

CDC Funds WISEWOMAN Program in Oregon

The Oregon Department of Human Services, Public Health Division, Office of Family Health has been awarded a five-year federal grant from the U.S. Centers for Disease Control and Prevention (CDC) to decrease the risk of heart disease and stroke among low-income women in Oregon.

The program, called WISEWOMAN (Well-integrated Screening and Evaluation for Women Across the Nation), aims to reduce cardiovascular disease by promoting early detection, risk factor screening, risk reduction and access to medical treatment for low-income, uninsured and underinsured women age 40 to 64. To participate, women must be receiving screening services

through the Oregon Breast and Cervical Cancer Program.

The grant will provide \$612,000 per year for screening services that will include a family medical history and blood pressure, body mass index (BMI), cholesterol and glucose tests. The goal is to determine risk factors for heart disease and stroke and to use behavioral-change strategies to improve diet, increase physical activity, live tobacco-free and adopt other healthy behaviors.

The WISEWOMAN Program will partner with the Community Health Center in Medford and the Virginia Garcia Memorial Health Clinics in Washington and Yamhill counties.

The Answer: The Chinook Winds Casino Resort Showroom The Question: Where is the Jeopardy "Brain Bus" stopping next?

That's right, if you've ever wanted to be on the Jeopardy! game show with Alex Trebek, here's the first step!

On Oct. 11 from 11 a.m. to 1 p.m., the Jeopardy Clue Crew will arrive in the Jeopardy "Brain Bus" and they will be on a search for potential Jeopardy contestants at Chinook Winds Casino Resort. Be one of the first 1,000 to pass a short pre-test and you could be on your way to becoming a Jeopardy champion!

Approximately one hour before the start of the event, wristbands will be

distributed to secure your spot in line and ensure that everyone waiting will get a chance to take the pre-test.

Also, we'll be running a non-televised Jeopardy game hosted by the Jeopardy Clue Crew where you'll be able to match wits against other guests for fun Jeopardy merchandise. Sadly, Alex Trebek will not be here for the event.

To take the pre-test or play the Jeopardy game with the Clue Crew, you must be at least 18 years old.

New Web Site Helps Kids Identify Healthiest Fish to Eat

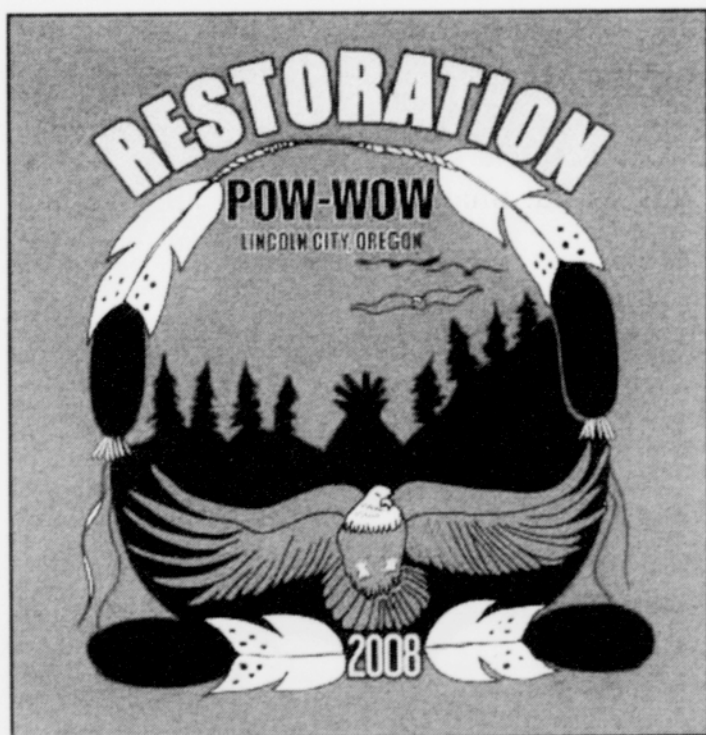
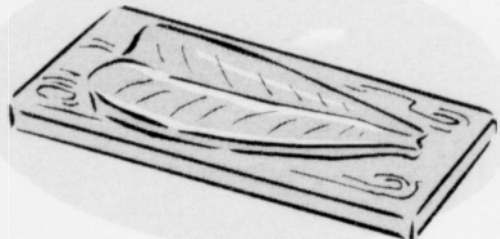
WASHINGTON – The U.S. Environmental Protection Agency has launched a new website – www.epa.gov/fishadvisories/kids/ – to

help children and their parents choose the healthiest fish to eat.

The site was selected as the August site of the month by kids.gov, the official kids' portal for the U.S. government.

"Our new website is a fun way for kids and parents to learn about the importance of fish in a healthy diet and how to choose the healthiest fish to eat," said Benjamin H. Grumbles, EPA's assistant administrator for water.

Whether they catch their own fish or buy it at a store, children and their parents can use the website to learn how to select fish that are low in contaminants. The website includes stories focusing on different methods of obtaining fish, along with interactive games, to teach children ages 8-12 how to recognize common fish species and use fish advisories.



On Saturday, November 15, 2008

The Confederated Tribes of Siletz Indians of Oregon

Invites you to celebrate with us at our

31st Annual Restoration Pow-Wow

To Be Held At

Chinook Winds Casino Resort

1777 NW 44th Street

Lincoln City, Oregon.

Grand Entry: 6 PM

ARENA DIRECTOR: TONY WHITEHEAD

MC: NICK SIXKILLER

All Drums And Dancers Welcome

Information: Mona Fisher: 1-800-922-1399 ext. 1230 or 541-444-8230

Nick Sixkiller: 541-484-4234

This is a family event, drugs and alcohol will not be tolerated.

The Confederated Tribes of Siletz Indians and Chinook Winds Casino Resort are not responsible for injuries and lost or stolen items

