

## National search under way for top youth volunteers in grades 5-12

WASHINGTON – Over the past 18 years, Prudential Spirit of Community Awards have been given to more than 100,000 middle and high school students nationwide for helping the less fortunate, promoting health and safety, protecting the environment and serving their communities through many other volunteer activities. The search has begun to identify thousands more who have made meaningful contributions to their communities over the past 12 months as the awards program kicks off its 19<sup>th</sup> year.

These awards, sponsored by Prudential Financial, Inc. in partnership with the National Association of Secondary School Principals (NASSP), honor outstanding community service by students in grades 5-12 at the local, state and national level.

“Prudential is proud to honor young people who contribute their time and talents to improving the communities around them,” said John Strangfeld, Prudential’s chairman and CEO. “We celebrate their service with hope that others will be inspired to follow their fine example.”

Young volunteers can apply online at [spirit.prudential.com](http://spirit.prudential.com) or at [nassp.org/spirit](http://nassp.org/spirit). Applications must be completed by Nov. 5, 2013, and then submitted to a middle or high school principal, Girl Scout council, county 4-H agent, American Red Cross chapter, YMCA or HandsOn Network affiliate.



Paper versions of the application form are available by calling (toll-free) 877-525-8491.

Participating schools and local organizations will select Local Honorees in early November and present them with Certificates of Achievement. These Local Honorees also will receive the President’s Volunteer Service Award if they have contributed the minimum number of volunteer hours to qualify (50 hours for age 14 and younger, 100 hours for those older).

All Local Honorees then are reviewed by a state-level judging committee, which will name the top two candidates from each state and the District of Columbia – one high school student and one middle level student – as State Honorees on Feb. 11, 2014.

These State Honorees will receive \$1,000 awards, engraved silver medallions and an all-expense-paid trip to Washington, D.C., with a parent for four days of recognition events May 3-6, 2014. Runners-up at the state level will receive bronze medallions or Certificates of Excellence.

In Washington, a national selection committee will name 10 of the 102 State Honorees as America’s top youth volun-

teers of 2014. These National Honorees will receive \$5,000, gold medallions, crystal trophies for their nominating schools or organizations and \$5,000 grants from The Prudential Foundation for nonprofit charitable organizations of their choice.

The Prudential Spirit of Community Awards represent the United States’ largest youth recognition program based solely on volunteer service. This program also is conducted in Japan, South Korea, Taiwan, Ireland, India and China, where Prudential has significant business operations.

For more information, visit [news.prudential.com/](http://news.prudential.com/).

## NB3F has new initiative for childhood health issues

ALBUQUERQUE, N.M. - The Notah Begay III Foundation (NB3F) announced in late August it will launch a new national initiative to expand its fight against childhood obesity and type 2 diabetes for American Indian children.

This announcement, which includes plans to lead extensive research and advocacy initiatives while assisting more American Indian communities in developing their own evidence-based health and wellness programs, was made possible through a generous \$1.5 million grant to NB3F by the Robert Wood Johnson Foundation (RWJF), one of the nation’s largest health foundations.

“This is a transformative time for the Notah Begay III Foundation. It’s the next step in realizing our vision to empower Native American children nationwide to achieve their potential as tomorrow’s leaders,” said NB3F founder Notah Begay III, a four-time PGA Tour winner and NBC/Golf Channel analyst. “Childhood obesity and type 2 diabetes are epidemics in Native American communities. Until we invest the appropriate resources to turn the tide against these preventable diseases, they will continue to overwhelm our communities. There is still much more work to be done but, with the help of the great people at the Robert Wood Johnson Foundation and the ongoing support of all our partners and donors, we’ve taken a very important step toward accomplishing our mission.”

NB3F’s new national initiative will focus on investment in research, grantmaking, technical assistance and advocacy for American Indian communities in three regions of the country – the Southwest (New Mexico, Arizona), the Upper Midwest (Minnesota, Wisconsin) and the Southern Plains (Oklahoma, Texas).

In addition to equipping more American Indian communities with resources and training to address this health crisis through innovative, community-driven, culturally appropriate and multi-faceted programs on a local level, this expanded effort will provide unprecedented funding for research into childhood obesity and type 2 diabetes among American Indian children.

