



Courtesy photos by Laura Brown

Siletz Tribal Head Start visits the Lhuuke Illahee Fish Hatchery to learn about Pacific lamprey. The children got to hold the lamprey as well as learn about their life history from Aquatics staff member Issac Kentta.

USDA distribution dates for January, plus blue cornmeal muffin recipe

Siletz			Salem		
Monday	Jan. 2	HOLIDAY	Monday	Jan. 16	HOLIDAY
Tuesday	Jan. 3	9 a.m. - 3 p.m.	Tuesday	Jan. 17	1:30 - 6:30 p.m.
Wednesday	Jan. 4	9 a.m. - 3 p.m.	Wednesday	Jan. 18	9 a.m. - 6:30 p.m.
Thursday	Jan. 5	9 a.m. - 3 p.m.	Thursday	Jan. 19	9 a.m. - 6:30 p.m.
Friday	Jan. 6	9 a.m. - 3 p.m.	Friday	Jan. 20	9 - 11 a.m.

For more information about the Siletz Tribal language program, please visit siletzlanguage.org.

Blue Cornmeal Cranberry Muffins

- ¾ cups milk*
- 1 tablespoon lemon juice*
- 1 tablespoon lemon zest*
- 1 1/3 cups AP flour*
- ¾ cups sugar
- ½ cup blue cornmeal*
- 2 teaspoons baking powder
- ¼ cup orange juice*
- 3 tablespoons melted butter*
- 1 egg, slightly beaten*
- 1 cup cranberries*
- 1 bag white chocolate chips

baking powder in a large bowl, then make a well in the center of mixture.

Add milk, orange juice, butter and egg. Stir just until moistened. Fold in cranberries and white chocolate chips.

Spoon batter into 12 paper-lined muffin cups, filling each one 2/3 full.

Bake at 425 F for 20 minutes.

* Indicates commodity foods used

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Joyce Retherford, FDP Director
541-444-8393

Lisa Paul, FDP Clerk/Warehouseman
541-444-8279

Measure milk in a small bowl and squeeze lemon juice into it and stir. Add lemon zest and let sit while you stir together flour, sugar, blue cornmeal and

Culture Craft Nights

Dentalium Stringing Classes

Jan. 10 • 5-7 p.m.
Eugene Area Office

Jan. 17 • 5-7 p.m.
Salem Area Office

Jan. 12 • 5-7 p.m.
Neachesna Village Meeting Room
Neotsu/Lincoln City

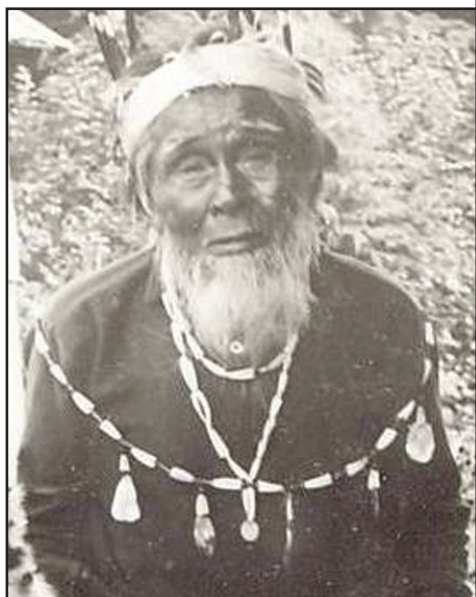
Jan. 18 • 5-7 p.m.
Portland Area Office

Siletz Tribal members and their families are invited to come and learn how to string dentalium. All ages are welcome. Young people under age 10 need an adult to accompany and assist them.

The Siletz Culture Department will provide material and instructors. If you have your own materials, please bring them.

Contact: Bud Lane, budl@ctsi.nsn.us; 541-444-8320 or 800-922-1399, ext. 1320.

Sponsored by the Education and Culture Departments



Information for Tribal veterans

Vet rep asks Tribal veterans to call in: All Siletz Tribal veterans are asked to call Tony Molina, Honor Guard director and Tribal veterans representative, to verify their DD214s and enrollment numbers so he can process their names to be placed on the Veterans Memorial on Government Hill.

Siletz veterans office open daily: Tony Molina is available for all Siletz Tribal veterans. He is in the Tribal administration building in Siletz on Monday-Friday to help you get information for your VA benefits. Additionally, he needs your help to update our veterans' roster, especially for those currently serving. See below for contact information.

From our veterans representative, Tony Molina: All of our veterans and families can call me 24/7 at home at 541-444-2828 or on my cell at 541-272-2818. This will help since I'm only in the office part-time. My office number is 541-444-8330 or 800-922-1399, ext. 1330. I thank all of our veterans for their service to our nation.