

TRIBAL PROGRAM NEWS

Police Department Starts from Scratch

by Norman Counts, Tribal Police Chief

Starting from scratch is an old cliché, but it certainly fits the bill when we talk about creating a police department for the Confederated Tribes of Siletz Indians.

In Malin, Ore., I started very nearly from scratch, but in Siletz this project proved to be the challenge I thought it might be. The Confederated Tribes of Siletz Indians has never had a police department since its restoration, so it had a goal of providing police services to tribal members.

With a very high level of cooperation and support from Tribal Council and the tribal organization, plus my efforts of "putting the department together," we are ready to go operational in less than a year.

The first goal was to draft a complete policy and procedure manual for the department's routine operation. I wrote the policy, the Law Enforcement Advisory Committee reviewed it for

necessary modifications, and Tribal Council reviewed and adopted it.

Equipment

I also started to identify and order the various police and office equipment needed for routine police department operations.

I intended to stray away from the routine "LAPD-colored" uniforms, so we selected a two-toned gray one. I designed the department's uniform shoulder patch. I selected a different style of shield for a badge and a special centerpiece was designed to match the tribal logo with the salmon on it.

I selected the .40-caliber Glock as a department-issued service weapon and will issue all police equipment to the two additional officers we will hire. We needed everything from a newly designed commission card to all the office equipment. We are now equipped with a new Gateway 2000 computer,



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printer, scanner, and digital camera. In addition, we also had to acquire desks, file cabinets, fingerprint kits, cross-index

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Prevention, con't from page 9

Participation requires that youth fill out two half-sheet forms, which include a Prevention Program Participation Agreement (the rules) and a brief survey about future activities the youth would like to see.

The other form will be completed **every** time they attend the open gym. This form requires reading two or three paragraphs and answering two or three questions, which should take about five minutes of the participant's time. If the child is younger, we request that a parent take the time to share the information with the child and sign for both of them.

Open gym consists of half-court basketball, cards, games and some simple bead projects for those who don't play basketball (suggestions for other activities are welcome).

Open gym has been a fun activity. Students who have participated have been honest and have worked hard at completing the paperwork. Nearly 95 percent of the youth have agreed to help raise money to fund activities. If you have questions or comments, please contact

Lisa Brown at 1-800-922-1399, ext. 333, or 541-444-8333.

Peer Pressure

As human beings, we all are susceptible to peer pressure. We feel the need to fit in, to be part of a group, even though we are all different in at least one way.

Peer pressure can lead us to act in ways that are not really our nature, that are not really true to our real self. Honesty plays a big part in the choice to not give in to peer pressure. Being honest with ourselves is the first step, then we can begin to be honest with others. The following are some tips that you can use to modify behaviors and practice being honest with yourself.

Stages of Behavior Change

1. Recognition happens when I see that certain problems belong to me.
2. Hope develops when I become aware that other people have had these problems and have overcome them.

3. Clarity or understanding develops as I understand how these problems developed and why they continue.
4. Preparation involves gathering the strength to come to terms with the losses, changes and effort involved in carrying out these changes.
5. Action continues over a long period of time and in small increments. It begins as I self-consciously stop my old behavior and practice new patterns of action.
6. Continuation means managing my life so that I can carry on my **positive behavior** and avoid creating new problems.

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