

CEDARR Happenings: Share your ideas with group at monthly meeting

By Cyndee Druba, SPF Coordinator

CEDARR is a group of community members and professionals from our area who meet regularly to discuss local issues and concerns about the abuse of alcohol, tobacco and other drugs, which can lead to violence, delinquency and a host of other problems for local families.

The primary focus is toward the youth in our community. We want to develop a safe, healthy and substance-free community for them to live and grow up in.

It's so easy for members of our community to focus on the problems. We can sit back in our homes, discuss these issues and say "Why is this happening?" "Why

isn't anyone doing anything?" "They need to do this" or "They need to change that."

My point is that we all have an opinion about what needs to be done, what might be done, maybe this would work or maybe that. Each and every one of you has great ideas and we would like you to share them.

We have all heard "It takes a village to raise a child." That statement is so true. We as caring and loving people need to help direct our children, to give them purpose and teach them culture.

When attendees of our meetings gather to discuss these community issues, we do not place our focus on the negative. We discuss solutions to these issues and

place our focus on the positive qualities of our children and our community and also how can we enhance these qualities to include all of our youth.

Some ideas discussed at our last meeting include:

- County youth film project
- Incorporating gambling education and treatment into our community
- Substance-free summit in May
- Addition of a school resource officer at our school
- Inviting youth involvement to our coalition

It would be awesome to see you at our next CEDARR meeting on Feb. 1 at the Siletz Public Library, 255 SE Gaither in Siletz.

If you would like be part of this movement toward healthier lifestyles for our community members and cannot attend a meeting, we still need your opinions. You can e-mail any one of the following:

- Cyndee Druba at cyndeed@ctsi.nsn.us
- Jenifer Metcalf at jeniferm@ctsi.nsn.us
- Tasha Mason at tasham@ctsi.nsn.us
- Or call 541-444-8286 or 800-600-5599

CEDARR

Community Efforts Demonstrating the Ability to Rebuild and Restore

Mission Statement: We will utilize resources to prevent the use of alcohol and other drugs, delinquency and violence; we will seek to reduce the barriers to treatment and support those who choose abstinence.

Feb. 1
Noon

Siletz Public Library
255 SE Gaither, Siletz

Topic to be discussed: Community readiness survey presentation

Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment and Women's Transitional

Siletz: 800-600-5599 or
541-444-8286

Eugene: 541-484-4234

Salem: 503-390-9494

Portland: 503-238-1512



Narcotics Anonymous Toll-Free
Help Line – 877-233-4287

For information on Alcoholics
Anonymous: aa-oregon.org

Help Tribal youth by becoming a volunteer for Prevention Program

If you are interested in volunteering with the Prevention Program, here are some specific guidelines:

- Apply to be a Tribal Prevention volunteer at Human Resources. This will include agreeing to a criminal background check and a drug screen.
- Attend an orientation with Prevention staff to learn about ethics and program policies and procedures. A volunteer training program will be developed.
- For those with previous problems of alcohol/drugs, at least one year of living a clean and sober lifestyle is required.
- Participate in making a prevention video/DVD.
 - All people to be filmed must sign an agreement to be filmed.
 - The Tribal general manager and Tribal Council must approve of the final cut before it's released for public viewing.

Any question regarding this process, please contact Jenifer Metcalf, Prevention coordinator, at jeniferm@ctsi.nsn.us or 800-600-5599 or 541-444-9618.

General Council Meeting

Feb. 4, 2012 • 1 p.m.

Siletz Tribal Community Center • Siletz, Oregon

Call to Order

Invocation

Flag Salute

Roll Call

Approval of Agenda

Approval of Minutes

Programs:

Shellfish Gathering

Culture Program – Individual Grants

Tribal Members' Concerns

Chairman's Report

Announcements

4 p.m. – Adjourn

C.W. Case Memorial COED Basketball Tournament Underage Drinking Prevention

March 23, 24, 25 2012

3 Divisions
4th, 5th, 6th grades
7th, 8th, 9th grades
10th, 11th, 12th grades



- Entry fee \$200
- Must show school registration
- OSAA Officials

Registration Deadline: March 15, 2012!

Registration Info

Jenifer Metcalf 541.444.9618

Ashleigh Ramirez 541.992.6545

Sponsored by Siletz Youth Council, Prevention, Housing, TPEP, Behavioral Health, Youth Services and Resident Organization

ATOD-free event, no weapons, drugs, alcohol, tobacco, no gang affiliation or activity