

Foods of Our Ancestors

Thank you to participants and volunteers for making our events fun and successful.

A recent success to report was our Walk-it-off BBQ Garden Party, where we had originally planned for 20 people to attend.

With the help of many community volunteers, the event was a huge success with almost 80 people in attendance.

Together, we are making a difference in our families and community.

Thank you,
Healthy Traditions



Favorite photos from the past 2 years...

