



Out-of Area Health Services

by Judy Muschamp, Health Director

Next call-in day is Jan. 3, 2006

On Oct. 3, 2005, the Contract Health Service staff had approximately \$32,000 in remaining funds to be issued to tribal members who live outside the 11-county service area.

Calls began flooding the telephone system at 8 a.m. and authorizations were issued on a first-come, first-served basis. All funds were obligated by about 8:40 a.m. The following services were approved:

12 vision @ \$400 25 dental @ \$1,200
1 medical @ \$1,000

The balance of gaming revenue, \$10,000, was set aside for out-of-area pharmaceutical services through the Pequot Pharmaceutical Network.

Tribal members have 90 days to use their pre-authorized benefit. All unspent funds are returned to the pool for redistribution. **The next call-in date is Jan. 3, 2006, beginning at 8 a.m.**

Staff will not begin to answer the telephone until 8 a.m. and voicemail messages do not reserve funding. This year, members are restricted to one benefit per

year in an attempt to serve more individuals. So those 38 authorizations listed above will not be eligible again until July 2006.

Although Tribal Council understands not everyone will be served, we are attempting to serve as many people as possible.

We currently are considering ways to improve this program. One suggestion has been to establish individual health savings accounts for tribal members outside the service area and distribute the funds evenly into those accounts.

Another suggestion was to reserve some time in the morning just for Internet authorizations. One tribal member even suggested that all the funds be put on the pharmacy cards to increase the annual prescription benefit.

If you have suggestions, please write them down and send them to me at P.O. Box 549 Siletz, OR 97380. The Tribal Health Committee will make its recommendations within the next few months. Thank you.

Tribal Health Facilities in California

by Judy Muschamp

A couple months ago, I published a listing of tribal and Indian Health Service (IHS) facilities in the state of Washington. We realize the health fund that Tribal Council funds from excess gaming revenue is not sufficient to meet your total health care needs. This listing may help you access care in your local area to supplement the out-of-area benefits.

If you have access to the Internet, you can locate a facility nearest you by visiting the following Web site – www.ihs.gov – and clicking on the Area Offices and Facilities link.

If you are an enrolled member of the Confederated Tribes of Siletz Indians; have minor natural, adopted, or step-children; or can document your tribal ances-

try, you are eligible to receive services through the IHS or a tribal health program that has contracted with the IHS.

Of course, because of funding or other restrictions, each facility operates from its own priority system, but if it's IHS-funded, you cannot be denied care within the four walls of the facility.

Contract Health Service is excluded unless you actually reside on reservation land. Any appeal of denied care must be to the nearest IHS Area Office.

If you live near one of these facilities, you may be able to obtain free care. Keep in mind that each facility offers its own special array of services:

Cabazon Band of Mission Indians
84-245 Indio Springs Drive
Indio, CA 92203-3499 760-342-2593

California Rural Indian Health Board, Inc. (CRIHB)
1451 River Park Drive, #220
Sacramento, CA 95815 916-929-9761

Central Valley Indian Health
20 North DeWitt
Clovis, CA 93612
559-299-2578 or 530-887-2800

Cold Springs Tribal Council
P.O. Box 209
Tollhouse, CA 93667 559-855-2451

Colusa Indian Community Council
50 Winton Road, Dept. D
Colusa, CA 95932 530-458-8231

Consolidated Tribal Health Project, Inc.
P.O. Box 387
Calpella, CA 95418 707-485-5115

Coyote Valley Tribal Council
P.O. Box 39
Redwood Valley, CA 95470 707-485-8723

Feather River Tribal Health
2145 Fifth Ave.
Oroville, CA 95965 530-534-5394

Greenville Rancheria
P.O. Box 100
Red Bluff, CA 96080 530-528-9000

Guidiville Indian Rancheria
P.O. Box 339
Talmage, CA 95481 707-463-3693

Hoopa Valley Tribe
P.O. Box 1288
Hoopa, CA 95546 530-625-4261

Hopland Band of Pomo Indians
P.O. Box 610
Hopland, CA 95449 707-744-1647

Indian Health Council, Inc.
P.O. Box 406
Pauma Valley, CA 92061 760-749-1410

Karuk Tribe of California
P.O. Box 1016
Happy Camp, CA 96039 530-493-5305

Lake County Tribal Health Consortium
925 Bevins Court
Lakeport, CA 95453 707-263-8382

