

## NESIKA ILLAHEE POW-WOW

### Nesika Illahee Pow-Wow Set for Aug. 11-13

The Confederated Tribes of Siletz Indians of Oregon invite you to become part of the "Circle of Friendship" at the Nesika Illahee Pow-Wow held annually on the second weekend in August in Siletz, Ore. This year's pow-wow will take place on Aug. 11-13.

The Siletz pow-wow is one of the largest in the state. It's a time to be reunited with old friends, make new acquaintances, give thanks for all that has transpired in the previous year, and honor tribal tradition.

A free shuttle will be available from downtown Siletz to the Pauline Ricks Memorial Pow-Wow Grounds on Government Hill, where the pow-wow action takes place. An endless variety of food and Native arts and crafts and jewelry will be offered for sale by the numerous vendors surrounding the pow-wow arena (approximately 60 vendors normally attend). The aroma of fry bread and Indian tacos is guaranteed to tantalize you, as well as the usual hamburgers, hot dogs, and an endless selection of delicacies.

The pow-wow itself is free. Vendors set up during the afternoon of Aug. 10, allowing

### Dance Sponsors Needed

The Siletz Pow-Wow Committee is seeking dance sponsorship for the Nesika Illahee Pow-Wow. Contact Craig Whitehead, pow-wow coordinator, for additional information and categories at 1-800-922-1399, ext. 230, or 541-444-8230.

### Quit Kits Available

On Saturday of the Nesika Illahee Pow-Wow, quit kits will be available from 11 a.m. to 3 p.m. at the first aid tipi for those of you who are thinking about quitting smoking. Also, there will be a table for kids to draw a poster for the Tobacco Prevention & Education poster contest.

If you or anyone you know is interested in Smoking Cessation, please call Danelle Zosel-Sanderson or Kathryn Dick at 1-800-648-0449 or the community health advocate in your area.



Pepsi representative Don Harland (l) presents a donation to Kelley Ellis of the Pow-Wow Committee as Norm Counts, Craig Whitehead, Jack McCord III, JoAnn Miller, Selina Kissinger, Bill Guempelein (from Pepsi), Mary Fisher, and Reggie Butler Jr. look on.

time for browsing before the pow-wow officially begins at 6 p.m. on Aug. 11 with the crowning of Siletz Royalty for 2000/2001, followed by a grand entry at 7 p.m.

The annual parade will begin at 10 a.m. on Aug. 12 in downtown Siletz. Pack up grandma and the kids to see a hometown parade with nostalgic small-town atmosphere complete with fire trucks, horses, lawn chairs, and one old lazy dog lying on the sidewalk.

Pre-registration is available for the parade and all groups and organizations are invited to participate. Contact Kelley Ellis or Marsha Manning at 1-800-922-1399 or 541-444-2532 for a registration form.

Grand entries also will occur at 1 p.m. and 7 p.m. on Aug. 12, and noon on Aug. 13. Dance competitions follow these grand entries, with categories for adults, teens, and children. Prizes range from \$25 to \$500.

### You're Invited to the Wellness Walk

A Wellness Walk for diabetes awareness will start on Aug. 13 at 9 a.m. at the Pauline Ricks Memorial Pow-Wow Grounds. The Wellness Walk is open to all – tribal members, community members, and pow-wow visitors.

Walkers will travel a two-mile route before finishing at the Siletz Community Health Clinic. Diabetes screenings will be available at the clinic following the walk.

T-shirts will be available to the first 100 registered adult participants who complete the walk. We'll have open registration on Aug. 12 at the first aid station. Siletz tribal members and families, Siletz Clinic patients, and CTSI employees also are welcome to pre-register with the contact people listed below, so reserve your T-shirt today!

Bob Scheidt, a diabetic who is walking the West Coast this summer and next to raise money and awareness for diabetes, will join in the Wellness Walk. He plans to walk from Spirit Mountain Casino to Chinook Winds Casino on Aug. 11, then from Lincoln City to Siletz on Aug. 12. He will speak at the pow-wow following Saturday night's grand entry.

Scheidt already has walked across the northern United States from West Coast to East Coast. He plans to cross the southern states by bicycle and then kayak up the eastern seaboard in the next four years.

Questions? Contact Cathy Rasmussen at the Eugene area office, 541-484-4234, or Kathryn Dick at the Siletz Clinic, 541-444-9617 or 1-800-648-0449, ext. 671.