

Healthy Traditions

Mussel

Gathering Trip

Saturday, June 25th

Departing from Siletz Admin at 8am

Mussels are a staple food of our ancestors. Join us to learn to safely and responsibly harvest this traditional food.

Contact Healthy Traditions to sign up:
541-444-9627 or kathyk@ctsi.nsn.us

**Obtain your free Tribal shellfish permit prior to harvesting



Siletz Strawberry Freezer Jam Class

June 21st

5 - 7pm

To sign-up, please call:
Kathy Kentta-Robinson at
541-444-9627

Tribal Land Enhancement Activities

The Natural Resources, Culture department and Healthy Traditions program are working together to establish local gathering sites for harvesting important traditional foods in the future. We will be transplanting camas, cutting trails to huckleberry patches and transplanting some basketry materials as we head into fall.

Some of this work will utilize summer youth and introduce them to plants that are good to harvest to eat.



Updates!

Siletz Tribal Community Garden

We are under construction.

We are hiring a contractor soon to help make the garden easier to maintain and access. There will be handicapped accessible areas and new raised beds that provide a seat to comfortably and safely reach across your garden space.

Mission Statement

The CTSI Healthy Traditions project seeks to improve the health of Siletz Tribal Members through educational activities which promote the use of traditional foods through hunting, gathering, gardening, cooking, food preservation and protecting our natural resources.

