

CEDARR Happenings: Drug abuse summit, film premiere highlight month

By Cyndee Druba, SPF Coordinator
CEDARR is a group of community members and professionals from our

area who meet on the first Wednesday of every month to discuss local issues and concerns about the abuse of alcohol,

tobacco and other drugs, which can lead to violence, delinquency and a host of other problems for individuals, their families and the community.

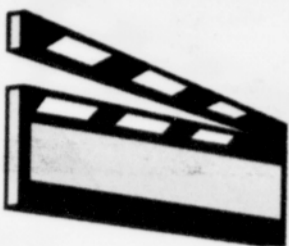
Topics discussed at our last meeting include:

- Lincoln County Prescription Drug Abuse Summit – May 16, 9 a.m. to 3 p.m. at the Best Western in Agate Beach in Newport
- Local youth film premiere – May 18, 6-9 p.m. – Tribal gym by the fitness center in Siletz
- SPF/SIG data gathering strategies
- Kelley Ellis' presentation about the new Violence Against Women Act grant she is implementing
- National Prescription Take Back Day on April 28 at the Siletz Public Library, made possible with the assistance of the Toledo Police Department

For more information, e-mail me at cyndeed@ctsi.nsn.us, Tasha Mason at tasham@ctsi.nsn.us; or call 541-444-8286 or 800-600-5599.

Youth Film Premiere

May 18, 2012 • 6-9 p.m.
Tribal gym by the Tillicum
Fitness Center • Siletz, Oregon



Help honor the 17 students in Lorrie Syms' film class who have worked hard for the past few weeks to create a film that voices their concerns and knowledge about prescription drug abuse in our own community.

Their film will be shown for the first time May 16 at the Lincoln County Prescription Drug Abuse Summit at the Agate Beach Best Western in Newport, Ore. Because this summit is on a Wednesday and not many of our community members will be able to attend, we're going to celebrate their success here in Siletz. The evening will include:

- Indian tacos
- Door prizes given out during the celebration, with a big prize given out at the end of the evening
- Presentation of the film to families, friends and the community
- Presentations by some of the students about the making of this film
- Presentation by Lorrie Syms, the teacher in this project
- Presentations from local professionals about prescription drug abuse
- Trophies and gifts presented to the youth involved in this activity
- Cake and cookies for dessert

Our goal is to address these issues as a group and do all we can to create a safe, healthy and substance abuse-free community in which our children can grow up.

The Siletz Tribe has received a grant (Strategic Prevention Framework) to help us assess the needs of our community regarding the abuse of drugs and alcohol and then make plans to address those needs. One way to initiate this process is to collect local data and figure out where we need to start our prevention efforts.

Since there is minimal local data to access, we are going to do our best to gather this information from all of our community members. Expect to see short questionnaires here and there throughout the community. I'll thank you ahead of time for filling these out to create new possibilities to help your community live healthier and happier lives.

USDA distribution dates for May; prepare for the healthy veggie roast

Siletz

Monday	May 7	9 a.m. – 3 p.m.
Tuesday	May 8	9 a.m. – 3 p.m.
Wednesday	May 9	9 a.m. – 3 p.m.
Thursday	May 10	9 a.m. – 3 p.m.
Friday	May 11	9 a.m. – 3 p.m.

Salem

Monday	May 21	1:30 – 6:30 p.m.
Tuesday	May 22	9 a.m. – 6:30 p.m.
Wednesday	May 23	9 a.m. – 4 p.m.
Thursday	May 24	9 – 11 a.m.

You can reach us at our Siletz warehouse at 800-922-1399, ext. 1393 or ext. 1279, or you can call direct at 541-444-8393 or 541-444-8279.

Joyce Retherford, USDA Food Program Director

For more information about the Siletz Tribe, please visit ctsi.nsn.us.

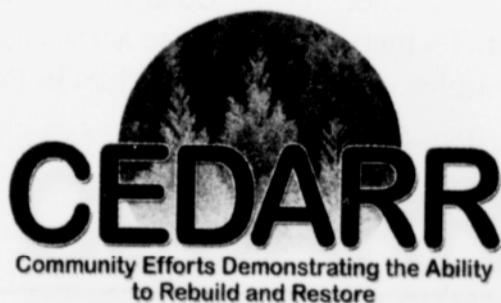
CEDARR

Community Efforts Demonstrating the Ability to Rebuild and Restore

Mission Statement: We will utilize resources to prevent the use of alcohol and other drugs, delinquency and violence; we will seek to reduce the barriers to treatment and support those who choose abstinence.

May 2
5:30 p.m.

Siletz Public Library
255 SE Gaither, Siletz



Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment
and Women's Transitional

Siletz: 800-600-5599 or
541-444-8286

Eugene: 541-484-4234

Salem: 503-390-9494

Portland: 503-238-1512



Narcotics Anonymous Toll-Free
Help Line – 877-233-4287

For information on Alcoholics
Anonymous: aa-oregon.org

Roasted Spring Vegetables

- 3 tablespoons white balsamic vinegar
- 1 tablespoon chopped shallots
- 1 pound baby carrots with tops
- 1 tablespoon olive oil
- ½ teaspoon salt
- ¼ teaspoon freshly ground black pepper
- 12 fingerling potatoes, halved lengthwise (about 1¼ pounds)
- 1 (6-ounce) bag radishes, halved (about 1¾ cups)
- 2 cups (2-inch) slices asparagus (about 1 pound)
- 1 tablespoon chopped fresh flat-leaf parsley
- 1 tablespoon chopped fresh chives

Preheat oven to 500°.

Combine vinegar and shallots in a small bowl; set aside.



Trim green tops from carrots; discard tops. Combine carrots and the next five ingredients (through radishes) in the bottom of a roasting pan, tossing gently to combine.

Bake at 500° for 20 minutes or until vegetables begin to brown, stirring occasionally. Remove pan from oven; add shallot mixture and asparagus, tossing to combine.

Return pan to oven; bake 5 minutes. Stir in parsley and chives.

Elders Council Meeting

May 12 • 1-4 p.m.

Chinook Winds Casino Resort

For more details, contact Felicia Carmona at 800-922-1399, ext. 1225; 541-444-8225; or feliciac@ctsi.nsn.us

Election Board Application

Tribal members interested in serving on the Election Board must fill out the following form and return it to the address below. Applications for consideration will be accepted through May 31, 2012.

All applications should be mailed to Confederated Tribes of Siletz Indians, Attn: Executive Secretary to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549; or faxed to 541-444-8325.

Name: _____ Roll No: _____

Address: _____

City: _____ State: _____ ZIP: _____

Telephone: Day () _____ Evening () _____