their substance use. PRMs allow individuals access to guidance during a critical period in their lives.

Lincoln County started the Lincoln County Drug Court in 2006, which is a problem-solving court that uses an evidence-based approach as well as other efforts to successfully break the cycle of addiction and reduce crime as well as save lives and families.

Lincoln County started HOPE Court (Help and Opportunity through Probation with Enforcement) in 2010, which operates in a similar manner to the drug court but focuses on property offenders whose crimes are driven by addiction. The differentiating core goal in HOPE Court is in paying victim restitution.

Wylie has been involved with the Lincoln County Drug and HOPE Court system for several years now and is currently Siletz Behavioral Health’s representative on the HOPE Court team that meets weekly.

Wylie and Andrew are able to reach individuals on a peer basis, enhancing the chances that services may be accessed. The Behavioral Health Department is



Courtesy photo

Rob Bovett and Wylie Stokes

proud of Wylie and Andrew for all of the hard work they do to provide their services to those suffering from the disease of addiction.

If you or someone you know is struggling with addiction, please feel free to contact our department at 541-444 8286 or 800 600-5599.

### CTSI Jobs

Tribal employment information is available at [ctsi.nsn.us](http://ctsi.nsn.us).

## USDA distribution dates for July

Siletz		
Monday	July 2	9 a.m.–3 p.m.
Tuesday	July 3	9 a.m.–3 p.m.
Wednesday	July 4	Holiday
Thursday	July 5	9 a.m.–3 p.m.
Friday	July 6	9 a.m.–3 p.m.

Salem		
Monday	July 16	1:30 – 6:30 p.m.
Tuesday	July 17	9 a.m. – 6:30 p.m.
Wednesday	July 18	9 a.m. – 6:30 p.m.
Thursday	July 19	By appt only

Starting this month, there is no limit on how much bison can be chosen on your grocery lists. Each household member can choose up to three units, which would be six packages each month! I hope I can get enough ordered to accommodate all.

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB.



Joyce Retherford, FDP Director  
541-444-8393

Lisa Paul, FDP Clerk/Warehouseman  
541-444-8279



## After-hours crisis line now available at 541-444-8286 or 800-600-5599

Because mental health and relapse crises do not always happen during business hours, Siletz Behavioral Health has arranged a collaboration with an after-hours crisis line called Lines for Life.

On weekends and during the weekday hours of 5 p.m. to 8 a.m., the number to the Behavioral Health front desk is forwarded to Lines for Life, where you will be connected with a live mental health counselor.

The counselor will do everything he/she can to help de-escalate, advise and support.

Afterwards, this information can be shared with our mental health counselor so follow-up care can be provided.

Of course, if there is an emergency and you fear that you or someone else is in imminent danger, please call 911. That’s always the fastest way to get help.