



Educating and empowering our community to live a healthy non-violent lifestyle that strengthens spirit for future generations.

Confidential, culturally-specific services

Office: (541) 444-9679

24/7 Support: (541)272-7978



[Facebook.com/SiletzCARE](https://www.facebook.com/SiletzCARE)

## Camp #inTENTSity 2014

The CARE Program will again be holding Camp #inTENTSity this summer, after a successful first camp last year. Camp #inTENTSity is a two day, one night camp for youth ages 12-17. All youth, both tribal and non-tribal, are invited to attend.



The focus of Camp #inTENTSity is Healthy Relationships — with yourself, you family, peers and dating partners. Healthy relationships involve both physical and emotional well-being. Teens participate in workshops covering a variety of topics as well as participating in crafts, theater and sports activities. Multiple workshops are presented at once, allowing teens to choose the topics that interest them the most. Camp is free to all participants and meals are provided.

Are you interested in teaching a workshop at camp? Workshops typically last 1.5-2 hours and can be held on both days of camp or just one. Workshop ideas include: conflict resolution, healthy communication, dating basics, bullying, drug & alcohol prevention, self-defense, zumba, yoga, theater, crafts and cooking, just to name a few. We are always open to suggestions for other topics.

Registration forms are due to the CARE Program by July 11th. Registration forms can be picked up at the Siletz Valley School, Siletz Tribal Administration and several Lincoln County Libraries. They can also be downloaded from the CTSI website. For more information, contact Brittany Russell at 541-444-9679 or by email to [brittanyr@ctsi.nsn.us](mailto:brittanyr@ctsi.nsn.us).

## Tribal Sexual Assault Dynamics

*Presented by: Lisa Norton*

*Tuesday June 3rd, 1-4pm @ Siletz Community Health Clinic*

This training is designed for professionals and community members to get the conversation going about the prevalence and dynamics of sexual assault in our community. All individuals are invited to attend. Light refreshments will be provided.

### Training Description:

- Provide an overview of sexual assault: What is it? How prevalent is it? Who are the victims?
- Provide an overview of how history and historical trauma contribute to higher incidences of sexual assault in Indian Country.
- Discuss how the portrayal of American Indian/Alaska Native women today contributes to higher of incidences of sexual assault in Indian Country.
- The range of possible effects of sexual assault on American Indians/Alaska Natives.
- Tools for effective and appropriate response to sexual assault.
- Explore options for a community response.



*Love Shouldn't Hurt*