

# TRIBAL PROGRAM NEWS

## Computer News

by Tina Retasket

### Donating Computers

If you have a usable older computer that you would be willing to donate to another family, or if you are in need of a used computer, please call me at 541-444-8210 or 1-800-922-1399, ext. 1210. I will try to match you with someone who has one or needs one.

Please note that you are receiving these computers "as is" and I cannot re-

pair or replace these donated computers and cannot guarantee their usability.

### Gateway Technical Support

The Gateway Technical Support number is 1-800-846-2301. Please have the serial number for your computer on hand when you call so Gateway can determine whether your computer is still under warranty or not.

## Walt's Words of Wit and Wisdom

by Walt Klamath

Some of us were having an intelligent conversation or debate about benefits that were or are available to employees. It was discussed how all these benefits were obtained.

My first involvement with unions was around '48 when the GP sawmill went on strike but the logging didn't. The loggers built up huge cole decks along the railroad tracks. The strike lasted the whole school vacation time.

The sawmill went back to work, I believe, for a little less than started, but some benefits. Till that time, the sawmills were getting more per hour than the paper mill. After that, the paper mills were ahead on hourly wage and the sawmills never did catch up.

As time went on, the wages were quite low. I don't know if the wages were equal to the prices of things or not. In '49, I received \$1.25 an hour working on the water. After I returned from Korea and moved to Portland, the wages were about \$1.17 or so at about the time I became involved in the union.

Our union representatives and the negotiation committee started working for the employees. We started getting vacations - one week after five years, two weeks after 10. This went on for several years, then about 1960 we went on strike to get health insurance plus a wage increase.

We did strike; we carried posters and walked the picket line. We had some serious altercations with strikebreakers, busted out windows, slashed tires and did carry two-by-fours and baseball bats.

We did not bother office staff who worked, but the others would work one day then get the message. We did follow traitor trailers loaded with lumber that

Portland would not handle because we were on strike.

They were headed for Seattle. I don't understand the reasoning for going to Seattle as they too were part of the Longshoreman's union. We would go on the front of the tractor and hold the "On Strike" banner. The dock would say, "Take 'er back." The truck driver said he didn't mind driving because he knew who was behind him.

The company did settle; we did get retirement benefits that year. Not much, 25 cents a year when retired. We did go on getting more benefits. We did get vacation time - one week after one year, two weeks after five years, three weeks after 10 years and four weeks with five weeks' pay after 20 years. We did get, over a period of time, better health care.

After 25 years, I was fired from Publishers Paper, then went to Multnomah County. There the benefits were good, but I was told there was not enough money for a substantial raise. We did take benefits instead of money raises.

Our representatives benefited through negotiations. We were getting better fringe benefits that would telegraph through the industry. So today in tribal government we are getting better benefits than what we bargained for at the industry level.

The benefits that were gained did come from hard negotiations and strike threats at the appropriate time. They were not developed through the kind heart of management, though management did receive benefits at the same time.

I see the losing of some of the benefits in industry today that were gained. To me this is history of the past now.

## October USDA Distribution Dates

### Siletz

Monday, Oct. 1	9 a.m. - 3 p.m.
Tuesday, Oct. 2	9 a.m. - 3 p.m.
Wednesday, Oct. 3	9 a.m. - 3 p.m.
Thursday, Oct. 4	9 a.m. - 3 p.m.
Friday, Oct. 5	9 a.m. - 3 p.m.

### Salem

Monday, Oct. 15	1:30 p.m. - 7 p.m.
Tuesday, Oct. 16	9 a.m. - 7 p.m.
Wednesday, Oct. 17	9 a.m. - 4 p.m.



If you think you might be eligible for our program, here is the guideline set by the federal government (remember, we take the gross income and multiply by 20 percent tax discount):

### Household Composition

HH of 1	\$951
HH of 2	\$1,234
HH of 3	\$1,518
HH of 4	\$1,806
HH of 5	\$2,112
HH of 6	\$2,420
HH of 7	\$2,703
HH of 8	\$2,986

For each additional member, add \$284.

We take certain deductions; these are set forth by the USDA guideline for certification purposes. We complete the income worksheet using this information and usually we find that clients are eligible for our program when they are

eligible for only \$10 per month in food stamps. We give the full food package benefit as long as you are eligible.

So if you think you might be eligible, call and we can send you an application.

You cannot be on food stamps and commodities at the same time!

### Happy Meals!

**Kitti Navarro, USDA FDP Director**  
541-444-8393

**Joyce Retherford, USDA FDP Clerk**  
541-444-8279 or  
1-800-922-1399, ext. 1279

## Native Caring Conference Helps Give Caregivers a Break

The Third Annual Native Caring Conference - a place to learn, connect, and share - will be held Oct. 10-11 at the Wildhorse Casino & Resort in Pendleton, Ore. This has become very popular over the last two years as it gives caregivers time for much-needed respite, relaxation, and rejuvenation.

The committee for this year's conference includes the elders' coordinators from Siletz, Warm Springs, Coquille, and Coos, Lower Umpqua, & Siuslaw Indians, and the Umatilla Tribe.

In addition, the state of Oregon Unit on Aging and the Lane County Council of Governments are active in this partnership. The conference will focus on the health of mind, body, and spirit of the caregiver. Breakout classes will be available specifically for grandparent caregivers as well.

Flyers have been sent to those caregivers who already are listed with the program and will be given priority.

If you have not been involved in the program yet, please contact Angela Ramirez or Trish Carey to add your name to the Caregiver News listing. If you know of someone who is a caregiver, please ask him or her to contact us.

### Are You a Caregiver?

In many cases, people do not consider themselves a caregiver. They say they are simply helping out their uncle by letting him live with them so he

doesn't have to be alone and make sure he takes his medication.

They go over to grandma's house to cook meals for her, clean up her house, and do some laundry. There are elders who have taken in their grandchildren or other relative child to raise them because the children are unable to live with their parents.

This is **exactly** what a caregiver is. They are informal caregivers of family so that the care recipient (elder or child) can stay in his or her home or stay out of a nursing/foster home by living with them.

For the purposes of the Native Caregiver Support Program, a caregiver is defined as one of the following:

- Family caregivers (not parent) of disabled individuals (adult child) of any age
- Grandparent caregiver or older relative (age 55+) who is the primary care provider for a child related by blood, marriage, adoption, legal custody, or informal relationship
- Adult family member or other individual who is a provider of in-home and community care to an elder to assist in activities of daily living

If you meet one of these categories, contact Angela at 1-800-922-1399, ext. 1225, or 541-444-8225 to find out what kinds of services are available to you as a caregiver.

## Narcotics Anonymous Meetings

Monday - 7:30-8:30 p.m.  
Atonement Lutheran Church  
2315 N Coast Highway (101), Newport

Tuesday - 7:30-8:30 p.m.  
TLC - A&D Building  
565 Old River Road, Siletz

Tuesday - 8-9 p.m.  
St. Peter the Fisherman Lutheran Church  
1226 SW 13<sup>th</sup> St., Lincoln City

Thursday - 8-9 p.m.  
St. Peter the Fisherman Lutheran Church  
1226 SW 13<sup>th</sup> St., Lincoln City

Friday - 7:30-8:30 p.m.  
Atonement Lutheran Church  
2315 N Coast Highway (101), Newport

Saturday - 6-7 p.m.  
Siletz VFW  
143 SE Eggbert St., Siletz

Toll-Free Help Line - 1-877-233-4287