

2011 SVS Spring Performance: Language and Cultural Sharing

Presenting . . .

**May 19, 2011
6 p.m. - Big Gym**

MC - Nick Sixkiller

Opening

Sree-Xvsh

Four Directions Song

Head Start

"Xaa-wan'-t'i, Laa-sri!" (Welcome Friends)

Counting Song

Kindergarten

"Nuu-xee-nvs" (Our Canoe)

Paddle, Paddle, Paddle Your Canoe

1st and 2nd Grade

"Day-lan'?" (What is it?)

Mystery Box

3rd Grade

"Luu-k'e Huu-chan" (Salmon is Sacred)

Salmon Cycle Skit

4th Grade & 5th Grade

"Aa-ghit'-alh" (We are Bringing Food)

Foods Performance

6th Grade

Dee-k'u (Dee-ni Hikus)

Sree-Xvsh

Seasons Song

Closing Song -

"Dvlh-ghvlh, Dvlh-ghvlh, In-st'vm Svn-ta"

(Twinkle, Twinkle Little Star)

"We are shooting for the stars!"

This event is brought to you by the Siletz Tribe in partnership with Siletz Valley Schools.

For more information, please contact:
Cova St. Onge, STLP Coordinator
Phone: 541-444-1036
E-mail: covas@ctsi.nsn.us

For information about Agent Orange, possible health-related problems and VA benefits:

Toll-free Helpline: 800-749-8387, Press 3
www.publichealth.va.gov/exposures/agentorange/

Siletz Tribal A&D Programs

Prevention, Outpatient Treatment and Women's Transitional

Siletz: 800-600-5599 or

541-444-8286

Eugene: 541-484-4234

Salem: 503-390-9494

Portland: 503-238-1512



Narcotics Anonymous Toll-Free Help Line - 877-233-4287

For information on Alcoholics Anonymous: www.aa-oregon.org

TLC attitudes of gratitude - Have a clear purpose and goals for your life

By Lynn Whitlow

If "April showers bring May flowers," what do April hail stones and snow flurries bring?

My answer: A warm coat out of the closet and a higher electric bill (I am grateful for the coat and electricity!). Sun, please come home. We miss you!

I read somewhere that we, like private nonprofit organizations and large corporations, would better understand why we are here and where we are going if we created our own mission statement.

Having clear purpose in our lives can keep us from wasting a lot of time drifting through life, following dead ends, walking dangerous paths and wasting needless dollars. When we know what our purpose and goals are in life, we can plan activities that enhance our mission and help us attain our goal - and give us things for which we can be grateful. Something to think about . . .

At the TLC, residents are asked to focus on their gratitude. It has been agreed upon that this positive focus does enhance life. It does not take away the "nasties" in life, but it does provide new strength to face them and problem-solve.

Gratitudes

Some TLC gratitudes this month include: "I'm so grateful to be present in my daughter's life. I'm blessed to have been given such a precious angel, with no conditions whatsoever. Every day I'm graced with the presence of many people. I want to thank people for giving me wise, honest and courageous love. I've come to believe that a seed planted will, in fact, grow to a beautiful flower. I'm also grateful for my new babysitter. She 'rocks.' Smile!"

"All my family has so much love for me and is supporting my recovery all the way. I'm grateful to have a working car and a beautiful home. Thank you to everyone."

Again we are grateful to the volunteers who give their loving attention to the TLC and its residents - Alice McCain and Denise Riding In.

It is with sorrow that we face the "resignation" of Alice McCain, a volunteer here for 6½ years, who is leaving the state with her husband to be closer to children and grandchildren. Their departure not only is a loss to the TLC, but also to the community of Siletz and much of Lincoln County. Both have been active in local community organizations and in their church, Samaritan House and other activities. We wish them well and are grateful for their service!

Also, the tulip bulbs that Sharla Robinson and Tre Jackson planted last fall have bloomed and the yellows, pinks and reds are warming to the heart. Thank you again for your heart-filled labor and dirty hands!

Volunteer for Prevention Program

If you are interested in volunteering with the Prevention Program, here are some specific guidelines:

- Apply to be a Tribal Prevention volunteer at Human Resources. This will include agreeing to a criminal background check and a drug screen.
- Attend an orientation with Prevention staff to learn about ethics and program policies and procedures. A volunteer training program will be developed.
- For those with previous problems of alcohol/drugs, at least one year of living a clean and sober lifestyle is required.
- Participate in making a prevention video/DVD.
- All people to be filmed must sign an agreement to be filmed.
- The Tribal general manager and Tribal Council must approve of the final cut before it's released for public viewing.

Any question regarding this process, please contact Jenifer Metcalf, Prevention coordinator, at jenifer@ctsi.nsn.us or 800-600-5599 or 541-444-9618.

CEDARR

Community Efforts Demonstrating the Ability to Rebuild and Restore

Mission Statement: We will utilize resources to prevent the use of alcohol and other drugs, delinquency and violence; we will seek to reduce the barriers to treatment and support those who choose abstinence.

May 4 • 5:30 p.m.
Behavioral Health Conf. Room

Siletz Community Health Clinic
200 Gwee-Shut Road, Siletz

Topic to be discussed: Revising goals