

Surgeon General report says 5.6 million U.S. children will die prematurely unless current smoking rates drop

Report also finds cigarette smoking causes diabetes and colorectal cancer

Approximately 5.6 million American children alive today – or one out of every 13 children under age 18 – will die prematurely from smoking-related diseases unless current smoking rates drop, according to the Surgeon General’s report released earlier this year.

Over the last 50 years, more than 20 million Americans have died from smoking. The new report concludes that cigarette smoking kills nearly half a million Americans a year, with an additional 16 million suffering from smoking-related conditions.

The report puts the price tag of smoking in this country at more than \$289 billion a year in direct medical care and other economic costs.

The report, *The Health Consequences of Smoking – 50 Years of Progress: A Report of the Surgeon General*, comes a half century after the historic 1964 Surgeon General’s report, which concluded that cigarette smoking causes lung cancer. Since that time, smoking has been identified as a cause of serious diseases of nearly all the body’s organs.

Today, scientists add diabetes, colorectal and liver cancer, rheumatoid arthritis, erectile dysfunction, age-related macular degeneration and other conditions to the list of diseases that cigarette smoking causes. In addition, the report concludes

that secondhand smoke exposure is now known to cause strokes in nonsmokers.

“Smokers today have a greater risk of developing lung cancer than they did when the first Surgeon General’s report was released in 1964, even though they smoke fewer cigarettes,” said Acting Surgeon General Boris Lushniak, MD, MPH. “How cigarettes are made and the chemicals they contain have changed over the years and some of those changes may be a factor in higher lung cancer risks. Of all forms of tobacco, cigarettes are the most deadly – and cause medical and financial burdens for millions of Americans.”

Twenty years ago, male smokers were about twice as likely as female smokers to die early from smoking-related disease. The new report finds that women are now dying at rates as high as men from many of these diseases, including lung cancer, chronic obstructive pulmonary disease (COPD) and heart disease. In fact, death from COPD is now greater in women than in men.

“Today, we’re asking Americans to join a sustained effort to make the next generation a tobacco-free generation,” said then Health and Human Services Secretary Kathleen Sebelius. “This is not something the federal government can do alone. We need to partner with the business community, local elected officials, schools and universities, the medical community, the faith community and committed citizens in communities across the country to make the next generation tobacco free.”

Although youth smoking rates declined by half between 1997 and 2011, each day another 3,200 children under age 18 smoke their first cigarette and another 2,100 youth and young adults become daily smokers.

Every adult who dies prematurely from smoking is replaced by two youth and young adult smokers.

The report concludes that the tobacco industry started and sustained this epidemic using aggressive marketing strategies to deliberately mislead the public about the harms of smoking. The evidence in the report emphasizes the need to accelerate and sustain successful tobacco control efforts that have been under way for decades.

“Over the last 50 years, tobacco control efforts have saved 8 million lives but the job is far from over,” said HHS Assistant Secretary for Health Howard K. Koh, MD, MPH. “This report provides the impetus to accelerate public health and clinical strategies to drop overall smoking rates to less than 10 percent in the next decade. Our nation is now at a crossroads and we must choose to end the tobacco epidemic once and for all.”

The Obama administration’s ongoing efforts to end the tobacco epidemic include enactment of the landmark Family Smoking Prevention and Tobacco Control Act, which gives FDA (Food and Drug Administration) regulatory authority over tobacco products; significant expansion of tobacco cessation coverage through the Affordable Care Act to help encourage and support quitting; new Affordable Care Act investments in tobacco prevention campaigns like the Tips from Former Smokers campaign to raise awareness of the long-term health effects of smoking and encourage quitting; and increases in the cost of cigarettes resulting from the federal excise tax increase in the Children’s Health Insurance Program Reauthorization Act.

For the full report, executive summary and an easy-to-read consumer guide, visit surgeongeneral.gov/library/reports/50-years-of-progress/index.html.

For free help to quit smoking, call 800-QUIT-NOW or visit smokefree.gov or cdc.gov/tips.

Babies!



Vivian Myra Havranek

Welcome Vivian Myra Havranek, who was born June 16, 2014. All of our love from Olivia, Iris, LJ, Stella, Mom and Dad.



Congratulations to Mr. and Mrs. Michael Metcalf

Michael Metcalf and Cova St. Onge were wed on June 25, 2014. A private, unforgettable ceremony was held on the beautiful Oregon Coast where the two joined in Holy Union. Welcome families ... (Metcalf and Mason) nuu-da'-ye'-yu

General Council Meeting

Aug. 2, 2014 • 1 p.m.
Siletz Tribal Community Center
Siletz, Oregon

Call to Order
Invocation
Flag Salute
Roll Call
Approval of Agenda
Approval of Minutes

Programs:
Enrollment Department
2014 Pow-Wow Information
Tribal Members’ Concerns

Chairman’s Report
Announcements
Adjourn

Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women’s and Men’s Transitional

Siletz: 800-600-5599 or 541-444-8286

Eugene: 541-484-4234

Salem: 503-390-9494

Portland: 503-238-1512

Narcotics Anonymous Toll-Free Help Line – 877-233-4287

For information on Alcoholics Anonymous: aa-oregon.org

CEDARR

COMMUNITY EFFORTS DEMONSTRATING THE ABILITY TO REBUILD AND RESTORE

Mission Statement: Working together as a whole community, we will utilize our resources to eradicate and prevent the use of all illegal drugs, underage drinking and abusive use of alcohol, delinquency, and community violence.

Open Invitation!! We Need Your Voice!!

SECOND THURSDAY OF EACH MONTH

AUGUST 14

SEPTEMBER 11

12:00 – 1:30

LUNCH WILL BE PROVIDED

SHELL CONFERENCE ROOM AT THE SILETZ COMMUNITY HEALTH CLINIC: 200 GWEK-SHUT ROAD, SILETZ, OR

FOR MORE INFORMATION: 541-444-6267

CEDARR Members meet monthly and diligently work on establishing and meeting goals. We sponsor and participate in community gatherings, school prevention activities and ongoing information dissemination at the monthly meetings.

