



Photos by Natasha Kavanaugh

First Run for Wellbriety a success for runners, volunteers

The first 5K Walk/Run for Wellbriety took place in Siletz on Sept. 18.

Thirty-three registered runners and numerous volunteers helped make this a successful event.

Thank you: Siletz Tribe, Siletz Clinic, Behavioral Health Program, CEDARR, Planning Department, Diabetes Program, Healthy Traditions Project, Education Program, City of Siletz, Siletz Valley Partnership, Pepsi and Emerald Springs.

Special thanks to our Tribal Elders who came and supported the runners and to the Tribal Elders who participated in the walk!

The overall top runners in each of nine categories received water bottles.

Age 10-13

1 st	Grayson Fritz	21:10
2 nd	Rosemary Hume	29:28
3 rd	Willie Metcalf	30:57

Age 14-19

1 st	Courtney Tromlitz	30:59
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Age 20-29

1 st	Bobby Artz	26:56
2 nd	Jacob Williams	32:12
3 rd	Tasha Mason	37:19

Age 30-39

1 st	Zeb Payne	27:07
2 nd	Willie Metcalf	29:45
3 rd	Susan Reed	41:48

Age 40-49

1 st	Jim Crawford	37:13
2 nd	Bonnie Crawford	37:16
3 rd	Amy Garrett	50:00

Age 50-59

1 st	Cynthia Urbach	54:12
2 nd	Pat Whetstone	58:45

Age 60-69

1 st	Sue Molina	26:58
2 nd	Cheryl Schriver	50:04

Age 70-79

1 st	David Stevenson	58:38
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Overall Top Runners

Grayson Fritz	21:10
Sue Molina	26:58

Age 9 and under

1 st	Tre Jackson	36:00
2 nd	Mahala Fisher	42:14
3 rd	Madison Metcalf	42:17



Courtesy photo by Sharon Fritz

Several participants gather for a group photo after the run.

