

This week in sports



TRACK AND FIELD TAKES THIRD AT NWAC CHAMPIONSHIP

Clackamas Community College's track and field program shined bright at the Northwest Athletic Conference track and field Championships Monday and Tuesday as the Cougars took third place in both men's and women's team finals.

On the women's side, sophomore Essence Foster dominated the competition taking first in the 400 meter hurdles and first in the heptathlon. Of the seven events in the heptathlon, Foster took first in four of them.

On the men's side, the Cougars took first place in

four events. Sophomore J.J. Walker had another strong showing in the final meet of the season, taking first in the decathlon, winning two of the 10 events and taking third or higher in seven of the 10.

Sophomore Jordan Gloden won the 110 hurdles with a time of 14.76.

Freshman Anthony Garcia's 1.98m jump in the high jump was .03m high enough to crown him the NWAC champ.

Dillon Zheol showed leaping ability of his own with a leap of 14.71m in the triple jump which gave him

the first place finish.

Sophomore Briggs Tatam took sixth in the hammer throw and eighth in the shot put.

Freshman Mercedes Pesina finished third in the javelin with a toss of 39.16 meters.

The men's team finished with 87 combined points that gave them a seven-point edge over fourth place Mt. Hood Community College.

The women's team finished with 98 combined points and also finished third, 21.5 points in front of fourth place Treasure Valley Community College.

SOFTBALL MAKES DEEP PLAYOFF RUN, FALLS SHORT OF CHAMPIONSHIP

Clackamas Community College's softball team wrapped up the 2019 season Sunday with a deep run into the Northwest Athletic Conference playoffs. The Cougars were among the final six teams, and won three of five games. The first loss of the playoffs for Clackamas came against eventual champions North Idaho College.

In Clackamas' second round match-up with the Cardinals, North Idaho jumped out to a 2-0 on a two-run homer in the first inning, but the Cougars' sophomore center fielder Brittany Hayes answered with a solo shot of her own in the fifth to tighten the score 2-1.

North Idaho was able to add three more runs to their lead over the next two innings and held Clackamas scoreless in the Cardinals 5-1 win.

The NWAC Softball Championships are double-elimination, so the Cougs weren't done yet, but the road to the Championship game was rocky as Clackamas would have to win five straight games to advance.

In their first game in the elimination bracket, Clackamas played a barn burner versus Big Bend Community College. Clackamas led 2-1 after the first inning, but Big Bend hung five on the board in the top of the second and held the lead until the bottom of the fourth when Clackamas' Peyton Elliot and Miranda Jensen hit a pair of two-run bombs to tie the game at 8-8.

Big Bend took the lead in the top of the seventh, leaving just three outs for the Cougars to extend their season.

With one out and nobody on base, designated player Jennifer Oliva went yard, giving Clackamas their third home run of the game, and tied the contest at 9-9.

With two outs and runners on second and third, third baseman Savannah Rodney stepped to the plate looking to end the tie and keep the Cougars' season alive. Rodney put on her hero cape and knocked a single that gave Clackamas a 10-9 win and advanced them to the next round.

In their second game of the day Clackamas crushed Bellevue Community College 10-4. Jensen led the way with four runs batted in, Oliva added three and Hayes added two.

Clackamas trailed early 2-0, but an explosion of offense in the top of the fourth gave the Cougars a 8-2 lead and they held onto it for the rest of the game.

In what would become their last game of their season, and their third game of the day, Clackamas was held to just one run as Douglas College decimated the Cougars 16-1.

The Cougars finished 27-27 and made it two rounds deeper than the previous season and will graduate eight sophomores that include Jensen, Hayes and career home run leader catcher Natalie Munson. Munson finished with 34 HRs in her two years at Clackamas.


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