

Join Hands Across the Bridge during Wellbriety/Recovery Celebration

Join fellow community members and many others from all walks of life when we gather to celebrate the joy, sadness, hope, despair and love we have all experienced on our road to wellness.

Wellness is an ongoing lifestyle that encourages each of us to try to be the best we can be in the four areas of our lives as noted on the Medicine Wheel – spiritually, mentally, emotionally and physically fit. When you think about it, each of us is in recovery from something in one or all areas of our lives.

This celebration of recovery will begin at the Fishermen's Memorial in Yaquina Bay State Park in Newport, Ore.

People can get their free Hands Across the Bridge T-Shirts, visit, meet new people and build the inspiration, hope, love and excitement to make our way across the bridge, with hands held as one, in honor of recovery/wellbriety and what that means to each of us, our families and our communities.

We need a lot of volunteers to assist with setting up, cooking, cleaning up and helping people who have questions or specific needs. Please call Cyndee

Druba at 541-444-8267 or Rusty Butler at 541-444-8618 in the Tribal Behavioral Health Department if you would like to participate.

Sept. 22, 2013

- Noon, Yaquina Bay State Park – get T-shirts and agenda for the day
- 12:30 p.m., Gather below the bridge – dedication, drumming and prayer from one of our Elders to bless this event
- 1 p.m. – Join hands across the bridge/Coast Guard/serenity prayer
- 1:30 p.m. – Recovery Celebration and Barbecue, Yaquina View Elementary, 351 SE Harney St.

Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women's and Men's Transitional

Siletz: 800-600-5599 or
541-444-8286

Eugene: 541-484-4234

Salem: 503-390-9494

Portland: 503-238-1512

**Narcotics Anonymous Toll-Free
Help Line – 877-233-4287**

**For information on Alcoholics
Anonymous: aa-oregon.org**

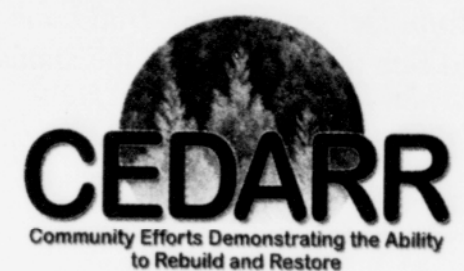
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Community Efforts Demonstrating the Ability to Rebuild and Restore

Mission Statement: We will utilize resources to prevent the use of alcohol and other drugs, delinquency and violence; we will seek to reduce the barriers to treatment and support those who choose abstinence.

**Sept. 4
5:30 p.m.**

**Siletz Public Library
255 SE Gaither, Siletz**



Japanese students visit Tribe as part of trip to Central Oregon Coast

By Diane Rodriguez

Several students and adult chaperones from Japan visited the Siletz Tribe on Aug. 1 as part of their visit through the Sister City Program and the ties between the cities of Mombetsu in Japan and Newport, Ore.

The group learned about Siletz culture through a presentation by Bud Lane, Tribal Council vice chairman and Tribal language and traditional arts instructor. Lane showed several examples of Siletz basketry before giving hand drums and necklaces to the Japanese visitors.

The group then visited the dance house for a feather dance demonstration and the Siletz hosts then were treated to a traditional Japanese dance.

The exchange of visitors started after Mombetsu and Newport became sister cities in 1966.

"Mombetsu chose us," said Cindy McConnell, who along with her husband, Mark, are coordinators for the program. "There was a Rotarian who wanted to make the relationship between the U.S. and Japan better after the war, so he put a string on the globe and he ran it across the water and it came to Newport. We are about exactly the same latitude."



Photo by Diane Rodriguez

Students and chaperones from the Japanese city of Mombetsu gather at the Siletz Tribal Community Center

The exchange of students and adults takes place nearly every year, with a group

from one country visiting the other one. Students generally participate every three

years and are chosen based on an essay they have written and an interview.

Funding opportunities for number of scholarships, projects, awards

Lexus and Scholastic's environmental contest for middle and high school students

The program will award \$500,000 in grants and scholarships to inspire middle and high school students to learn about the environment and take action to improve it. Deadlines: Oct. 7, Nov. 11 and Jan. 17.

Sodexo Foundation's Stephen J. Brady STOP Hunger scholarships

Up to five students working to end hunger in their communities will be honored with \$5,000 scholarships as well as grants of \$5,000 for the hunger charity of their choice. Deadline: Dec. 5.

Terri Lynne Lokoff/Children's Tylenol National Child Care Teacher Awards

Fifty teachers of preschool-age children will be selected to receive grants of \$1,000 in recognition of their dedication to providing high quality child care. Deadline: Dec. 6.

American Hiking Society, maintain and protect hiking trails

Grants of up to \$5,000 will be awarded to local organizations working to repair and protect America's hiking trails. Deadline: Dec. 17.