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Jackson County Master Gardener Association and Oregon State University Extension Service

The Jackson County Master Gardener Program, a program of Oregon State University Extension, educates local gardeners on the art and science of growing and caring for plants. Trained Master Gardener volunteers extend sustainable gardening information to their communities through educational outreach programs.

SCHEDULE OF CLASSES

There is a fee of \$5.00 per class unless indicated otherwise. The classes are held at the OSU Extension Center located at 569 Hanley Road, Central Point, Oregon. 541-776-7371. Saturday classes 9 am-12 pm - weekday classes 7 pm-9 pm.

July Class Schedule

Thursday, July 10
FUR & FEATHERS IN THE GARDEN
Bob Reynolds, Master Gardener Advisor

We all share our gardens and yards with critters of many varieties—some are welcome while others are not. This class will teach how to encourage those that are welcome and discourage those that aren't.

August/September Class Schedule

Tuesday, August 12
WILDFLOWERS IN THE HOME GARDEN
Lillian Maksymowicz, Master Gardener

Tuesday, September 9
PROPAGATION OF PERENNIALS
A panel discussion with Master Gardeners Marsha Waite,
Terri Tefteller, Marjorie Neal and Jody Willis

Fall is the best time of year to divide perennials. A panel of Master Gardeners will discuss how to successfully propagate daylilies, dahlias, irises, and all crown root plants.

To learn more about Jackson county Master Gardener Association, go to: <http://extension.orst.edu/sorec/mg>.

Chris Greene • 541-664-5898 (after 10 am)
cgreene00@juno.com

Upcoming OSU Classes

INTRODUCTION TO BIODYNAMIC AGRICULTURE

Oregon State University Extension Service is offering an introductory class on biodynamic agriculture. The class is scheduled for **Saturday, June 28, 2008, 9 am to 3 pm** at the OSU Extension Auditorium, 215 Ringuette Street, Grants Pass. There is a \$25 fee for the class for individuals and this includes lunch. Please pre-register before June 25 at 541-476-6613.

Biodynamic agriculture, conceived of by philosopher Rudolph Steiner, is a method of agriculture that treats farms as unified and individual organisms, emphasizing the interrelationship of the soil, plants, and animals as a closed, self-nourishing system. It is considered to be one of the first modern ecological farming systems and focuses on the use of prepared manures and composts.

There will be a field visit to Seven Seeds Farm and lunch is included in the price.

The instructor is Don Tipping, co-owner and operator of Seven Seeds Farm, a certified biodynamic farm and educational resource in Williams, Oregon. Don is also a native plant enthusiast, basket weaver, restoration forester, ethnobotanist and avid tree planter. Don currently serves on the board of the Siskiyou Sustainable Cooperative.

Introduction to biodynamic agriculture is one of the Small Farm program classes offered through the OSU Extension Service. Information on this class and other Small Farm classes is available at <http://extension.oregonstate.edu/josephine/> under Small Farms.

Contact: Maud Powell • 541-776-7371

TAI CHI FOR BETTER BALANCE

Oregon State University Extension Service and the YMCA are collaborating to present "Tai Chi for Better Balance." This 12-week class is free for students 60 years and older and is limited to first-time students. **Classes start July 2, 2008** at the YMCA, 1000 Redwood Avenue, Grants Pass. There will be a Wednesday and Saturday class or a Tuesday and Thursday class at 1 pm. Classes are limited to 25 per class and pre-registration is required. Call 541-476-6613 to register. (No YMCA membership required for class.)

This class improves motion by increasing flexibility and strengthening muscles used in better posture and balance. This can lead to significant reduction in falls for the elderly. It has many health benefits including improved posture and spinal alignment, improved strength, with increased range of motion and flexibility, while lowering blood pressure. Tai Chi significantly improves one's ability to relax and manage stress. Just wear comfortable clothing and shoes.

Leon Harris and Wes Hamlett are the instructors. Both have extensive background in internal and external styles of martial arts. They have taught in the Grants Pass area for years.

Lorena Becker • 541-476-6613 • Lorena.Becker@oregonstate.edu