

Courtesy photos from Tenas Illahee Child Care Center Staff



The Toddler Class at the Tenas Illahee Child Care Center use whip cream to paint the table. Painting with whip cream is a good sensory activity, kids can squish it between their fingers and from the looks of it they're having fun eating it too!

Youth Services

Youth Services hours at the Gymnasium
Tuesday through Saturday
11 a.m. to 7 p.m.
541-444-8209 or 800-922-1399, ext. 1209

Tribal Firewood Areas Closed

Because of increasing fire danger, all Tribal firewood cutting areas are now closed.

We will re-open them in the fall after fire season is over.

Youth Hunt Forms Due By Sept. 4

Entry forms for the 2009 Youth Antlerless Deer Tag Drawing are available on the Tribe's website – www.ctsi.nsn.us, in the Natural Resources Department office in the Tribal administration building in Siletz or via e-mail from Mike Kennedy at mikek@ctsi.nsn.us.

This is for Tribal youth age 12-17 only; entry deadline is Sept. 4. The public drawing will be held Sept. 14 at 5 p.m. at the Tribal administration building in the Natural Resources Map Room.

General Council Meeting

Aug. 1, 2009 • 1 p.m.

Siletz Tribal Community Center

Siletz, Oregon

Agenda

Call to Order

Invocation

Flag Salute

Programs:

2008 Tribal Audit: Gregg Gubuan

Housing – Over-Income Drawing:

Terry Fisher

Tribal Members' Concerns

Chairman's Report

Announcements

Adjourn

CTSI Jobs

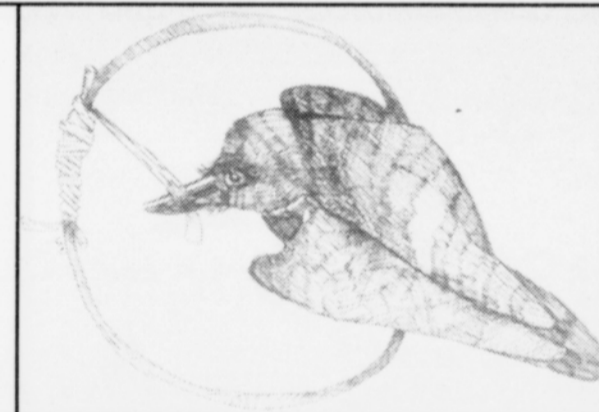
CTSI employment information is available at www.ctsi.nsn.us.

CTSI is constantly looking for temporary employees to cover vacancy, vacations, maternity leave and extended sick leave. If you are retired, a homemaker or a student and are looking for temporary work that can last from two weeks to 12 weeks, please submit a temporary application for the temp pool.

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

Ask Raven

Raven will answer your questions about problems associated with alcohol, tobacco and other drugs. You can call in your questions to the numbers below or mail them to Raven, P.O. Box 549, Siletz, OR 97380-0549.



Dear Raven: Is it true that people inherit alcoholism from their parents? (Unsigned)

Dear Reader: Yes, it is true that we can inherit alcohol and other drug addiction from our parents or grandparents. In addition to passing on values and ways of thinking and coping from our families, we also inherit specific genes from them that relate to physical health.

Last year, a study was done that examined people's entire individual gene system, or genomes. Scientists found that a combination of certain genes works together with environmental factors to create addiction.

It's important for us to understand that almost all of these same gene combina-

tions are linked to memory. That helps us understand how important memory is in addiction treatment and recovery and why addicts can relapse years after their last use of the drug (including alcohol).

Basically what happens is the brain's "pleasure centers" help addiction get started and the memory centers maintain the addiction, contributing to cravings and compulsive desires to use drugs.

I hope this information helps you and other readers have a greater understanding about why prevention programs are so important and that treatment for people who are already using alcohol/drugs needs to be individual for each person within a community support system.

I hope you are having a good summer. Thanks for writing.

Raven

CEDARR

Community Efforts Demonstrating the Ability to Rebuild and Restore

Aug. 5 • Noon • Siletz Community Health Clinic Conference Room

Please join us!

Siletz Tribal A&D Programs

Prevention, Outpatient Treatment and Women's Transitional

Siletz: 800-600-5599 or 541-444-8286 • Eugene: 541-484-4234

Salem: 503-390-9494 • Portland: 503-238-1512

Narcotics Anonymous Toll-Free
Help Line – 877-233-4287

For information on Alcoholics
Anonymous: www.aa-oregon.org/