

Alcohol and Drug program information

ALAN HICKS

Alcohol and Drug Director

Program Philosophy

Our primary philosophy is that alcoholism, other drugs and other addictions are progressive illnesses. When left untreated they can cause emotional, mental, physical and spiritual problems for the individual, family and community. We know that addictions are treatable and we are personally dedicated to providing both western and culturally relevant treatment services. We believe that spirituality is a part of successful recovery and we promote holistic approaches to treatment. Because addiction is a family disease, family members are included in the treatment process.

Services

Siletz Tribal members and other Native Americans enrolled in a federally recognized tribe are eligible for the following outpatient services. (Services to non-tribal people are available on a case-by-case basis as space and time allow):

- ◆ Evaluation/Assessment
- ◆ Referral to appropriate services
- ◆ Alcohol/Drug and other addictions education
- ◆ Treatment planning
- ◆ Individual and Group counseling
- ◆ Aftercare treatment
- ◆ Client advocacy
- ◆ Cultural/Traditional counseling including:
 - Talking circles
 - Sweatlodge
 - Healing workshops
- ◆ Adventure based counseling
 - Ropes Course
 - Wilderness Treatment
 - Recreational Therapy
- ◆ Prevention
 - In-school Support Groups
 - Community Education
- ◆ Adolescent Treatment
- ◆ Intervention
- ◆ Gambling Addiction
- ◆ Smoking Cessation or Referral
- ◆ DUII Program
- ◆ Level I - Education
- ◆ Level II - Rehabilitation

All persons regardless of tribal affiliation or national origin are eligible for services in the DUII program. Fees are due on the date of service.

Confidentiality

The Siletz A&D Program complies with state and federal regulation regarding client confi-

dentiality. All clients are assured that only those agencies or individuals named by the client in writing are allowed access to information about clients. This includes spouses, family members and other tribal members.

Fees

Siletz Tribal members and other Native Americans who are eligible for free services. Those who have private insurance or are eligible

for coverage on the Oregon Health Plan will be asked to provide coverage information for third party billing. Non-tribal persons will be charged a fee based upon a sliding income scale. Private insurance and the Oregon Health Plan are also billed. No one who has established eligibility for services in this program will be denied those needed services due to an inability to pay.

What is the Siletz Wilderness Program?

The Siletz Wilderness Program program helps guide participants in their personal growth process physically, emotionally, mentally and spiritually. Both western and culturally relevant treatment methods are utilized to address recovery needs.

Aftercare Treatment

The program supports participants who are in the maintenance phase of recovery. Group activities include day hikes, ropes course, Talking Circle, storytelling, family group activities, Native foods gathering and preparing, as well as other adventure based or culturally relevant treatment activities. Case management, individual and family counseling continues to be provided by the family counselor.

Prevention

At least once a year this program is modified and offered to young people who have not become involved in high-risk behaviors or alcohol and other drug use. The goals for these groups are established based on the age and gender of the group participating. Other tribal programs such as Mental Health, Youth Services and Indian Child Welfare may organize prevention groups, utilizing Alcohol and Drug Program resources.

Eight-Day Trek

The eight-day expedition takes place in the wild and scenic section of the Rogue River country, ancestral homeland for many Siletz people. (Siletz History or Rogue River Wars) Base camp is located at Marial. Participants spend a full day at base camp before beginning the four-day hike along the Rogue River. Supplied with basic equipment, participants develop a personal relationship with the land, animals and the river. Honesty and kindness are encouraged as each person challenges themselves to meet both personal goals and goals of the group. In the wilderness, participants face the basic elements of life without accustomed support and distractions. Everyone's well being depends on mutual cooperation and understanding. Participants share in the responsibilities of daily living including camp set up and take down, wood gathering and fire building, cooking and meal clean up and locating and purifying water. The final day is spent on closure and on reviewing plan for aftercare treatment.

Safety

The challenge by choice philosophy is a part of the program, encouraging behaviors and choices which help participants challenge themselves and maintain physical and emotional safety. Whether at the ropes course, backpacking in a remote setting, swimming or in a Talking Circle, individual and group safety is continuously addressed. Dealing with physical and natural obstacles is done with careful instruction of program staff. Because we are sometimes in a remote setting it may take up to two days to access 911 services. Every trek will be staffed by at least one person who is a certified Wilderness First Responder.

(The Siletz Tribal Alcohol and Drug Wilderness program operates under a special use permit with the Bureau of Land Management, Medford District Office.)

Springfield's new employee on the block

PILAR SCHIAVO

Transition Coordinator
Springfield Area Office

My name is Pilar Schiavo. I am the new Transition Coordinator for Tribal Head Start. I will be working with Tribal Head Start children, their families, teachers and community members to help support these children's educational transitions.

What is Transition?

Transition is generally the time when a child is moving from home to our Tribal Head Start Program, or moving from Head Start to Kindergarten.

How Does Transition Affect Children?

In transition, children are often very nervous about leaving a place they feel safe and comfortable (ex: home or Tribal Head Start) for an unknown place (a new school). Some common fears are: not knowing the new teacher, wondering if it will be easy to make friends, and leaving their parents for long periods of time.

How Does Transition Affect Parents?

Transition is a big change for parents as well as their children. Since parents are their children's primary care provider and teacher, they will have to learn a new system, new teachers, and new ways to be involved with their child's education, as well as support their child emotionally in these times of change.

How Do You Find Out More and Share Your Thoughts?

You are always welcome to call me or meet with me. I am in the Springfield area office at (541) 746-9658. I will also be at the next parent meetings which vary depending on the location, February 2nd, 3rd, and 9th. I am looking forward to learning from all in the community and those involved in these children's lives regarding their needs in these times of transition.

I look forward to meeting you!

