

Applications due for board of new Siletz Tribal Arts and Heritage Society

Deadline to apply for volunteer position is March 30; Tribal Council to make appointments in April

The Siletz Tribal Arts and Heritage Society (STAHS) is a newly incorporated non-profit corporation whose mission is to:

1. Develop resources for the construction and implementation of a cultural center and museum where Tribal artifacts and representation of Tribal history and culture can be maintained.
2. Oversee the day-to-day activities and administration of the cultural center/museum.

3. In cooperation with the Cultural staff employed by the Siletz Tribe, to:

- Promote programs that encourage the revitalization and practice of Tribal cultural and religious activities and the restoration of Tribal religious and cultural sites and locations.
- Provide a variety of outreach, educational and training programs, both locally and through-

out the region, related to the culture and traditions of the Siletz and other indigenous people of the Pacific Northwest.

- Promote programs that will encourage economic development of the Tribe through traditional arts and crafts and other culturally appropriate methods.

Tribal member status is not required for all positions on the board.

Any individual interested in serving on the board of STAHS must fill out an application form and return it by March 30. Applications and job descriptions are available from the Executive Secretary to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549; fax: 541-444-8325.

Tribal Council will review applications and approve appointments at its regular meeting in April 2011.

If you have any questions about the application process, please call 541-444-8203 or 800-922-1399, ext. 1203.

Last distribution of 2010 health benefits set for April 1 2010 benefits cover time period of July 1, 2010, through June 30, 2011

The Tribal Council has approved the following plan for using the 2010 Out-of-Area Health Benefits. To qualify, Tribal members must be registered for health care with the Siletz Tribal Health Department and reside outside of the Tribe's 11-county service area.

These funds are intended for Tribal members who are not eligible for Contract Health Services. One of the following benefits is available:

- \$400 Vision
- \$1,200 Dental
- \$1,400 Hearing
- \$1,000 Medical
- Plus \$500 maximum Pharmacy through Pequot Rx

Prior authorization by CHS is required and benefits must be used within 90 days. Claims must be in to CHS by the end of the 90-day funding period. Any funds not used within 90 days or claims not received will be returned to the pool for redistribution.

An individual can access benefits only one time per fiscal year. When called for pre-authorization, CHS will authorize for household members only. Authorization will not be granted for anyone not residing in your household.

Voicemail messages do not hold funds, must be live contact.

Call CHS starting at 8 a.m. on April 1 at 800-628-5720 or 541-444-1236.

If you are not already registered for health services, please call anytime to request an application.

Alternative health care benefits available once again

Acupuncture, chiropractic care and massage therapy are alternative health choices widely recognized as safe, drug-free, non-invasive therapies used to treat a wide array of health problems. The Siletz Tribal Council has appropriated gaming revenue to pay for acupuncture, chiropractic or massage therapy services for Tribal members, regardless of residency.

You do not have to be CHS-eligible to qualify for this benefit. Criteria are that you be an enrolled Siletz Tribal member. The process to get approval is as follows:

1. Visit your primary health care provider and discuss your medical concerns. Inquire whether acupuncture, chiropractic or massage therapy services might alleviate your symptoms.
2. If your primary care provider believes acupuncture, chiropractic or massage therapy services are appropriate, call CHS.
3. CHS will approve up to six sessions and will pay no more than \$50 per session. Patients are responsible for any costs that exceed \$50.

4. A written letter will be sent to the patient to take to the acupuncturist/chiropractor/massage therapist informing them of the number of sessions approved, amount approved and billing process. If you have insurance, the provider should bill that insurance first.

If you have any questions, contact Contract Health Services at 541-444-1236 or 800-628-5720. Fax information to 541-444-9645.

Vocational Rehab Program needs volunteers for advisory committee

The Siletz Tribal Vocational Rehabilitation Program (STVRP) is looking for Tribal members to serve on the Voc. Rehab. Advisory Committee.

STVRP helps Tribal members in the 11-county service area with disabilities to achieve and maintain employment and independence within the Tribal community.

If you are interested in serving on the STVRP Advisory Committee, please feel free to contact Sharmon Cook-Wright at 800-922-1399, ext. 1213, or 541-444-8213; or e-mail sharmonc@ctsi.nsn.us.

CTSI Jobs

Tribal employment information is available at www.ctsi.nsn.us.

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

CTSI constantly is looking for temporary employees to cover vacancy, vacations, maternity leave and extended sick leave. If you are retired, a homemaker or a student and are looking for temporary work that can last from two weeks to 12 weeks, please submit a temporary application for the temp pool.

Siletz Veterans Office Open Daily

Tony Molina is available for all Siletz Tribal veterans. He is in the Tribal administration building in Siletz on Monday-Friday to help you get all the information you need for your VA benefits.

Additionally, he needs your help to update our veterans' roster, especially for those who are currently serving. Call Tony at 541-444-8330 or 800-922-1399, ext. 1330.

LIHEAP funding comes to an end

The Siletz Tribal Housing Department has announced that LIHEAP (Low-Income Home Energy Assistance Program) will end soon for the 2011 funding year. Applicants can reapply during the 2012 funding year when the program re-opens Nov. 1.

News from the Dental Clinic

Please contact the Siletz Community Dental Clinic if you experience dental pain or a dental emergency. The staff will do everything possible to see you as soon as reasonably possible.

Because of high volume, check-in time is Monday through Thursday from 8:30-9 a.m. and Friday from 10-10:30 a.m. Afternoon check-in time is Monday through Friday from 1-1:30 p.m.

What can your utility company do for you?

Have you checked the flyer that comes with your electric or gas bill lately? Does your company post information online?

You might want to read the information the utilities are sending because free energy- or water-saving gadgets may be available to you.

Recently, one electric company was offering free low-flow showerheads. These help you save water and power because you use less water and also less power to heat the decreased amount of water.

The savings are small for each shower, but do add up over time. Using a low-flow showerhead for a year can save enough water to do about 200 loads of laundry in an ENERGY STAR clothes washer.

Another company is offering to pick up and recycle your old refrigerator or freezer for free and even will give you a \$30 credit toward your bill. Yet another is offering free CFLs (compact fluorescent lightbulbs) for you to use instead of incandescent light bulbs.

Most have information on rebates you can receive for upgrading your hot water heater, major appliances or your heating system. Most have free energy savings tips for home and business owners.

Check your utility provider's flyers and websites today and find out what you can get for **free!**

Let us know what you get or call us if you need something they won't provide. E-mail us at step@ctsi.nsn.us or call us at 800-922-1399, ext. 1271, or 541-444-8271.

Search for Siletz Tribal Energy Program on Facebook and become a fan to receive occasional energy tips.