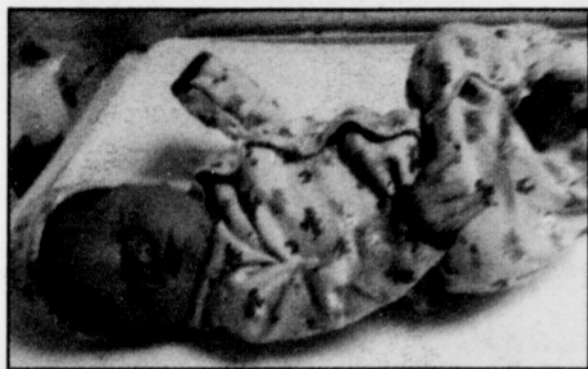


New Babies!



Adam Strongheart Fernando

We would like to send our love and a big welcome to Adam Strongheart Fernando, who was born July 1 to Carolina Vera-Simmons and Anthony Fernando.

Love from all your cousins who can't wait to play.



Lucy Malia Cowan

Lucy Malia Cowan was born June 17, 2011 (on her Grandma Kaye's birthday!), at 5:45 a.m. She weighed 8 pounds, 9 ounces and was 20.5 inches.

Proud parents are Mike and Velvet Cowan and the proud big brother is Amon Cowan. Lucy's grandparents are Lloyd and Kaye Stainbrook and Perry and Donna Cowan.

We are so blessed to have such a sweet baby girl!

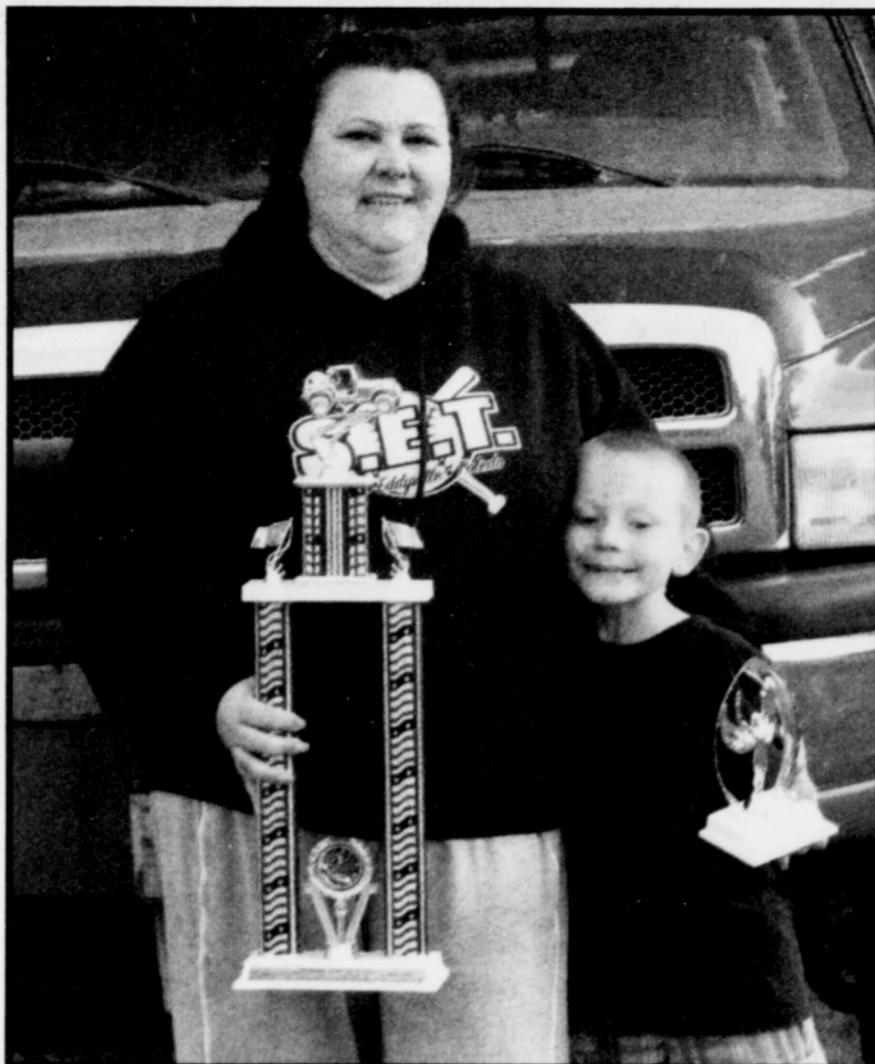


Lexi Faye Jane Jackson

We would like to introduce you to Lexi Faye Jane Jackson, born March 12, 2011. She is the daughter of Monique Fayette, granddaughter of Marcella Faye and niece of Elaine Jackson.

Lexi is named after her Grandma Marcella and Grandma Jane.

