



Community Health Department

Find us on Facebook! Siletz Community Health Department

Sexual Assault Awareness Month



1 in 3 Native women is sexually assaulted in her lifetime.

Sexual violence is any type of unwanted sexual contact. This can include words and actions of a sexual nature inflicted upon another person, without their consent. Anyone can experience sexual violence, including children, teens, adults, and elders.

Victims of sexual assault are never to blame, it doesn't matter what they were wearing or how they were acting before being assaulted. The people who commit these violent acts choose to do so because they seek to gain power and control over their victim.

Assailants may use force, threats, manipulation, or coercion to commit sexual violence. A victim may not always sustain injuries from these attacks, it is important not to place blame or make assumptions about what happened based on the victim's appearance or past behaviors. It is possible to prevent sexual assault by educating people about consent and by choosing to be models for healthy relationships. We can also help survivors by offering support.

If you or someone you know has been a victim of sexual violence, there are resources available. Contact the Siletz CARE Program for more information on advocacy and support services for survivors of sexual and domestic violence.

Kim Lane, Advocate: (541)444-9679

Kira Woosley, Outreach & Education: (541)444-9680

24 hour Hope Line: (541)994-5959

Events

April 12

Broken & Beautiful
Tribal Community Center
12pm-1pm

April 6 & 20

Girls' Group
Siletz Health Clinic
6pm-8pm

April 26

Denim Day
Wear Jeans to Work
All Day

April 27

Hunting Ground Screening
Tribal Community Center
6pm-8pm
Dinner Provided

Samaritan Health Tobacco Cessation Series

Samaritan Center for Health Education
740 SW Ninth Street, Newport
Every Tuesday evening from 5:30-7:00pm
Call Deb Myers to register: (541)574-4886

Transportation can be provided by
Siletz Community Health Department
Tobacco Prevention: Selene Rilatos (541) 444-9682
Or Transportation: (541) 444-9613



Fitness Center

Tai Chi: M & W 10:30-11:30am
Zumba Gold: T & Th 5:30-6:30pm
Sit and Be Fit: T, Th & F 10:00-11:00am
Pilates: M & W 5:15-6:15

Girls' Group Girls age 8-18 welcome

Featuring the Daughters of Tradition curriculum

Every first & third Thursday of the month
Siletz Community Health Clinic - Behavioral Health
6pm-8pm

Call Dee Butler for registration: (541)444-9618