

Tribe contracts with Willamette Family for A&D services in Eugene area

In an effort to provide more comprehensive A&D treatment services, Siletz Tribal Health is contracting with Willamette Family, Inc. We are excited about the wide range of services that Willamette Family is able to provide.

Individuals who need outpatient services can access weekly groups and individual counseling as well as peer support.

Those individuals who need a higher level of care can participate in intensive outpatient services that include at least nine hours of group counseling per week. Intensive outpatient services can be a good alternative to residential treatment

for people who have family and other community support for recovery.

Willamette Family has a women's specific program in addition to its downtown location. Other services provided by Willamette Family are detoxification, including opiate detox, and residential treatment.

One of Willamette Family's recovery support staff is Jeramie Martin, a Siletz Tribal member.

Willamette Family has long served American Indians from Oregon Tribes and the staff is excited about becoming more of a resource for Siletz Tribal members.

Under this contract, A&D services at Willamette Family will be provided at no cost to Siletz Tribal members. For those people who do not have transportation to appointments, Lou Carey or Nora Williams at the Eugene Area Office (541-484-4234) are available to help with bus passes.

This contractual arrangement promises a significant increase in A&D services in the Eugene/Springfield area as well as a doorway to increased community support for those who seriously seek recovery. We hope this is the begin-

ning of a strong partnership between the Siletz Tribe and Willamette Family for the benefit of Tribal members.

To contact Willamette Family for an appointment, call Jonathan Smith, admissions manager, at 541-344-0031. Admissions occur at the downtown location, 149 W 12th Ave. in Eugene.

Staff members of the Siletz Clinic's Behavioral Health Program (800-600-5599 or 541-444-8286) always are available to answer questions, listen to concerns and help make sure Tribal members get needed services.

Tribal members eligible for alternative health care benefits with doctor's OK

Acupuncture, chiropractic care and massage therapy are alternative health choices widely recognized as safe, drug-free, non-invasive therapies to treat a wide array of health problems. The Siletz Tribal Council has appropriated gaming revenue to pay for these services for Tribal members, regardless of residency.

You do not have to be CHS-eligible to qualify for this benefit. Criteria are that

you be an enrolled Siletz Tribal member. The process to get approval is as follows:

- Visit your primary health care provider and discuss your medical concerns. Ask whether acupuncture, chiropractic or massage therapy services may alleviate your symptoms.
- If your primary care provider believes acupuncture, chiropractic or massage

therapy services are appropriate, call CHS.

- CHS will approve up to three sessions and will pay no more than \$50 per session. Patients are responsible for any costs that exceed \$50.
- A written letter will be sent to the patient to take to the acupuncturist/chiropractor/massage therapist

informing him or her of the number of sessions approved, amount approved and billing process. If you have insurance, the provider should bill that insurance first.

If you have any questions, contact Contract Health Services at 541-444-1236 or 800-628-5720. Fax information to 541-444-9645.

Caremark (Pequot) pharmacy card and reimbursement information for you

Regardless of where you live, your pharmacy benefit is \$500 per year. Your card renews every Jan. 1.

Tribal members who live in the 11-county service area and are more than 40 miles from the Siletz Community Health Clinic (SCHC) should have their maintenance medication mailed to them through SCHC. Not all medications are

in the SCHC formulary, so that is when you would use your pharmacy card at a retail pharmacy such as Walgreens, Fred Meyer or Rite Aid.

Members who live outside of the 11-county service area (Direct Care) cannot get medication mailed through the Siletz Clinic, but can get medication directly through Pequot Pharmacy. Any

maintenance medication needed by Direct Care patients should be mailed to Pequot directly, which will stretch your card dollars.

Patients who have primary pharmacy insurance, such as Blue Cross Blue Shield, AETNA or Medicare Part D, and have to pay a co-pay up front to the retail pharmacy can be reimbursed up to the \$500 per year. Members who pay up front for medication and still have a balance on their pharmacy card can be reimbursed as well.

To receive a reimbursement, you must provide the receipt from the pharmacy,

not the cash register receipt. The receipt must have your name, doctor's name, date of service, medication name, medication dosage and amount paid. Mail your receipt to Contract Health Services, P.O. Box 320, Siletz, OR 97380.

Your pharmacy card should not have your Social Security number on it. If it does, you need to contact Rhonda Attridge with Contract Health at 800-628-5720 or 541-444-1236 to get a new card. You will need to complete an individual registration form in order to receive your new card.

ATTENTION TRIBAL PARENTS AND CHILD CAREGIVERS!

FREE Child Safety Seat Clinic



Thursday, April 18, 2013
11 a.m. – 1 p.m.

Siletz Fire Station
149 W Buford Ave., Siletz, Oregon

Did you know 3 out of 4 child safety seats are used incorrectly? You are invited to come have your child's car seat checked. Learn how to safely transport your child using child safety seats and vehicle seat belts. If your child has outgrown his/her car seat, you may be eligible to receive a new one.

CTSI child passenger safety seat technicians will be available to provide information and assist in properly installing your car seats.

Parents/caregivers who bring their child and car seat to the car seat clinic will be entered into a raffle drawing for a portable DVD player!

If you have questions, call April Bender at 541-444-1030, ext. 1633, or Adrienne Crookes at 800-922-1399, ext. 1753.

Sponsored by the Siletz Community Health Department

Correction

In the March issue of *Siletz News*, Vernon Bison was misidentified in a photo on page 19. *Siletz News* regrets the error.

Council approves health benefits for members who live out of service area

For time period of July 1, 2012, through June 30, 2013

The Tribal Council has approved the following plan for using the 2013 out-of-area health benefits.

To qualify, Tribal members must be registered for health care with the Siletz Tribal Health Department and reside outside of the Tribe's 11-county service area. These funds are intended for Tribal members who are not eligible for Contract Health Services (CHS).

One of the following benefits is available:

\$400 – Vision	\$2,000 – Hearing
\$1,200 – Dental	\$1,000 – Medical

Plus \$500 maximum pharmacy through Pequot Rx

Prior authorization by CHS is required and benefits must be used within 90 days. CHS must receive claims by the end of the 90-day funding period. Any funds not used within 90 days or claims not received will be returned to the pool for redistribution.

An individual can only access benefits one time per fiscal year.

When you call for pre-authorization, be aware that CHS will authorize for household members only. Authorization will not be granted for anyone not residing in your household.

Voice mail messages do not hold funds; you must speak to a live person.

Call CHS starting at 8 a.m. on April 1 at 800-628-5720 or 541-444-1236.

If you are not already registered for health services, please call anytime to request an application.