

Become a Master Gardener or Master Food Preserver...

Sponsorship is available to Tribal Members who would like to become a Master Gardener or Master Food Preserver!

Then share your knowledge by volunteering at gardening and cooking classes held at the Area Offices.

Class dates start soon—call us today!

Contact your Area Office for details and registration:

Siletz: Sharla Robinson 541-444-9627

Eugene: Adrienne Crookes or Nora Williams 541-484-4234

Salem: Bev Owen or Cecilia Tolentino 503-390-9494

Portland: Sherry Addis or Verdene McGuire 503-238-1512

Master Gardener and Master Food Preserver training is conducted through the OSU Extension Program. Volunteers are sponsored by the CTSI Healthy Traditions Program.

Pictured: Earl Littleton at the Siletz Tribal Community Garden. Earl was sponsored to become a Master Gardener in 2012. He currently volunteers with CTSI by teaching gardening classes and managing the Siletz Tribal Community Garden.



"Cooking Matters" Class for Young Mothers

Wednesdays 5-7pm
starting January 2nd at the
USDA Warehouse Kitchen

We cook 3 recipes in each class, then each student takes home a free bag of groceries to practice the recipes at home. The class, designed for low-income people, meets once a week for six weeks and students must attend 4 of 6 classes to graduate.

Each week, the students learn cooking skills, food safety, new tasty recipes, childhood nutrition, and making your own baby food!

To sign up, contact
Sharla Robinson at 541-444-9627

This cooking series is sponsored by Food Share of Lincoln County, Siletz Community Food Program, Ten Rivers Food Web, and the CTSI Healthy Traditions Program.

Pictured: Cooking Class Graduates,
Samantha Brown and Kyanna Fisher.

