



Esther Stutzman tells stories to 7- to 9-year-olds, many of whom were wearing the four directions bracelets they had made in a previous session.

Another Year of Wisdom Happy Birthday!

Michael Alicante, 4/1
Sina Bell, 4/19
Mildred Bueno, 4/13
Darelle Butler, 4/8
Mary Fisher, 4/8
Regina Furlong, 4/7
Tessabelle Green, 4/15
Connie Hartt, 4/14
Donna Holmes, 4/9
Mable Langton, 4/28
Clarice McKnight, 4/25
Evelina Medley, 4/17
Doris Riding In, 4/21
Frank Rilatos, 4/20
Phil Rilatos Sr., 4/13
Wilma Rodgers, 4/15
Richard Strickler, 4/27
Wreatha Tollefson, 4/8
Alicia Warren, 4/3
Alice Werth, 4/28
Daniel Wilcox, 4/13

In addition to making bracelets and telling stories, Siletz Tribal members and friends danced, drummed, and sang at the Winter Diabetes Day conference. Karen Bell (left photo below) joins Donna and Chet Clark of the Jahonaaii Singers. San Poil Whitehead (right photo below) and Kateri Whitehead take part in the dance exhibition, along with Craig, Kris, and William Whitehead; Tony Whitehead, and Sara Bell.



Lisa Brown (l), Richard Lafferty, and Maria Westervelt help with bracelets.

Siletz Youth, Elder Teach Bracelets

by Maria Westervelt, Siletz Tribal Elder

Several Siletz youth participated with great vim and vigor at the Winter Diabetes Day conference at Salishan Lodge in February. They enjoyed teaching bracelet bead making (four directions bracelet) to other youth.

Everyone had lots of fun learning, listening, and asking questions. Starting young and trying to keep healthy will help prevent serious illness from coming about in later years.

I took great interest in the storytelling performed by tribal elder Esther Stutzman. She was so dramatic and forceful in telling her tales that I could clearly visualize everything.

I also enjoyed helping the little ones (4 to 6 year olds) make the bracelets. They were very intense and fascinated with making these bracelets by themselves and seeing the completed ones. They immediately put them on and enjoyed wearing them.

These little ones enjoyed frolicking about, jumping, playing ball, and just having such fun. Matt Williams and the other Siletz youth (Shantel Hostler, Kent Kaiser Jr., Lynetta Benedict, Richard Lafferty, and Danielle Clark) all participated in playing with these younger kids – what energy! I – and they – loved every minute of the workshop!

Great job, Lisa Brown, for bringing the youth together and asking me to participate with them.

