

TRIBAL PROGRAM NEWS

Images from the 2007 Memorial Day Ceremony



The Honor Guard – Edmond Ben, Don Hudson, David John, Earl Edmonds, Dennis Lane, Wayne Case, Tony Molina, Kelly Mason, Sar Richards, Josh Morrow, and Commander Walt Klamath (right) leads the way to the Veterans Memorial in the Paul Washington Cemetery, accompanied by the Round Stone Singers.



Sar Richards, speaking for his grandfather, Eddie Collins, joins Delores Pigsley at the podium. (photos by Laurel Johnson)



Members of the Honor Guard – Commander Walt Klamath, Tony Molina, Kelly Mason, Sar Richards, and Josh Morrow – complete a gun salute near the end of the ceremony.

Native Caring Conference Scheduled for October

The Third Annual Native Caring Conference – a place to learn, connect, and share – will be held Oct. 10-11 at the Wildhorse Casino & Resort in Pendleton, Ore. This has become very popular over the last two years as it gives caregivers time for much-needed respite, relaxation, and rejuvenation.

The committee for this year's conference includes the elders' coordinators from Siletz, Warm Springs, Coquille, Coos, Lower Umpqua, & Siuslaw Indians, and the Umatilla Tribe.

In addition, the state of Oregon Unit on Aging and the Lane County Council of Governments are active in this partnership. The conference will focus on the health of mind, body, and spirit of the caregiver. Breakout classes will be available specifically for grandparent caregivers as well.

Flyers have been sent to those caregivers who already are listed with the program and will be given priority.

If you have not been involved in the program yet, please contact Angela Ramirez or Trish Carey to add your name to the Caregiver News listing. If you know of someone who is a caregiver, please ask him or her to contact us.

Are You a Caregiver?

In many cases, people do not consider themselves a caregiver. They say they are simply helping out their uncle by letting him live with them so he

doesn't have to be alone and make sure he takes his medication.

They go over to grandma's house to cook meals for her, clean up her house, and do some laundry. There are elders who have taken in their grandchildren or other relative child to raise them because the children are unable to live with their parents.

This is **exactly** what a caregiver is. They are informal caregivers of family so that the care recipient (elder or child) can stay in his or her home or stay out of a nursing/foster home by living with them.

For the purposes of the Native Caregiver Support Program, a caregiver is defined as one of the following:

- Family caregivers (not parent) of disabled individuals (adult child) of any age
- Grandparent caregiver or older relative (age 55+) who is the primary care provider for a child related by blood, marriage, adoption, legal custody, or informal relationship
- Adult family member or other individual who is a provider of in-home and community care to an elder to assist in activities of daily living

If you meet one of these categories, contact Angela at 1-800-922-1399, ext. 1225, or 541-444-8225 to find out what kinds of services are available to you as a caregiver.



JULY USDA Distribution Dates

Siletz	
Monday, July 2	9 a.m. – 3 p.m.
Tuesday, July 3	9 a.m. – 3 p.m.
Wednesday, July 4	Holiday
Thursday, July 5	9 a.m. – 3 p.m.
Friday, July 6	9 a.m. – 3 p.m.

Salem	
Monday, July 16	1:30 p.m. – 7 p.m.
Tuesday, July 17	9 a.m. – 7 p.m.
Wednesday, July 18	9 a.m. – 4 p.m.



It's once again getting close to peach and nectarine season and our clients love them. Can't wait! I know someone out there would love to come in and show our clients how to make a fresh peach pie. Give us a call and we will get it set up.

Happy meals!

Kitti Navarro, USDA FDP Director
541-444-8393
Joyce Retherford USDA FDP Clerk
541-444-8279
or 1-800-922-1399, ext. 1279

Wow! What a busy time we have had the last couple of months. It will feel good to have our regional and national conferences done for the year. While I am writing this article, we are getting ready to fly off to San Antonio, Texas, for our national conference. The weather is supposed to be quite balmy and we are looking forward to the air conditioner.

Our clients are the best. You have done great about making your scheduled appointments or calling in when you can't make it. That really helps our schedules.

We are so grateful to be able to have the **fresh** produce component of the USDA Commodity Food Distribution Program. Our clients eat much healthier and we get a good variety from which to choose.