Currently, there is no clearinghouse of data on the topic, which impedes work to fully understand these health issues and the best prevention strategies to effectively combat them. By generating

To the editor:

My name is Santos Curiel and I am a fellow Tribal member. I just want to thank all the members of the Tribe who we have been able to help with their vehicle needs and also all the members who have referred friends and family my way. You all are truly appreciated and I am very grateful.

We have done too much business with Tribal members and employees of the Tribe to name off everyone individually, but you know who you are. The Tribal Preferred Pricing Program is still available; call me exclusively at Toby Murry Toyota-Nissan for details. My name is Santos Curiel and my phone number is 541-272-4176.

The Tribal Preferred Pricing Program applies to all Tribal members and Tribal employees. This program has been in play for two and a half years and has been great as we have helped people all the way from new employees of the Tribe to members of the council who have served our Tribe for 30+ years.

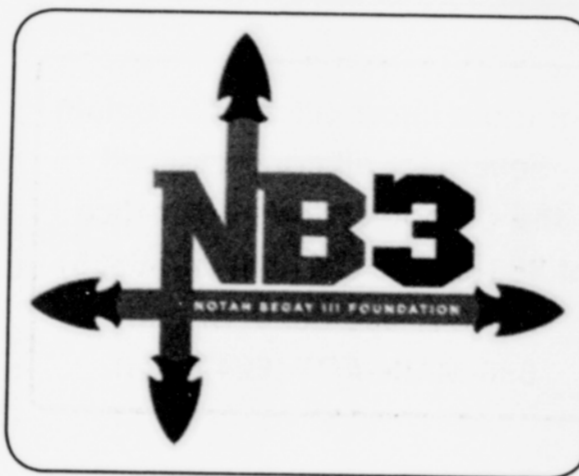
If you need a car, truck or SUV, please call me. Thank you for considering Toby Murry Toyota-Nissan.

Sincerely,

Santos Curiel

541-272-4176 or 541-867-3885

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detailed research data and advocating on a national level to reinforce the incredible need for additional resources, NB3F will elevate the issue in the hopes of reaching even more communities in the future.”

“There’s a tremendous need for more research, advocacy and local assistance to help Native American children lead healthy lives,” said Jasmine Hall Ratliff, program officer for RWJF. “It’s become clear in recent years that this work needs to happen now to ensure that Native American children grow into the leaders their communities need. We look forward to working with NB3F as it launches this new national initiative.”

The need for investment in this cause continues to grow. While childhood obesity rates across the nation are showing positive signs of improvement, they are moving in the opposite direction in many Native communities, some of which have childhood obesity rates exceeding 60 percent.

That alarming rate also indicates

accelerated incidences of type 2 diabetes, which is often caused by obesity. Current trends indicate one-in-two American Indian children will develop type 2 diabetes, a rate higher than all other ethnicities combined. American Indians are twice as likely as Caucasians to die from diabetes.

These disparities between national averages and those among American Indians point directly to the lack of resources committed to these issues in American Indian communities.

For more details about NB3F, its work in Native communities and the continued need for support, visit [nb3foundation.org](http://nb3foundation.org).

### About NB3F

In 2005, Notah Begay III established the Notah Begay III Foundation, a 501(c)(3) nonprofit organization. Begay established the foundation to address the profound health and wellness issues affecting American Indian children, empower those youth and help them realize their potential as tomorrow’s leaders.

The mission of NB3F is to reduce the incidence of obesity and diabetes and advance the lives of American Indian youth through sports and wellness programming. To this end, the mission NB3F supports is the development of sustainable, evidence-based and innovative soccer and golf programs designed by American Indians for American Indian youth that promote physical fitness, wellness and leadership development.

### Siletz News Letters Policy

*Siletz News*, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in *Siletz News* and other tribal issues.

All letters must include the author’s signature, address, and phone number in order to be considered for publication. *Siletz News* reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks, or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of *Siletz News*, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The general manager of the Siletz Tribe is the editor-in-chief of *Siletz News*.

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