

Tri-State Women Veterans Conference

April 18-19, 2008
Pendleton Convention Center • Pendleton, Oregon

Name: _____

Address: _____

Phone: _____

E-mail address: _____

Branch of Service: _____

Dates of Service: _____

What day(s) will you be attending (circle): Friday Saturday Both

*Do you plan on attending the Friday night banquet? Yes No

Lunch will be served each day (no charge).

Do you have any special needs: _____

*No charge for banquet, just a serious commitment to attend

Please return registration form no later than March 7, 2008, to: Val Conley, ODVA, 700 Summer St. NE, Salem, OR 97301 or copy, paste and e-mail to Orwomenvets@odva.state.or.us. Or fax it to 503-373-2393. If you have questions, please call 503-373-2264.

Volunteers Needed for Great Oregon Spring Beach Cleanup

HILLSBORO, Ore. – The 24th annual Great Oregon Spring Beach Cleanup is scheduled for March 29, 2008. Thousands of volunteers are needed to help clean Oregon's beaches, from the Washington to California borders, between 10 a.m. and 1 p.m.

"Large amounts of trash have washed ashore during winter storms," says Jack McGowan, SOLV's executive director. "We need thousands of volunteers on March 29th to help restore our coastline to its pristine condition."

Volunteers are asked to check in at one of 43 registration sites, pick up a bag, and head down to the beaches to improve our coastline for wildlife and summer visitors. Coordinators suggest that volunteers dress for the weather, wear sturdy shoes and bring gloves. Beach captains at the meeting sites will furnish bags to volunteers.

Groups of 20 or more are asked to contact the appropriate zone captain prior to the event. Zone captains and registration sites are listed at www.solv.org or volunteers can call SOLV at 800-333-SOLV (7658) for more information.

"Express Check-In" will save volunteers time and avoid the need to wait in line. The Volunteer Registration and Waiver form along with Express Check-In instructions can be found at www.solv.org. Volunteers should bring

their completed and signed forms to turn in at the registration site.

Safety is all-important during this spring's cleanup. Volunteers are asked to watch for sneaker waves, stay away from logs, exercise caution on rocks and cliffs, and never turn their backs on the ocean.

The small coastal shorebird known as the snowy plover, a threatened species, may be present on Oregon's beaches during the cleanup. Coordinators ask that volunteers be mindful of their nesting sites, usually just above the high tide line on open sand, and stay outside of all roped and signed areas.

This statewide event started in Oregon in 1984 and has spread to 55 states and U.S. territories and nearly 100 countries and sovereign territories.

Major sponsors of the Spring Beach Cleanup are Boyd Coffee Company, Fred Meyer, Pacific Seafood Group, Henry Weinhard's, Tektronix and Wells Fargo.

Zone sponsors are IBM, Pelican Pub and The Inn at Cape Kiwanda, Hawthorn Farm Athletic Club and The Curry Coastal Pilot. Additional support is provided by the Oregon Department of Environmental Quality and the Oregon Department of Transportation.

Media sponsors are KGW Northwest NewsChannel 8 and KPOJ Radio. Along with SOLV, the cleanup is coordinated by the Oregon Parks and Recreation Department and the local coast haulers.

Oregon Adult, Youth Smoking Drops 41 Percent in Decade

Oregonians smoked an estimated 2.6 billion fewer cigarettes between 1996 and 2006 as consumption decreased 41 percent during that time, according to a recent report from the Oregon Department of Human Services Public Health Division.

Oregon outpaced the nation by 10 percent as cigarette smoking dropped 31 percent in the United States during the same period, according to "Oregon Tobacco Facts," released by the Oregon Tobacco Prevention and Education Program (TPEP).

Tobacco use has declined among adults, youth and pregnant women since 1996 when Oregon voters approved a tobacco tax increase, which in part funds the state's anti-smoking effort.

"We've come a long way in 10 years, but tobacco use still takes a tremendous toll on Oregonians," said Mel Kohn, M.D., state epidemiologist in DHS. "We must continue to help people quit and prevent kids from starting to smoke."

Kohn said Oregonians are four times more likely to die from tobacco-related causes than from motor vehicle accidents, suicide, AIDS and homicide combined.

"With nearly a quarter of all deaths in Oregon attributed to tobacco use, this is truly a health epidemic," he said. "And unlike many diseases, this situation is entirely preventable."

Here are some of the 1996-2006 changes in Oregon tobacco consumption patterns:

- 22 percent fewer adults smoke
- 59 percent fewer 8th-graders smoke
- 46 percent fewer 11th-graders smoke
- 30 percent fewer pregnant women smoke, meaning that potentially 17,500 fewer infants were exposed to the effects of prenatal smoking.

Exposure to secondhand smoke also declined during the past decade, according to the report. In a survey, 87 percent of Oregon adults said that people should be protected from secondhand smoke.

More than 95 percent of employees are covered by the Oregon Clean Indoor Air Act, which prohibits smoking in most workplaces. Almost all indoor workplaces, including bars, are required to be smoke-free by January 2009.

Oregon Tobacco Facts is available at www.oregon.gov/DHS/ph/tobacco/docs/facts07.pdf.

TPEP works with local health departments, tribes, schools and community organizations to deliver a comprehensive tobacco prevention program to Oregonians. These program activities use evidence-based strategies to reduce and prevent tobacco use. For more information, visit www.oregon.gov/DHS/ph/tobacco.



OREGON
HEALTH & SCIENCE
UNIVERSITY

8th Annual OHSU Multicultural Health, Science & Engineering Career Conference

The Center for Diversity and Multicultural Affairs in collaboration with the Schools of Dentistry, Medicine, and Nursing, OGI School of Science & Engineering, Allied Health programs, and College of Pharmacy (joint program with OSU) invite college students interested in pursuing a career in the health care and science professions to attend our educational and interactive conference.

Conference Objectives:

- Encourage historically underrepresented population to enter the health and science professions.
- Provide students with insight on health care and science professions in medicine, nursing, dentistry, allied health, engineering, biomedical research, dietetics & nutrition and pharmacy.
- Provide admission processes and other relevant information.
- Introduce students to OHSU educational programs, faculty, facilities and resources.
- Promote bicultural/bilingual prospective health and science providers.

APRIL 18, 2008

9:00 A.M. – 4:00 P.M.

OHSU OLD LIBRARY AUDITORIUM

Download registration application or register online at:
www.ohsu.edu/academic/diversity

To request for registration form or more information, contact the Center for Diversity and Multicultural Affairs at 503-494-5657 or e-mail cedma@ohsu.edu. Capacity is on first come basis. **Registration deadline is March 24, 2008.**

Co-sponsored by:

