

How to prevent a campus coma

STORY AND PHOTO BY KRISTEN WOHLERS



CCC athlete Tyrone Stintzi uses campus facilities to stay active in preparation for spring track.

You don't have to sit in your car playing Solitaire or taking selfies or watching the clock as you sing along to the words, "All by myself." Cut the power and get out there because there are plenty of things to do on the Oregon City campus. Here are a few ideas.

Grab a bite. So your mommy isn't packing your lunches anymore. You don't have to starve.

The Cougar Café is located inside the Community Center. It's open Monday–Thursday 7 a.m. to 5 p.m. and Friday 7 a.m. to 2 p.m. There you'll find reasonably priced sandwiches, wraps, bowls, and pizza by the slice from Pizza Schmizza, all tested and deemed yummy by The Print staff. Check out the menu at www.triohosp.com/cc/cougar_cafe.

If you prefer snacks and 5-Hour Energy drinks, you can get that and more in the bookstore, located in McLoughlin Hall. Student Jacob Green said he likes to stop by the bookstore and grab an Arizona tea during his breaks. Bonus: they also have hamburger socks.

If, by Thursday, your refrigerator is bare and your stomach is roaring, stop by the Community Center where free food will be available every week from 9 a.m. to 1 p.m.

Get in a workout. Walking, running, lifting, sports. Whatever you like to do to burn off that pizza, you can probably get it done on campus.

Go for a walk or a run along the 2.2-mile trail or explore all 165 acres of the Oregon City campus. Catch all the Pokémon. Bring your racket and play tennis on the courts behind Randall Hall, while they last. A new building will soon take their place. Get your cardio or lifting done in the fitness center, located in the lower level of Randall Hall and open Monday through Friday. And keep your eyes open for the upcoming intramural sports that the ASG puts on every term.

Study. Well come on. You have to. And there's no lack of places to do it on campus. Study, that is.

If the sun is shining and if you're outdoorsy like that, just pick a favorite spot somewhere and get to it. But because it's Oregon, you should know the indoor spots.

The Dye Learning Center, aka "the library," is one good place to study. It's a library, so people have to be quiet, and that's good. Also there are computers. You can use them and print all your stuff. Then, if you can't find all the answers on Wikipedia, there's another option in this library. It's books. The staff is super helpful if you've forgotten how to use the Dewey Decimal System. If Wiki and books don't do the trick, student tutors hang out in the library too.

Otherwise, you'll find study areas in nearly every building on campus, which is convenient when you need to sit outside your classroom and finish that assignment you forgot about.

Enjoy the view. Flora, fauna, fountains. Stuff like that.

Take a walk around campus, and you'll notice sculptures by local artists. Between Randall Hall and Barlow Hall, there's a fountain designed and constructed by CCC students (perfect outdoor homework spot). Inside Niemeyer Hall is the Alexander Art Gallery. There, Portland-based artist Anne Mavor's "I Am My White Ancestors: Claiming the Legacy of Oppression," will be on exhibit through Oct. 28.

If you feel like combining that workout with taking in the view, walk all the way out to the Environmental Learning Center's Newell Creek Headwaters or the Home Orchard Society Arboretum (you could even taste test an apple or pear).

Catch a show. Now playing: Steel Magnolias.

The Clackamas Repertory Theatre is presenting the play through Oct. 2 with shows Thursdays–Saturdays at 7:30 p.m. and Sundays at 2:30 p.m. in Osterman Theatre. Maybe you'll decide you like theater so much that you want to be in the next production. If so, the main stage auditions are scheduled for Sept. 28 from 3–5 p.m. in Osterman Theatre. No theater experience required!

Those are just a few of the many ways to prevent your death from boredom during breaks. Another noteworthy option is to pick up a copy of The Print which comes out every Wednesday, starting week three of the term.