

Fruit Leather • June 25, 2015 • Siletz Recreation Center

Photos by Andrea Suitter

Sapphire Yarbour, Nevaeh Whitehead and Lily Whitehead (above) make fruit leather during a class sponsored by Tribal Youth Services and the Lincoln County 4-H Program.

Elka Fisher, Bailey Baker and Taylor Smith (right) taste the results of their efforts following the class taught by Kathy Kentta-Robinson of the Tribal Healthy Traditions program.



Time to go gather basket materials

Spring is here and very soon hazel sticks will be ready to pick and peel.

Hazel stick gathering is a must for anyone interested in making traditional Siletz baskets. Spruce root can be dug all year round and is used for the weavers or weft of Siletz baskets.

Bear grass and maidenhair fern are used for overlay to make our traditional designs or marks in our baskets and both are picked in late summer.

Any Tribal members interested in gathering can contact Bud Lane at 800-922-1399, ext. 1320, or 541-444-8320; or The Tribal Central Office will accept applications for the Student Laptop Program beginning Aug. 10.

This program is specifically for higher education and AVT students who meet the following eligibility requirements and have not previously received a student laptop:

• Must be an enrolled Siletz Tribal member

General Council Meeting

Aug. 1, 2015 • 1 p.m. Tribal Council Chambers Administration Building • Must provide copy of current term class schedule of six credit hours or more

Student Laptop Program applications ready for higher ed, AVT students

- Must provide an unofficial transcript/ grade report of successful completion of two part-time or full-time (six credit hours or more) quarters/ semesters of higher education/AVT program with a minimum 2.0 GPA
- Proof of residence is required.

Applications are available on the Tribe's website – ctsi.nsn.us – or by contacting April Middaugh at 800-922-1399, ext. 1200, or 541-444-8200.

Desktop Computers – This program remains suspended for this calendar year.

USDA distribution dates for August

Siletz

Monday	Aug. 3	9 a.m. – 3 p.m.
Tuesday	Aug. 4	9 a.m. – 3 p.m.
Wednesday	Aug. 5	9 a.m. – 3 p.m.
Thursday	Aug. 6	9 a.m. – 3 p.m.
Friday	Aug. 7	9 a.m. – 1 p.m.

1 tablespoon plus 1 teaspoon white wine vinegar or sherry vinegar

- 1 teaspoon sugar
- 2 teaspoons dried dill or 2 tablespoons fresh dill

Slice the cucumber lengthwise, remove the seeds, and slice thinly. Thinly

budl@ctsi.nsn.us.

Just a reminder – basket materials must be gathered in a timely fashion. Here is a general breakdown of gathering times for different materials:

August

Fir sticks, spruce roots, bear grass, maidenhair fern, hazel sticks (limited), willow sticks

September Bear grass, maidenhair fern, woodwardia

fern, spruce roots

Siletz, Oregon

Call to Order Invocation Flag Salute Roll Call Approval of Agenda Approval of Minutes

Programs Health – Alternative Health Program Tribal Members' Concerns Chairman's Report Announcements Adjourn

Salem

 Monday
 Aug. 17
 1:30 - 6:30 p.m.

 Tuesday
 Aug. 18
 9 a.m. - 6:30 p.m.

 Wednesday
 Aug. 19
 9 a.m. - 6:30 p.m.

 Thursday
 Aug. 20
 9 - 11 a.m.

Here is a cool and refreshing salad to enjoy on a hot summer day.

Cucumber Salad

2 cucumbers (2 pounds) 1 small red onion 1½ tablespoons salt

slice the onion.

In a colander, toss the cucumber and onion with the salt and let it sit and drain for 20 minutes. Press the liquid out of the vegetables and rinse well with cold water. In a medium bowl, combine the vinegar and sugar and stir well. Add the cucumber mixture and toss to coat. Stir in the dill. Best if served chilled.

Joyce Retherford, FDP Director 541-444-8393

Lisa Paul, FDP Clerk/Warehouseman 541-444-8279

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