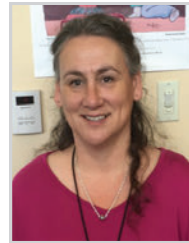




Community Health Department

Community Health

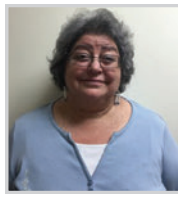
The Community Health Department aims to provide quality outreach health care services and health promotion/disease prevention services to American Indians within our community through the use of well-trained representatives. We provide confidential and compassionate health services. We are here to assist Siletz Tribal members in making healthier decisions to improve their quality of life. All services are free and available to enrolled Siletz Tribal Members and their legal dependents. Please call your area community health advocate with any questions



Ruby Moon is the new Community Health Director. She has a BS in Public Health/Human Development and a Master's Degree in Public Policy from Oregon State University. Ruby spent the last five years working for OSU doing public education, outreach and community engagement. She loves being a part of the Siletz Community and is excited about the possibilities for growth within the Community Health Department.



Adrienne has worked as a CHA for 11 years and believes she has the best job on the planet. She loves the wide variety of healthy activities that she is able to offer to her community, and especially enjoys helping with healthy cooking classes and diabetes prevention.



Verdene McGuire is the CHA at the Portland Area Office since 2009. BS in Sociology, Social Science and Women Studies from Portland State University 2001. She is a CNA, Certified Carseat Tech, Siletz Tribal Elder, and grandmother.



Cecilia Tolentino joined CTSI in 2000 as an Area Office Secretary. In the past Cecilia has been a certified nurse's assistant and has recently returned to school to pursue a health degree in order to become more competent in Health Education.



Cyndee Druba is the new CHA for the Siletz area. She has strong ties to the Siletz community and is very glad to be back living and working here. She is ready to learn and looking forward to help create a Community health Department to be proud of.

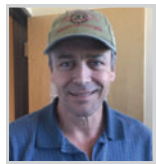
Transportation

Siletz Community Health has two full-time transporters, which will allow us to expand transportation services.

- Our transporters are available to transport clients for medical, dental and limited RX needs as a last resort..
- Transportation services require at least 2 days notice, but schedule as soon as possible, because the service is first come- first serve.
- Call Cyndee Druba (Community Health Advocate) directly to schedule 541 444 9633 – you must leave a message with name and phone number for a call back to schedule their appointment.



Judy Johnson has been a transporter for five and a half years. She enjoys her work and has mad some wonderful friends in her time here.



Curtis Hockersmith is our new full time transporter. He enjoys his position driving for the Siletz Community. He also spends part of his time driving for the Elders Program and he has a CDL.

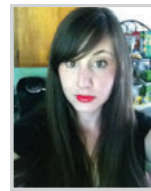
CARE Program

The CARE Program provides advocacy and direct services to victims of domestic violence, sexual assault, dating violence and stalking. We also provide support groups and community education and awareness activities.

Events:

Presentation:
Human Trafficking
June 3, 2:00PM
Salem Area Office

Broken & Beautiful
Offered twice, June 22 & 25
9:00AM-12PM
Tribal Community Center



Kimberly Lane is the CARE Program Advocate. A graduate of PSU's Child and Family Studies program, she travels our 11 county area providing direct services to survivors. She spends her self-care time with her fiancé, playing board games & reading.



Kira Woosley is the Outreach and Education Specialist for the CARE Program. She has a BS in Crime Prevention from Western Oregon University and has been with the CARE Program since February 2015.

Diabetes Program & Healthy Traditions

The Diabetes Program promotes healthy eating, physical activity as well as overall community wellness. We operate the Tillicum Fitness Center in Siletz which everyone in the community is welcome to join. We also host a Diabetes Luncheon there on the last Thursday of each month which is open to the community. The Healthy Traditions Program is another important part of the Diabetes Program. Healthy Traditions activities reinforce our connection to the land, rivers and sea. Practicing Siletz traditional foods gathering is preserving the traditions. You can join our seasonal activities to improve your health and the health of our Tribal families. Activities such as: gathering, cooking, canning, smoking, gardening, fishing, more. If you live outside of Siletz, contact your Area Office about potential carpooling to the activity with staff.



Kathy Kentta-Robinson is the Project Coordinator for the CTSI Healthy Traditions program. She is a Siletz Tribal member and was raised in Siletz. She grew up harvesting clams, mussels, Dungeness crab, berry picking, and fishing the Siletz river.



Reggie Butler Jr is the Coordinator for the Tillicum Fitness Center. He wants everyone to know that exercise is a very important part of everyday life.

Muscle Gathering
June 25
Contact Kathy Kentta – Robinson for more info

Events:

Hands on Food
June 30, 11-3PM
Breakfast Bowls
Tillicum Fitness Center

Diabetes Luncheon
June 26, 12-2pm
Tillicum Fitness Center