



COMMUNITY ~ AWARENESS ~ RESPECT ~ EMPOWERMENT

Educating and empowering our community to live a healthy non-violent lifestyle that strengthens spirit for future generations.



### SEXUAL ASSAULT TRAINING

On Thursday, January 10th the CARE Program will be hosting a Tribal Sexual Assault Dynamics training. The training is sponsored by the Response Circles Sexual Assault Prevent Project, a program of the Northwest Portland Area Indian Health Board. Participants will learn about what sexual assault is, how common it is, the effects of sexual assault, and how historical trauma and the portrayal of American Indian women contribute to a higher rate of sexual assault in Indian Country.

The training is free and open to all members of the community. Participants will also gain tools for effective and appropriate response to sexual assault. Training will be held from 5-8pm at the Siletz Tribal Community Center. A light dinner is provided for all participants. For more information contact Brittany Russell 541-444-9679.

On Wednesday, December 12th the CARE Program sponsored a Family Night at Siletz Valley School, along with the Siletz Tribal Energy Program, the LCSD Homeless Program, the CTSI Prevention Program, the CTSI Tobacco Prevention Program, and the Siletz Food Pantry. Dinner and ice cream was served to the families that attended, and a variety of crafts and activities kept children and adults alike entertained.

### CALLING ALL ARTISTS!



In honor of Sexual Assault Awareness Month (April), the CARE Program will be holding a Fun Run/Walk to raise awareness of sexual assault and help bring an end to sexual violence in our community.

We are in need of a logo to use on t-shirts and promotional materials for the event.

Contact Brittany at (541) 444-9679 or [brittanyr@ctsi.nsn.us](mailto:brittanyr@ctsi.nsn.us) for more information on submitting a design.

### NATIONAL STALKING AWARENESS MONTH

Since 2004, January has been designated National Stalking Awareness Month. Stalking is generally defined as a course of conduct directed at a specific person that would cause a reasonable person to feel fear. It is a dangerous crime, and often goes unreported because victims do not realize the behavior is criminal. Stalking behaviors can include watching, following, calling, text messaging, tracking, electronic monitoring, taking photographs, and a variety of other behaviors.

According to the Stalking Resource Center:

- 6.6 million people are stalked in one year in the United States
- 1 in 4 women and 1 in 13 men report being a victim of stalking in their lifetime.
- 89% of female homicide victims who had been physically assaulted had also been stalked in the 12 months before their murder.
- 2/3 of stalkers pursue their victims at least once per week, many daily, using more than one method.
- 1 in 7 stalking victims move as a result of their victimization.
- 11% of stalking victims have been stalked for 5 years or more.
- Weapons are used to harm or threaten victims in 1 out of 5 cases.
- 1 in 8 employed stalking victims lose time from work as a result of their victimization and more than half lose 5 days of work or more.

For more information, visit [www.stalkingawarenessmonth.org](http://www.stalkingawarenessmonth.org)



### JANUARY EVENTS

**Stalking Awareness Month** -- display a silver ribbon on your car antenna or clothing to show support for stalking victims.

**Wednesday, Jan 9th** -- CARE Community Meeting, 5:15pm at Siletz Library

**Thursday, Jan 10th** -- Sexual Assault Dynamics Training, 5-8pm at Siletz Tribal Community Center



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