Lassen Indian Health Center
745 Joaquin St.
Susanville, CA 96130 530-257-2542

Lytton Rancheria
1250 Coddington Center, Suite 1
Santa Rosa, CA 95401 707-575-5917

Modoc Indian Health Project, Inc.
1203 Oak St.
Alturas, CA 96101 530-233-4591

Northern Valley Indian Health (NVIH)
207 North Butte St.
Willows, CA 95988 530-934-9293

Pinoleville Band of Pomo Indians
367 North State St., Suite 204
Ukiah, CA 95482 707-463-1454

Pit River Health Services
36977 Park Ave.
Burney, CA 96013 530-335-5091

Quartz Valley Indian Reservation
P.O. Box 24
Fort Jones, CA 96032 503-468-5907

Redding Rancheria
3184 Churn Creek Road
Redding, CA 96002 530-224-2700

Riverside/San Bernardino County Indian Health, Inc.
11555½ Potrero Road
Banning, CA 92220 909-849-4761

Round Valley Indian Health Center, Inc.
P.O. Box 247
Covelo, CA 95428 707-983-6404

Santa Rosa Rancheria
P.O. Box 8
Lemoore, CA 93245 559-924-1278

Santa Ynez Indian Health
P.O. Box 539
Santa Ynez, CA 93460 805-686-7070

Scotts Valley Band of Pomo Indians
149 North Main St.
Lakeport, CA 95453 707-263-4771

Sherwood Valley Band of Pomo Indians
190 Sherwood Hill Drive
Willits, CA 95490 707-459-9690

Shingle Springs Tribal Health Program
P.O. Box 1340
Shingle Springs, CA 95682 530-676-8010

Sonoma County Indian Health
P.O. Box 7308
Santa Rosa, CA 95407-0308 707-544-4056

Southern Indian Health Council, Inc.
4058 Willows Road
Alpine, CA 91901 619-445-1188

Sycuan Band of Mission Indians
5459-C Sycuan Road
El Cajon, CA 92019 619-445-0707

Table Mountain Rancheria
23736 Sky Harbor Road
Friant, CA 93626 559-822-2587

Toiyabe Indian Health Project
52 Tu Su Lane
Bishop, CA 93514 760-873-8464

Tule River Indian Health Center, Inc.
P.O. Box 768
Porterville, CA 93258 559-784-2316

Tuolumne Rural Indian Health Project
19590 Me Wu Street
Tuolumne, CA 95379 209-928-4277

United Indian Health Services, Inc.
P.O. Box 420
Trinidad, CA 95570-0420 707-677-3693

Warner Mt. Indian Health Project
P.O. Box 126
Ft. Bidwell, CA 96112 530-279-6194

American Indian Health and Services Corp.
4141 State St., B-6
Santa Barbara, CA 93110 805-681-7356

Friendship House Association of American Indians, Inc.
333 Valencia St., Suite 400
San Francisco, CA 94103-3547
415-865-0964

Indian Health Center of Santa Clara Valley, Inc.
1333 Meridian Ave.
San Jose, CA 95125 408-445-3400

Sacramento Urban Indian Health Project, Inc.
2020 "J" St.
Sacramento, CA 95814-3120 916-441-0918

San Diego American Indian Health Center, Inc.
2630 First St.
San Diego, CA 92103 619-234-0572

United American Indian Involvement, Inc.
1125 West Sixth St., Suite 400
Los Angeles, CA 90017 213-202-3970

Urban Indian Health Board
3124 International Blvd.
Oakland, CA 94601 510-261-0524