

TRIBAL MEMBER NEWS

New Bead Shop Opens In Aquarium Village

by Teresa Wisner

Water of Life ~ Native Creations is a new Siletz Tribal member enterprise featuring beads and Native teachings. Owned and operated by Lisa Brown, the shop is intended as a warm and welcoming place for Natives and non-Natives alike to share knowledge through beading, teaching, and conversation.

Located in the Aquarium Village (2925 SE Ferry Slip Road #228, Newport), the shop utilizes specialty beading and craft kits as teaching tools to share knowledge about tribal culture and wellness, plus supplies to meet cultural and contemporary beading needs.

Lisa's maternal ancestors are of the Tututni and Macanotin tribal bands and her paternal ancestors are of the Shasta, Pitt River, Modoc, and Hoopa tribal groups in Northern California and Southern Oregon.

As a tribal member and certified prevention specialist, she freely shares with other artists and community members about the traditional knowledge and numerous spiritual teachings she



Lisa Brown

has gained through the generosity of numerous elders.

For more than 10 years, Lisa has shared her creations through a booth at pow-wows sponsored by the Siletz Tribe (in August and November). She also teaches what she refers to as "bead

therapy." It has been her passion to develop an artist's co-op and share knowledge about wellness using traditional multi-ethnic cultural beliefs. This special space brings her dream to reality.

Lisa mentors local artists by offering Artist Co-op members a 20 percent to 30 percent discount on supplies, and a minimal commission (15 percent to 20 percent) on items sold in the shop and at pow-wows that the tribe sponsors.

Those interested in showing their work can call or e-mail for an appointment and for co-op procedures. Lisa currently has space for items on consignment.

The shop also offers beading classes, including 4-Directions memory-wire bracelet for youth and adults, single-strand necklace, earrings, loom bracelet, flat peyote bracelet, and advanced appliqué (two needle) beading.

Keeping with her philosophy of sharing her knowledge, Lisa offers these classes beginning at \$1 per person for the 4-Directions bracelet, with most classes less than \$20. Class prices do not include materials.

Please call or e-mail to schedule a time and date for these classes. Classes can include a digital photo that will be sent via e-mail or regular mail to the participant.

The concept for this endeavor, Lisa said, is one of "bringing together and recognizing our gifts and the similarities of artists and their ethnic cultural values." Also available for public reference are a variety of written materials on tribal culture and wellness/spirituality, with an extensive inventory of items for sale, including books on beading and jewelry-making techniques, as well as tools, supplies, and many beads for almost any beading need.

Lisa encourages visitors to bring items they are in the process of creating for "show and tell" or for technical assistance. For more information on the artist and these intrinsic spiritual concepts, contact Lisa at 541-444-1290 or 541-351-0003; e-mail her at nadosh2@yahoo.com, or visit her Web site at www.allnativecreations.com.



Is Your Computer Slowing Down?

by Tina Retasket

If you find your computer slowing down, there can be many causes. The first thing you should do is call Gateway Technical Support for assistance.

If you (or your friends, family, children, etc.) download games, music, or programs onto your computer, the operating system may become slow. Here are some things you can do at home that might help:

Defragment – When you add and delete files, gaps are created by your computer files. To help the operating system work more smoothly and quickly, you should defragment the files. This causes the gaps to be filled in and more memory to be available to you. You can perform this maintenance task by going to the following – Start, Programs, Accessories, System Tools.

Temporary Files – When working on your computer and when downloading information from the Internet, your computer automatically creates temporary files. These temporary files do not go away once you have finished with the file or saved it permanently, and take up valuable space on your computer.

You can delete these temporary files by looking under "My Computer" on your desktop and clicking on Control Panel, Internet Options, Delete Cookies and Delete Temporary Files.

Upgrade Memory – Computers over the years have developed and increased in their capacity. Older computers (from 2002 and 2003), however, may be due for a memory upgrade.

To find out what type and capacity your computer can increase to, locate the serial number on the back of it and contact Gateway. The tech support folks can help you find out the type and amount of memory with which your computer will operate best. You can purchase memory from Gateway or any number of vendors, provided you know the speed and type of memory to purchase.

If you are unfamiliar with installing memory in your computer, you should contact a vendor or technician who is familiar with it in order to protect your computer from harm. Please note that you should check with Gateway before upgrading your memory to make sure you do not void your warranty.

Additionally, you may need additional protection on your computer to ward off viruses, worms, and spy ware. Many of you probably have heard about different viruses that have taken over people's operating software and rendered their computers inoperable. This can be prevented by purchasing and regularly using anti-virus and spy ware software.

Anti-Virus Software – Many different software programs are available for purchase that seek out and destroy viruses that infect your computer and render it inoperable or slow. When you received your computer, Norton Anti-Virus had a short introductory period. You can renew that software or purchase any number of capable programs that seek to protect your computer.

Spyware Program Software – If you download or visit sites on the Internet, often your computer downloads cookies, popup banners, ads, etc. Many spyware programs exist that you can purchase or download to help find and remove these annoying cookies and ads that take up space on your computer.

Many different software programs will do this for you, including Spyware Nuker, McAfee, and several others. You can even download free software from www.adaware.com or spybot at www.safer-networking.org.

If your program stops altogether, you will need to contact Gateway (if your warranty has not expired) or you may have to locate a computer technician to help you. You will need to have available the Restore CD disks that came with your computer when you first received it. The cost for these repairs are at your expense.

Indian Applicants Sought for Hatfield Fellowship

GRAND RONDE, Ore. – The Confederated Tribes of Grand Ronde recently announced that applications for the Mark O. Hatfield Congressional Fellowship are available. Each year, a Hatfield Fellow serves as an intern for a member of Oregon's congressional delegation.

The Hatfield Fellow is selected from adult American Indian applicants who are enrolled members of a federally recognized tribe in Oregon. If there are no qualified applicants from Oregon, enrolled members of federally recognized tribes in Washington, Idaho, and Montana will be considered.

The fellow will intern in Washington, D.C., for nine months and will receive a monthly stipend, relocation and travel expenses, and tuition for the American Political Science Association orientation.

Deadline for applications is 5 p.m. on July 14, 2006. Applicants then will be notified if they qualify for interviews. Late applications will not be accepted.

Application packets can be obtained by contacting Gerry RainingBird at Spirit Mountain Community Fund, 503-879-1462, e-mail at gerry.rainingbird@grandronde.org, or by mail at 9615 Grand Ronde Road, Grand Ronde, OR 97347.

The fellowship honors Mark Hatfield for his accomplishments as a U.S. senator and a former governor of Oregon, and for his mentorship of many leaders in their own communities.