

Welcome to the Prevention Dimension

Shu'-yi'-de-ghayt-nin'sh

Shu'-yi'-de-ghayt-nin'sh means

We are getting well

Shu' (sounds like "shoe")

yi ("i" is a long "a" sound)

de (short "e" like in "den")

ghayt (sounds like "kite")

nin'sh (long "e")

The articles and information you see here are offered as a way to increase communication and share information, knowledge, and humor. We welcome questions, suggestions, and artwork from youth age 12 to 17.

Please contact Lisa Brown at 1-800-600-5599, or 541-444-8238 to turn in articles or information that may be printed in an upcoming issue of Siletz News. You also may e-mail documents of interest to lisab@ctsi.nsn.us.

Youth Earn Rave Reviews

Oregon Health Sciences University researchers evaluated the Oregon Partnership's "Making the Connection" conference held in May, where Siletz youth were presenters. The partnership waived the conference fee for the six youth and three adults who attended the conference.

The first session had 40 participants and the second session had 24. Representing the Siletz Tribe as workshop presenters were Nikki Strong, Dustin Martin-Nelson, Megan Blacketer, Andrew Foster, Rocky Gonzales, Brad Bogart, Program Coordinator Lisa Brown, and adult chaperones Rusty Butler and Sara Martin.

The results of the evaluation (workshops were evaluated on a scale of 1 to 5) and comments made by participants, in reference to the Siletz Youth Four Directions workshop, are as follows:

	Wkshp 1	Wkshp 2		Wkshp 1	Wkshp 2
Glad to Attend	4.600	4.667	Useful	4.267	4.238
Clear	4.467	4.667	Presenter Skills	4.333	4.667
Interesting	4.467	4.286			

- Very interesting. Very good prevention activity.
- How to use activity as an opportunity to teach values, etc.
- Good workshop 'cause there was interacting and wasn't just talk and that's what I liked.
- Explain program more and make connection to how it relates to bracelets.
- Love the symbolism in bracelet and the gift to take home.
- Very interesting and worthwhile. Bracelets are beautiful.
- The games were good to get everyone awake and going and the bracelets were a great way to get everyone to understand the true purpose of the workshop and we will now have something to remind us of this.
- I loved the activity; it gave us a chance to view another ethnicity and every time I look at the bracelet, I will remember what every bead means.
- Very inspiring workshop. I always thought workshops were hard, but this was easy and well-organized. The youth were very helpful.
- Playing these games is good to help people come together. I have been learning these games since I was young and I'm happy to see that people are using them to help communicate. It felt good to get off my butt.
- It was a good way to learn another way to respect people and also yourself.

Conferences

Aug. 5-8, National Native Conference on Tobacco: Protect our Culture – Protect our Health, Portland, Ore.

Sept. 7-8, Should Government Cover Traditional Indian Medicine? Scottsdale, Ariz. Info: Carol Goldtooth-Begay, 520-318-7180, e-mail mgegay@attglobal.net.

New Online Cyber Community for Youth

Teens and tweens 9 to 18 years old nationwide have registered at www.ePeervoices.com to form a new online cyber community. They share successful, youth-organized, drug prevention projects and activities that can be jumpstarted in any community. All projects have suggested ways to measure outcomes and track successes. (Some adults also have registered, only to listen to what the youth in the National ePeer Team have to say.)

More Rave Reviews

Tribal youth presenters made a lasting impression at the Oregon State University Violence Prevention Conference on July 10-12 in Corvallis, Ore. Carol Channing organized the conference and invited our youth to return next year to present again.

All of the youth spent a great deal of time making bracelets. Special thanks go out to Samantha Lynch, Tiffany Stuart, Sammy Hall, and Matt Baker for their help with organizing the table and selling bracelets.

Youth presenters included Gyrrad Hibdon, Jason Howell, Robbie Jay, Richard Lafferty, Joe Lane, Margaret Norton, Jimmy Williams, Matt Williams, plus tribal elder Maria Westervelt and co-facilitators Lisa Brown, tribal prevention program coordinator, and Jill Dale, Lincoln County prevention coordinator.

Other assistants included Siletz Tribal Employment Services staff Chuvonne Metcalf and Alison Noble, Lynn Whitlow of Siletz School, Kathy Stewart of Siletz Valley Partnership, and Teri Watson and Felecia Todd, prevention staff of the Lincoln County School District.

Special thanks to Nancy McCrary for her generous support of the youth and their attendance at this conference. Chaperones and mentors are not easy to access, and with her help our endeavor was a **great** success and touched many lives.

Participants evaluated the group and scoring was much like the previous conference. Presenters received evaluations rating their performance and the participants' views of the workshop, with 5 as excellent and 1 as "not at all." Results: Excellent – 64 percent, Pretty Cool – 26 percent; Yeah-Okay – 9 percent, 1s or 2s – 1 percent.

Questions were asked about the workshop directions, if participants would share info when they returned home, if the workshop would help them to **not** use drugs (same question for alcohol), how did they like the activities, did the workshop help them learn more about respecting themselves and others. Some direct quotes from participants are listed below:

- ☀ The interaction with audience and adults was very positive and exciting.
- ☀ Thank you so much for honoring others enough to take the time and energy to share with others and the people you will impact. It's tremendously encouraging to see youth involved in educating adults in things that directly impact themselves, their future, and their quality of life.
- ☀ Very good class. Will carry this on to others in Umatilla. Thank you. Blessing to all.
- ☀ Great ideas. Come to schools and do this.
- ☀ Outstanding youth you are working with. They should be very proud.
- ☀ Everyone was really helpful and kind. This was one of the best workshops.
- ☀ Outstanding. I hope you come back next year.