

NOTICES

Youth Smoking Down, Eighth-Grade Drinking Up, Says DHS Report

Cigarette and marijuana smoking are down among Oregon middle and high school students, and alcohol use remains the same for 11th-graders but has increased 28 percent for eighth-graders, according to the Oregon Department of Human Services Addictions and Mental Health Division.

The information was contained in the agency's recently released reports for each of Oregon's 36 counties covering 2000-2006 consumption of alcohol, illicit drugs and tobacco. The epidemiological profiles are used by local planners to develop customized prevention programs. The reports are available at www.oregon.gov/DHS/addiction/ad/main.shtml.

According to DHS researchers, one in five young adults age 18-25, 9 percent of youth age 12-17 and 7 percent of adults 26 or older abuse or are dependent on alcohol or other drugs, and many require treatment to kick the habit. More than 40 percent of children taken into protective custody each year come from families with alcohol or drug abuse problems.

"These epidemiological profiles show some disturbing patterns of substance abuse in Oregon, and we know

that the consequences of continued use mean years of poor health or early death," said Bob Nikkel, DHS assistant director for addictions and mental health. "As Oregonians, we cannot allow ourselves to become complacent about substance abuse and addictions."

Alcohol

More Oregonians consume alcohol each month than any other addictive substance, according to DHS officials. Although 66 percent of men and 54 percent of women drink alcohol, far fewer report problem drinking.

Surveys of adults indicate that 22 percent of men and 8 percent of women are binge drinkers and approximately 6 percent of both sexes are heavy drinkers. Each year there are more than 1,000 alcohol-related deaths in Oregon. One-third of all motor vehicle fatalities involve alcohol.

Alcohol use starts young. In survey results, 32 percent of Oregon's eighth-graders and 44 percent of 11th-graders drank alcohol within the past month. Young people who drink heavily, even occasionally, risk damaging their still-developing brains, according to the American Medical Association.

Oregon has a goal of reducing eighth-grade alcohol use to less than 17 percent by 2010, but no county has yet to reach this mark.

Tobacco

Despite the dramatic decline in cigarette use during the past 10 years, smoking continues to be the leading cause of preventable death in Oregon.

Adult cigarette smoking rates vary by county, from a low of approximately 10 percent to a high of 30 percent. Males are more likely to use tobacco, which results in higher tobacco-linked death rates for men.

Approximately 9 percent of Oregon's

eighth-graders and 16 percent of 11th-graders smoked tobacco in the past month.

More information on smoking is available at www.oregon.gov/DHS/ph/tobacco/index.shtml.

Illicit Drugs

Nine percent of eighth-graders and 16 percent of 11th-graders used marijuana during the past month. Other drug use included inhalants by 6 percent of eighth-graders and 3 percent of 11th-graders; illegal prescription drugs by 5 percent of eighth-graders and 8 percent of 11th-graders; and stimulants by 2 percent of eighth-graders and 2 percent of 11th-graders.

Go to Operation Purple Camp

The National Military Family Association (NMFA) Operation Purple Camp offers a free week of summer fun for military kids with parents who have been, are currently or will be deployed. Campers from all service branches will gather together to experience a memorable week of fun and adventure with a focus on learning coping skills to better deal with a parent's deployment.

The following camps are offered in Oregon:

Operation Purple Camp Redmond – June 15-20, 2008, ages 13-14
Operation Purple Camp Salem 4H – June 29-July 4, 2008, ages 8-9
Operation Purple Camp Salem – July 6-11, 2008, ages 10-12
Operation Purple Camp Redmond – Aug. 22-27, 2008, ages 15-17

Registration ends May 5. The NMFA online application and details about each camp location are available at www.nmfa.org.

Nominations Open for State's Highest Volunteer Award

PORTLAND, Ore. – Nominations are still open for the 2008 Oregon Governor's Volunteer Awards.

Individuals and groups will be honored in the following categories: Outstanding Adult (ages 19-54), Outstanding Youth (age 18 or under), Outstanding Senior Volunteer (age 55+), Outstanding Volunteer Program, Outstanding Statewide Volunteer Program, Outstanding Employee Volunteer Program, and Outstanding Youth Volunteer Program or Group.

Nominations are due May 8, 2008.

These awards, presented by Oregon Volunteers, recognize volunteers and volunteer programs that have demonstrated dedication, commitment and determination in promoting and supporting volunteerism throughout Oregon and have worked to strengthen com-

munities and improve the quality of life for Oregon residents through service.

Nomination forms and additional information are available online at www.oregonvolunteers.org.

"Every day, extraordinary individuals, organizations and businesses effect real change in their communities through volunteer service. They are the catalysts that help others move past their differences to build shared understanding and solve common problems. Volunteers give Oregon hope for the future," said Tom Cope, co-chair of Oregon Volunteers.

Oregon Volunteers, Commission for Voluntary Action & Service promotes and supports AmeriCorps, volunteerism and civic engagement to strengthen Oregon communities.

2008 Chemawa Indian School Spring Pow-Wow

May 2 and 3, 2008

Grand Entries: May 2 – 6 p.m. • May 3 – 1 p.m. and 7 p.m.

Chemawa Indian School Gymnasium

3700 Chemawa Road NE • Salem, Ore.

Miss Chemawa Pageant, Raffle, Dancing, Crafts, Singing, Fry Bread

Public welcome! Free admission

Vendor information contact:
Karen Serna, 503-399-5721, ext. 225 or kserna@chemawa.bia.edu

General information contact:
Crystal Boyd, ext. 260; Sonya Olson, ext. 283; or Karen, ext. 225

www.chemawa.bia.edu

Chemawa is a smoke-free, drug-free and alcohol-free campus.

*Please no parking on track.
Violators will be towed.*



Thank You Confederated Tribes

For your support of

Lincoln County Food Share

Your contributions have helped to feed
the hungry people of Lincoln County

Nancy Smith 2008
Lincoln County Food Share

From Lincoln County Food Share, which received grants from the Siletz Tribal Charitable Contribution Fund in 2007 to purchase quality food to distribute to those in need and for its Homeless Connect Project