



Tuna Canning



Eugene Strawberry Jam



Gathering site at Seal Rock



Tuna Canning



Peeling Fir Sticks



Siletz Community Garden



Portland Garden Club and Community Garden



Cooking Class Eugene

Celebrating Siletz Food Culture

The CTSI traditional foods program, Healthy Traditions, is celebrating its 6th year. Our mission is to improve the health of Siletz Tribal members through educational activities which promote the use of traditional foods through hunting, gathering, gardening, cooking, food preservation and protecting our natural resources.

Here are a few photos of our tribal families practicing our food culture over the past 6 years.

Events sponsored by CTSI Healthy Traditions, Language Program, Community Health, Natural Resources, Area Offices, Culture, Siletz Valley Schools, Food Share of Lincoln County, Extension Master Food Preservers.



Youth Making Fruit Leather



Cleaning Clams at Culture Camp



Traditional Foods at Culture Camp



Eugene Salsa Canning



Picking Oregon Grape at Administration