

## TRIBAL PROGRAM NEWS

### Community Wellness Continues

Community Options for Wellness continues to offer the community an opportunity to learn together. Since the beginning of the program in September, more than 20 community members have attended the classes offered. The potlucks have been exceptional, thanks to the participants.

Local supporters of the program include Little Chief Restaurant, B&B Market and Gas, Sweet River Corner, Noel's Market, Safeway, Abby's Pizza, Original Bard, Oregon Coast Aquarium, and Lynn Whitlow. All have provided gifts or gift certificates for program participants.

Every six weeks, the program will have a giveaway for active participants. The gifts are given as gratitude for the sharing of knowledge among the people and to end one segment of learning and begin anew.

This program is open to anyone who wants to learn more about parenting, form a community support group, or share your knowledge. Bring your favorite dish and join a very happy circle of community members.

#### Community Options for Wellness Calendar of Classes Thursdays, 6-8 p.m., Siletz Grange - Potluck

##### December 2000

- 7 - Reporting Sexual Abuse, Lynn Page
- 14 - Stress Management, George Nagel
- 21 - Video - "Sixth Sense," Giveaway

##### January 2001

- 4 - Homework/Attendance, Melissa Butler
- 11 - Safety Indoors and Outdoors, Ceola Norton
- 18 - Behavior Management, Butch Pierce
- 25 - Recognizing Inner Self, Gloria Brooks

##### February 2001

- 2 - Targets, Gloria Brooks
- 9 - Social Skills, Butch Pierce
- 16 - Video - "Pow-Wow Highway," Gloria Brooks, Giveaway

### Siletz Staff in Costume

*Left photo: Loraine Butler gets into the Halloween spirit.*

*Right photo: Valerie Hibdon (l to r), Lisa Norton, Darcy Lal, Wendi Schamp (kneeling), Danelle Smith, Rick Leaton, Caroline Easter, Diane Henkels, and Shari Logan enjoy the day.*



### CTSI Health Department Budgets IHS Self-Governance - CY2001 Summary

Programs	CY2001 Requested
<b>Administration</b>	
Health Administration	353,875
Medical Support	185,501
Patient Accounts	138,540
Information Systems	89,218
<b>Sub-Total</b>	<u>767,134</u>
Contract Health Services	2,872,761
<b>Total Health Administration</b>	<u>3,639,895</u>
<b>Medical</b>	
Clinical Director	0
Physician Services	923,252
Optometry	73,395
Mental Health	86,744
Pharmacy	553,150
Specialty Contracts	149,904
Health Education	0
Physical Therapy	0
<b>Total Medical</b>	<u>1,786,446</u>
<b>Dental</b>	<u>627,085</u>
<b>Community Health</b>	
Community Health Director	85,986
Community Health Advocate	192,351
<b>Total Community Health</b>	<u>278,336</u>
<b>Alcohol &amp; Drug</b>	<u>389,752</u>
<b>Total Budgets</b>	<u>6,721,514</u>

Please direct all comments regarding budgets in writing to the Tribal Council, CTSI, PO Box 549, Siletz, OR 97380-0549 by Dec. 20, 2000.