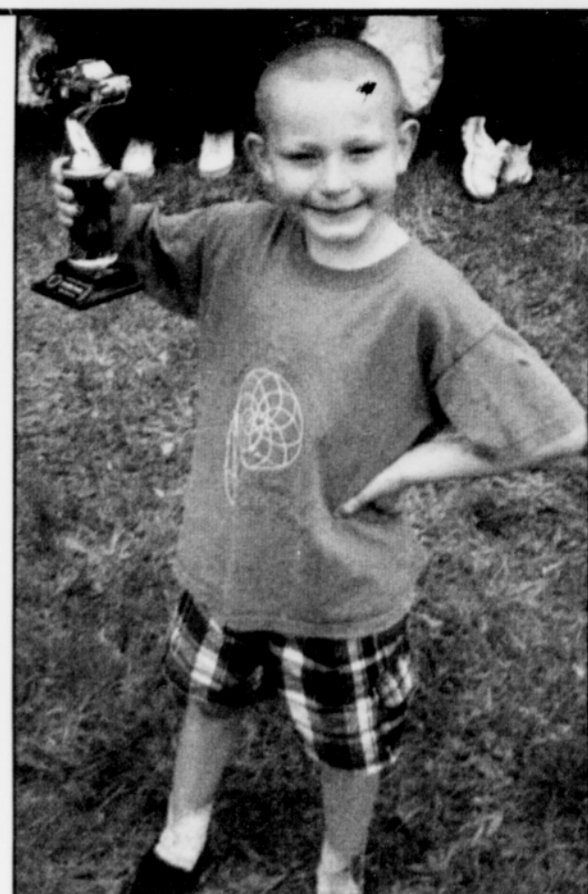
Welcome to the world, baby girl. We love you bunches!



Courtesy photos

Christopher Bayya (right) claimed second place in the Dash for Cash at the Sheridan Mud Drags. At the Willamina Mud Drags, Christopher took third place in the Dash for Cash and Kelley Ellis took second place (left) in Powder Puff Modified.

Thank you to Papa (Bristo Bayya) for making this all possible for us. We love you!



Cynthia Louise Gentle – 1958-2011

Cynthia Louise Gentle was born Dec. 19, 1958, in Coos Bay, Ore. She lost her battle with cancer and passed away July 6, 2011.

Cynthia worked for DCI International in Newberg, Ore., for 17 years, where she was loved by her co-workers and known for her immense work ethic. She brought joy and loyalty to the workplace that nobody will ever forget.

Cynthia has had a vibrant, wonderful life. She enjoyed the company of her family and NASCAR racing. Cynthia loved watching the Oregon Ducks on Saturdays. She also loved visiting her friends and enjoyed being around people.

Cynthia was a wonderful wife, mother and grandmother. She dearly loved her husband of 32 years, Robert

Gentle, and her three children, Robert (Caity) Gentle of Canby, Ore., Raymond (Jennifer) Gentle of Canby and Brittany (Justin VanMeter) of Woodburn, Ore. She also leaves behind eight grandchildren; Taylee, Makayla, Preston, Micah, Kendra, Robbie, Malachi and Makian.

She is survived by her mother, Alice Keene of Siletz, Ore.; brother Louis (Amanda) Keene of Newport, Ore.; sisters Daryllyne Carey and Ramona Luledjian of Siletz; and numerous cousins, nieces and nephews. Cynthia will be loved and missed by many people.

Preceding her in death were her grandmother, Violette Johnson; grandfather, Louis Johnson; uncles Louis and Harry Johnson; and father, Walter Keene.



Cynthia Gentle and her granddaughter, Taylee

Why wear a bicycle helmet? Because accidents happen

Learn how to properly fit a bicycle helmet to your child's head

By Sharon L. Mason, CHAI

Every year, more than 500,000 people are treated in emergency rooms for injuries caused by bicycle crashes and 750 people die.

The most common injury to a bicyclist is a head injury, which account for one-third of emergency room visits. Two-thirds of these visits end up in admittance to the hospital.

Bicycle riding is the greatest risk of injury to children, who often do not practice proper riding habits or wear bicycle helmets. As a result, 30 percent of cyclist deaths occur in the 5- to 14-year-old age group.

At least 125 children die from bicycle-related brain injuries each year. Approximately one-fifth of the 100,000 children who sustain a non-fatal injury to the head or face while riding each year sustain a traumatic brain injury.

Ninety percent of all deaths involve collisions with motor vehicles. Falls account for most non-fatal injuries and typically are not reported.

You may be the most careful bicyclist in the world, but you still need a helmet and here's why.

Accidents happen, no matter how careful you are. If you're smart enough to wear a helmet, you'll save yourself from cuts, bruises, scrapes, concussions, internal bleeding and lots of other awful things that happen when you crash. Always, always put on your helmet before you ride, even if it's just a cruise around the block.

Proper fit is important

Fit a helmet by measuring from about 1 inch above your eyebrows to the point on the back of your head that gives you the largest measurement. Your helmet should fit snugly yet comfortably.

When you buckle the chin strap, make sure it's firmly buckled and fits snug up against the throat but doesn't cut into your skin. The chin strap needs to hold the helmet in place.

The front and rear straps on the helmet should form a "Y" just below and in front

of the ears when worn correctly. Make sure all of the straps are adjusted so there isn't any slack when the chin strap is buckled.

While there isn't any federal law regarding bike helmets, many state and local laws are in effect. Regardless of whether or not laws exist in your area, it's simply good common sense to wear a helmet.

It's a good idea to replace bike helmets about every three years. A child's head will grow, causing the bike helmet to become too small.

A bicycle helmet also should be replaced after it has been in an accident. Unseen cracks could be underneath the shell of the helmet, causing it to become weakened.

Siletz Tribal members up to age 17 are eligible for bicycle helmets. To see if your child is eligible for one, call your respective area office:

- Siletz: Sharon – 541-444-9609
- Portland: Verdene – 503-238-1512
- Salem: Bev – 503-390-9494
- Eugene: Adrienne – 541-484-4234

