

Phil Rilatos Sr. – 2/6/05-3/4/05

TC	Ind	Gmg	Tvl		
.25	.25		2	2/6	Special TC
.5	.5	1.5	5	2/7	Orientation, Gaming Comm, review gaming audit reports
2	2		1	2/9	Mtg. w/STBC mgrs., review STBC projects
		2		2/10	Review gaming documents
		7	2.5	2/11	Gaming Board
1	1	2		2/12	Review gaming reports, review TC documents
.5	.5			2/14	Review STBC bal. sheets
1	1			2/15	Review TC mtg. documents
3	3.25		2.5	2/16	STBC
2.5	2.5		5	2/17	TC travel, review documents for mtg.
5	5			2/18	TC – Salem, review appeal and appointments
1.5	1.5			2/19	Regular TC
1.5	1.5	3		2/22	Review documents
1	1		2.5	2/23	Travel to Siletz/Waldport, mtg. w/GM on Chemawa Station
1.75	1.75		3	2/24	Joint mtg. w/G. Ronde, TC mtg.
.75	.75		2.5	2/25	Investment Comm.
2.5	2.5		2.5	2/26	Special TC, pictures
1	1	4		2/28	Review TC documents – gaming
2	2			3/1	Review Char. Cont. docs – (40)
		4		3/2	Review gaming documents
1	1			3/3	Review TC packets and appeal
.5	.5		1.25	3/4	TC mtg.

Lots of Fun Things are Happening at Siletz Valley School

This past month, middle school SMILE club students Kayla Stokes, Chris Crawford, Loy Marthaller, Chris Williams, and Nick Wallace traveled to Oregon State University for the Middle School Challenge.

Accompanied by teachers Joe Scott and Doyal Hallmark, the students were challenged with constructing a board game using a limited amount of supplies. The team worked together very diligently and the finished product can be viewed at the school's front office. Great job, SMILE club!

Several classes are in the midst of state testing and doing exceptionally well; the hard work is paying off. Preliminary results indicate we are up approximately 20 percentage points over last year. The students are growing by leaps and bounds. We all should be very proud of their accomplishments.

Teacher Heidi Rogers' fifth-grade class received good news. Dahl Disposal will deliver a recycle bin to the school in April, which will make it much easier for students to recycle at the school instead of traveling to Toledo every two weeks.

Ms. Rogers' class also is still accepting Campbell soup labels, Box Tops for Education, and other labels that count. This is a very easy way to help the school with fund raising. Drop-off locations are next to the school office and in the administration lunchroom.

The Spanish class earned a reward for its hard work. Students traveled to lunch at a Mexican restaurant, where they ordered and conversed in Spanish.

Middle school students also received a bowling trip reward for great behavior. Yeah, middle school!

Teachers Vicki Glass and Cindy McGraw head up art and sewing elective classes. Many of the great projects can be seen in the hall at SVS.

In the sixth grade, Mr. Scott and Bud Lane will take students to Moonshine for a culture and language class. Mr. Scott's class is really excelling in Athabascan. Thanks, Bud!

Upcoming events at our school include K-1 students preparing for swim lessons, elementary SMILE club has its three-day camp to look forward to, K-3 will travel to the A.C. Gilbert children's museum, the school-wide theater arts program is preparing its next program, and SVS will join together with the Siletz Valley Partnership to hold a spring carnival. We need volunteers for this and will set up a committee.

Volunteers are always welcome and needed. You can reach Siletz Valley School at 541-444-1100 for more information.



Judy Muschamp shows Charles W. Grim the location of the city of Siletz on the tribe's 11-county service area map. He visited our clinic as part of his tour of Indian health clinics in rural America.

2005 Spring Exercise Challenge

Run to the Rogue – One Step at a Time

The Diabetes Exercise Program is dedicating our Spring Exercise Challenge to preparing for Run to the Rogue in September 2005.

Tribal members, their families, and tribal employees are eligible to take part. Participants will receive a pedometer to track the number of steps taken each day. Each week, your exercise will be converted into miles and total step equivalents will be reported. Your distance will be tracked along the Run to the Rogue route.

Joining the challenge is easy. Registration forms will be available April 1-15 at the Siletz Clinic and area offices, or call Letitia Williams at 541-444-9633 or 1-800-648-0449, ext. 1633, to request that one be mailed to you.

Application deadline is 4:30 p.m. on April 15.

Attention Siletz Tribal Women

We will have a women's health field trip this year instead of our Mother's Day tea!

You're Invited to the 2005 OHSU Women's Health Conference

April 16, 2005 – 8:30 a.m. to 4:30 p.m.
Oregon Convention Center, Portland

Keynote Speaker: Judith Reichman, M.D., correspondent on women's health for NBC's *Today* show and author of several books on women's health issues

Morning Program 8:30 a.m. to Noon **Vegetarian Lunch Provided**
Afternoon Breakout Sessions 1:20 p.m. to 4:30 p.m.

Heart Health
Nutritional Supplements
Menopause
Fitness Planning
Increasing Energy & Decreasing Fatigue
And more!

Female Sexuality
Building Strong Bones
Eat 5-a-Day
The Healing Power of Exercise
Healthy Cooking for Busy Women

Registration required. Free to Siletz Tribal women. Transportation provided from all CTSI offices. Please contact Cathy Rasmussen or Adrienne Crookes by April 1 to register, 541-484-4234. Late registrants accepted in the event of cancellations only.

Sponsored through the Oregon Breast & Cervical Cancer Program, the Community Health Department, and the Siletz Diabetes Program