

Tribe, STBC Put On First-Ever Rez Kitchen Tour Event

Chinook Winds Casino Resort will host this inaugural showcase for American Indian-inspired cuisine from top Tribal chefs

By Brent Merrill

The world of accomplished chefs displaying and sharing their culinary arts has finally reached the West Coast, the Central Oregon Coast to be exact.

The Siletz Tribe's own Chinook Winds Casino Resort will host the first-ever "Rez Kitchen Tour" event on Nov. 19-20 in Lincoln City. The general public is invited to attend and encouraged to sample dishes inspired by thousands of years of tradition. A favorite chef and

dish will be selected as a showcase for the competition.

"We want to get people to try traditional foods and showcase the talents of top Tribal chefs," said Siletz Tribal Council member and newly hired Project Coordinator Tina Retasket. "We want to not only put on this important event, but we want to promote buy Indian opportunities as well."

According to Retasket, the cooperative event will feature chefs and dishes

representing all nine of Oregon's federally recognized Tribes. Spirit Mountain Community Fund is sponsoring this inaugural event.

The event gets started with a private, panel-judged competition on Nov. 19. The public is invited to observe chef demonstrations and to taste their creations the following day.

"We're hoping that by having a competition we can attract younger Tribal members to the event," said Siletz

Tribal Business Corporation Director Dave Tovey.

He said the Tribe hopes to inspire other Tribal casinos to try the same thing.

"We as Indian people are taking our foods back and we want to create a package that other casinos can follow," said Tovey.

Public tasters of all ages will judge the dishes free of charge and a People's Choice Award will be given. Public voting closes at 3 p.m. on Nov. 20 and the winners for both events will be announced at 4 p.m.

Time to Quit: Join the Great American Smokeout

It's that time of the year again when you put down your tobacco and celebrate the Great American Smokeout. This year's event will be celebrated Nov. 19 by people all over the world.

The goal of the Great American Smokeout is for you to quit smoking for 24 hours and see that you do have the ability to quit smoking. You won't be alone because thousands of people all over the world celebrate this day.

This is a great day for those of you who want to quit but haven't decided

which day to set for your quit date. Why not set your quit date a couple days before or on this date? There will be a lot of support from people all over the world who are doing the same thing as you are.

Some things you can do to prepare yourself for this day include:

- Don't buy cigarettes or chew for about a week before so you won't have any to smoke or chew for this day.
- Drink lots of water.
- Think of some activities you can do

during the times you would go have a smoke or chew tobacco.

- Find something to do to keep your hands busy, like knitting, crossword puzzles or beading.
- Buy sugar-free candy or gum to keep your mouth busy.

These are just a few things you can do to prepare yourself to quit for just the day or even better, to quit for good.

If you have any questions, please call the Siletz Clinic at 541-444-9659 or 800-648-0449, ext. 1659.

Siletz Veterans Office Open Daily for VA Needs, Benefits

Tony Molina is available for all Siletz Tribal veterans. He is in the Tribal administration building in Siletz from Monday through Friday to help you get all the information you need for your VA benefits.

Additionally, he needs your help to update our veterans' roster, especially for those who are currently serving. Call Tony at 541-444-8330 or 800-922-1399, ext. 1330.



Honoring Veterans

Holly John, Teresa Simmons, Roger King, Violet Lafferty-Moore and Heather Moore (above) get ready for the rededication.

The drum group Bear Spirit (above right) helps open the ceremonies.

Several Veterans of Oregon Medal recipients await the rest of their group (below).



Photos by Diane Rodriguez

Veterans Honored at Rededication Ceremony on Weekend of Tributes

By Diane Rodriguez

As a final thank you in a weekend full of tributes, those gathered for the rededication of the Veterans Memorial at Chinook Winds Casino Resort paid their respects to the veterans in their lives and to all those who have served their country in the Armed Forces.

Led by Jon Moritz on the bagpipes, Jim Kusz from North Lincoln Fire & Rescue as emcee, the drum group Bear Spirit and the Siletz Tribal Color Guard, the ceremony took place in the sunny but windy conditions often found on the Central Oregon Coast in late September.

Dan Lundy, pastor of Sacred Ground Outreach, said a prayer for the veterans and their families, followed by a welcome from Tribal Chairman Delores Pigsley. She noted that, per capita, American Indians consistently have had the highest number of people in the Armed Forces.

The keynote address was delivered by Command Sergeant Major Michael Amen of the Oregon Army National Guard.

Roger King read a list of American Indian recipients of the Medal of Honor, the nation's highest military honor, given by Congress for risk of life in combat beyond the call of duty.

Then the final Veterans of Oregon Medal presentation of this weekend took place, with several veterans and those currently serving receiving their medals. Teresa Simmons announced each person's name and one by one they received their medals from one of several presenters who had previously received this same medal.

